

**THE SCIENTIFIC PHILOSOPHY**

# **HOLISM**

Affixed Law of great Nature Four Footed

&

Undisputed Supreme Element



# PART - I

## THE SCIENTIFIC PHILOSOPHY

## **THE SCIENTIFIC PHILOSOPHY**

"By Giving Knowledge of Morality they Misguided".

**Hans Reichen Bach**

This puzzle has been solve by the Scientific Philosophy as following equation :-

Morality	33.333%
Immorality	33.333%
Neutrality	33.333%
Nature Self	00.001%

**Complete Nature Power 100.00% For footed HOLISM**

The desire/longing of Hans Reichen Bach now may be over by this scientific invention.

Man is an ignorant being when it comes to the wonders and mysteries/secreted of the world who neither knows from where he has come nor where he is heading for. Scientists are not sure that they know anything for sure".

**Dr. Sarvapally Radhakrishnan**  
(Book- Discovery of Truth Page-79).

All societies, rulers, administrators, literate-illiterate, the satisfied and unsatisfied Biologist all have only been able to find a method to lead a successful life which is only 30% fulfilled. In the conflict of hopes disappointments, a path of life which is 100% successful cannot be achieved. The reason being, the dispute of materialism, animatims and neutralism was unending.

The life filled with conflicts, has been created by nature. There no fault from human side. If we discover the 100% law of nature we will

achieve complete success. When science and philosophy were asked law of nature, the following answers were obtained.

01. The researches of science showed that in Physics Laboratory we find answer till materialism.

"The very fundamental properties of nature are bound to be considered incomplete."

(Quantum Mechanics - Page 8)

02. With Metaphysics it was found in B.A. Course with the researches of Philosophy that while finding a clear explanation of Supreme-being, Philosophy itself got entangled in the conflicts of materialism, animatism and neutralism. Philosophy was not able to decide as to which among (i) materialism, (ii) Animatism and (iii) Neutralism should be considered Supreme-being and this conflict remained unsolvable. Untill this dispute is solved, the law of nature would not become clear and we shall not be able to obtain a path leading to 100% successful life.

(Book: Darshan Ki Mool Dharayein, Page 45 to 168).

### **NEW QUESTION**

So as to remove this disappointment I present a new question :

**Question :** From where (i) Materialism, (ii) Animatism, (iii) Neutralism originate?

So as to find an answer to this question, a zero point was fixed in vacuum/air.

Felt (i) left aspect (ii) right aspect (iii) Middle aspect in this zero point. By cutting middle aspect with a scissor, we tried to separate left aspect from the right aspect. When the middle aspect was cut We found that the left, the right and the middle originate simultaneously. These three will originate every time the zero point is cut. This is an endless process. The following result is obtained with this process :-

1.	Left (inanimate aspect)	33.333%
2.	Right (animate aspect)	33.333%
3.	Middle (Neutral) (Witness)	33.333%
4.	Eternal Zero (Nature)	00.001%
The law of nature thus obtained		<u>100.00%.</u>

With this equation we achieve wholeness instead of dispute because for-against-middle get their value in equal quantity and the value of remaining 0.001 is eternal Supreme-being (Details of 0.001 is available on coming pages No. 27).



## **Knowledge is the currency of the twenty first century**

**President of America, Barack Obama.**

A natural path to solve the conflict of knowledge - Ignorance in this world has been opened.

Man has been making efforts since ancient times to attain knowledge so as to do away with ignorance. It's man's nature to remove any disorder which he sees and tries to systematize it. He gets engrossed in removing ignorance and attaining knowledge. There is dire need of knowledge in all the disciplines and public masses in the developed and developing nations of the world.

As a result knowledge has become a burden. What we call knowledge gets proved to be ignorance by means of logic. Again, logic turns the same ignorance into knowledge. This conflict goes on endlessly. Pure knowledge is hard to obtain. In this conflicting situation, men is confused in the same manner when confronted with a shining stack of glass having a diamond in it. Shining glass is considered by us as pure diamond. Only a jeweler can pick the diamond out from the stack of glass. Developed nations have established a knowledge commission of find true knowledge from the pile of mixed ignorance, but it seems that it will not fulfill the purpose for which it was established.

In this victory speech on December 08, 1988, America's President, Mr. George Bush said that -

"There is no such knowledge which can bring power equilibrium".

So as to overcome this situation, he said an arrangement of mutual exchange between the best students, colleges and universities would be promoted.

But according to American Philosopher Lady Brenda Watson, vocational training/education is today merely 20 percent beneficial. That is, education and knowledge are 80 percent not effective or useful. It will be useful or effective



when a method is obtained to obtain happiness and satisfaction in the struggle of life. Who am I ? We shared get the ability to recognize this, education should enthuse in US security, fearlessness, freedom and skill. It should teach us the art to real life, (i) Essential element, (ii) Nature's law should be made known to us. But its unfortunate that education is not the mother of these abilities or capabilities. These conflicts are created by nature and man has no control over it. By obtaining undisputed essential element with the assistance of philosophy the dispute of knowledge - ignorance has been solved :-

01. Physically knowledge - ignorance -  
neutrality and nature are found  
independently - evaluation is 33.333.
02. Mixed knowledge with mental point of view (animate) is 33.333.
03. With neutral point of view knowledge is 33.333
04. Nature itself is evaluated as 00.001.

This four way knowledge is the currency of twenty first century.



## INTRODUCTION

### **Meaning of Philosophy:**

In India the word 'philosophy' is translated as 'darshan'. In Indian context word 'Darshan' is made from the word *Darshanarthak*, which means to 'see' or to 'observe'.

Darshan is something by means of which one sees/observes.

Philosophy is something which provides an all-round knowledge of the supreme truth of the world, of complete truth and its origin, power which develops and which destructs, the supreme power, time and space, rites and rituals of various nations, theory that one has to face the consequences of one's action, various conflicts, arguments, secrets, inanimate, animate, neutral and actual form of contemplation related to power entity.

### **Indian Philosophy:**

In Indian philosophy salvation is supreme truth and achieving it is the supreme object. But methods/ways too are told by our philosophy to make our worldly life happy.

It is the object of Indian Philosophy to provide proper ways/methods for both this world and the other world. Mahatma Manu has emphasized to lead a happy family life.

**Question:** Why Indian philosophy is called a 'science'? The answer is: Because it governs. It is a form of law and prohibition – Do this, don't do that etc. Shri Krishna has said by his mouth (Shrimukh), 'In the system of duty and improper act, only science is a proof. So as to show the dignity of science, God exhibited science as a proof and did not exhibit himself as such, because only Shri Krishna can preach Arjun who is immersed in grief and infatuation, but it is only science or literature that can give education of duty to the millions of people immersed in grief and infatuation. For this reason, science or literature is considered more important than God.

## **Western Philosophy:**

The word 'philosophy' is used in the western world for 'darshan'. The term 'philosophy' is made of two Greek words – 'Philos' and 'Sophia'. Philos means affection or love and sophia means knowledge. Thus philosophy means love or affection for knowledge. From its origin it becomes clear that love for knowledge is purely intellectual in the western world. In other words, education is related to man's intellect.

In Indian Philosophy, knowledge/education is not only related to intellect, but with the satisfaction of entire life. Philosophy is both life and intellectual exercise. The truths founded by our ascetics have been exercised by them in their lives.

By glancing at Indian and Western philosophies it becomes known that no definite definition of philosophy had been found. Various definitions have been given on the basis of various philosophical principles. It was not possible to give one definition according to the past and present effects of time-period, environment, caste and nation. There were many differences in Indian & Western scholars/thinkers and only a few similarities. I, by contemplating and considering all the problems, propose the following universal definition for philosophy.

### **Definition:**

The science which provides knowledge of the origin of inanimate, animate and neutral along with providing complete practical knowledge about the secrets regarding origin, development and destruction of the creation is 'philosophy'.

On the basis of this definition we get an insight into the Supreme Power -Nature. We start to get knowledge about the birth, development and destruction of the creation. We get clear knowledge about the three elements - thin, thick and the neutral; we obtain universally accepted supreme element. Who am I? From where I have come? Where am I going? What are my rights? How could I feel the natural power in myself? And what is the method to use it in my practical life and make the entire life satisfied? It becomes known as to how to combine the three aspects, the Pros – the Cons – the middle (Success

– Failure – Neutral) and to avoid the internal conflict of success and failure of life so as to obtain the complete management created by nature. Like; (i) Negative Electricity (ii) Positive Electricity (iii) Static Electricity. We learn to combine the three to obtain the entire power of electricity. Similarly, it becomes possible and extremely easy to apply the welfare related orders of the great sermons/preachings in our practical life. Despite the desire being there to apply the great preachings and orders acquired as knowledge in our life, we were not able to do so. But with the three-fold method it has become easier to apply all these in our life and they automatically seem to be implemented in our life.

**For Example :** (i) I am good + I am bad + I am witness + I am soul, (ii) Peace + war + middle + Nature, (iii) Sweet + Salty + Sour + Nature all these make me a complete power and with acquiring this method I am able to acquire all these orders easily. With the method to learn the result of inanimate + animate + neutral, acquired through my books, I always feel the power of nature with me. That which materializes the definition of philosophy, clarifies the character/nature of Darshan Matri Vigyan (Science).

**Question:** What is the proof that Darshan Shastra Matri Vigyan (Mother of Science) exists?

**Answer:** When Physics was asked, what come first, the seed, the fruit or something; hen first – egg first or is there any other arrangement? What is matter? The answer of science was this: answer to these questions can not be obtained in the laboratories of physics. The answers to such questions can be obtained with the assistance of scientific philosophy only.

While making research, philosophy was asked as to why it doesn't extend support to science, it (philosophy) replied – The place of supreme element lies vacant in me. And there is an endless dispute as to which elements among the inanimate, animate and neutral be placed as the supreme element. In the future also the possibility of this dispute getting solved seems improbable. When this dispute is solved, the supreme element would be obtained and then it would be possible to assist science.

From the above it becomes clear that philosophy is a Matri Vigyan (Mother of Science).

**Question:** What purport do the three elements, viz, inanimate – animate – neutral have with the world.

**Answer:** From my work 'Darshan Ki Mool Dharayein' and six of my other books it becomes clear that this world is (i) thin (zero argument), (ii) thick (earth, water fire), (iii) neutral (witness). In these three segments the world appears before us. Therefore, we would divide philosophy in those three segments –

- (i) Materialism Applied Philosophy (inanimate)
- (ii) Idealism Principle of Philosophy (animate)
- (iii) Neutralism Neutral Philosophy (middle)

### **Similar Problems of Western and Indian philosophies:**

#### **1. Western Problems:**

Western Philosophers performed the following experiments to obtain supreme element –

**(A) Absolute** – Dr. David Brown (and his team) of Cambridge University has proved – Nature's creation is integrated. Energy, every matter, time and space are interconnected, everything is contained in each other. That is the basic characteristic of nature's wholeness.

**(B) Relative** – Physicist Albert, Lamphel and other principles of relativity. They have proved the incompleteness of nature's basic properties.

**(C) Neutral** – Birth of the two aspects for/against (opposition) has taken place from the neutral. When neutralists were asked in explain as to how the birth of these two had taken place, they were unable to answer.

The discovery of the fundamental principle Supreme Element of the entire world is the basic subject of philosophy so that the world does not remain an unsolvable problem. Science can study empirical and visible world. A study of the soul and God, far from the empirical world, is beyond the scope of science.

Western philosophers have tried their best to bind physical element, mental element and neutral element in one thread, but were unsuccessful. Soul is considered beyond experience and for this reason some philosophers are not prepared to consider it as a subject of philosophy and believe that it is not the task of Philosophy to answer questions related to God.

## **2. Indian Problems:**

The following experiments were made in Indian philosophy to obtain the Supreme Element.

**(A) Bhagavat Gita:** A unique explanation of Karma Yoga (philosophy of discipline of detached actions, unmindful of results), Bhakti Yoga (realization of the ultimate aim through devotion) and Gyana Yoga is available in the Gita. By explaining Satvik, Rajasik and Tamasik, it has been said in the end to do away with these disputes and to act as per the situation with which wholeness would be obtained.

### **(B) According to the Upanishads:**

Dualism, non-dualism and qualified dualism all principles are considered important. One has to bear the troubles of all variables and invariables and lead a life full of sorrows, that is, incomplete is considered to be the basic character of nature.

### **(C) Brahma-sutras:**

Men should always remain neutral. Being implicated in the dispute of Pros and Cons men become sorrowful and this dispute goes on endlessly, and this is why one should maintain neutrality.

### **Devotion and Worship:**

After the rise of Vedanta, in the end of tenth century, Indian thinkers and philosophers had started to take interest in devotion and worship. Upanishads, Bhagavat Gita, Brahmasutras, all these texts had been explaining the knowledge of universal and supreme spirit. An effort was made to search supreme element through devotion.

**Summary:**

From the above it becomes clear that both western and Indian philosophies faced the common problem as to how to choose the Supreme Element between the absolute, relative, neutral and animate, inanimate, neutral.

**SUBJECTS OF PHILOSOPHY**

1. Related to the world: World, time and space, energy, nature of life and origin, development.
2. Regarding Soul/Spirit: Nature of soul, character of soul, character of mind, relationship of mind and body, resolution, freedom and immortality of soul.
3. Character (nature) of element in Metaphysics and numbers.
4. Epistemology - Character (nature) of knowledge, sources of knowledge, authenticity of knowledge.
5. Idealistic assessment - Proper, Improper, Good-Bad, Beautiful-Ugly etc.

Great (renowned) philosophers of Western and Indian.

**Western philosophers:**

Democritus, Socrates, Plato, Aristotle, Descartes, Leibniz, Spinoza, Lock, Darwin, Berkeley, Hume, Kant, Hegel, Moore, Russell, Coin, Wittgenstein and Stevenson etc.

**Indian philosophers:**

The great Manu, Guru Brihaspati, Bhagwan Rishabhadev, Lord Mahavira, Lord Buddha, Maharshi Kapila, Maharshi Patanjali, Vatsyayana, Kautilya, Yagnavalkya, Maharshi Gautam, Acharya Gemini, Atreya, Shankaracharya, Ramanujacharya, Vallabhacharya, Madhvacharya, Sri Aurobindo, Radhakrishnan etc.



## **METHODS OF PHILOSOPHY**

1. Inductive and Deductive Method.
2. Whole and part Method.
3. Analytical Method.
4. Dialectical Method.
5. Refutation and Establishment Method.

Therefore, in my view the task of philosophy is to bring to light the system/method created by the nature in (1) Corporal, (2) Mental, (3) Financial, (4) Familial, (5) Social, (6) Political, (7) Wheel of Time, (8) Physical, (9) Chemical, (10) Axiological and (11) Logical fields in connection with the daily practical life of the 6 thousand million people of the world which includes children-adolescent, youth, old, men-women, and poor-rich, educated-ineducated with this. The motherhood/Matritva Shakti of philosophy would be proved.

## **PRINCIPAL BRANCHES OF PHILOSOPHY**

1. Metaphysics
2. Epistemology
3. Cosmology
4. Theology
5. Logic
6. Axiology

### **1. METAPHYSICS**

The branch of philosophy dealing with the explanation of fundamental questions regarding the existence of entity and religion or evaluation of spiritual truth is called metaphysics. Philosophy had not been able to attain complete success with its searches from ancient period to the present age in the selection of Supreme Element. The following search was made to complete it :-

## **Supreme Being/Element**

Supreme being means an element which was present before the creation. It was there when creation was beginning, it remains in development, in destruction and would remain after these phases too. Such element is called essential element of the universe. We know it by other names such as Nature, God, Knowledge, Soul, Universe, Supreme Power, Supreme Being, Allah, Godfather, Adi Shakti Ma, Central/ Supreme Being etc.

The elements which would fulfill the following criteria of Supreme element/being would take the position of Supreme Element/being.

### **The Fundamentals of Supreme Element**

1. That element should be complete in itself and not dependent on anything.
2. It does not suppress any part of other principles.
3. It doesn't refute any principle.
4. That element must have relation with the entire universe and earth along with the invisible, the visible and the neutral.
5. It must have contact with unity, diversity and middle, inanimate, animate and neutral.
6. Various aspects of the things may be defined clearly.
7. All the definitions must appear as distinct.
8. The character/nature of element should be logical and mathematical.
9. The methodology of the element should be logical.

The element fulfilling the above fundamentals of Supreme Element/being can be placed on this important position. After observing the fifth

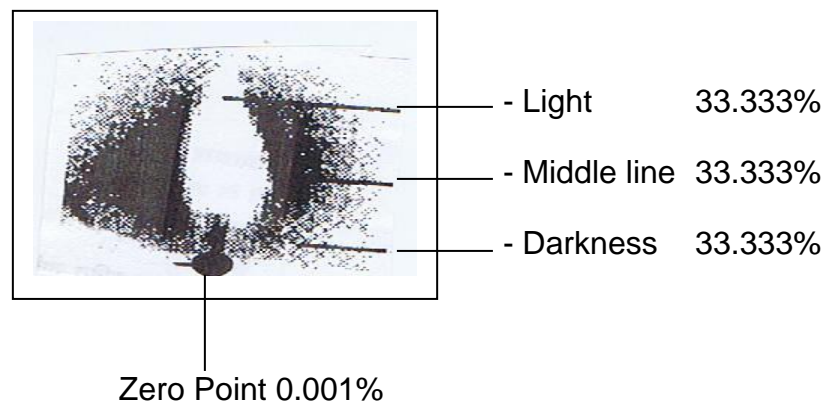
point, it becomes clear that the element which keeps contact with three factors, namely, animate, inanimate and neutral, would take the place of Supreme Element/being. This condition creates the doubt that animate - inanimate and neutral must have been created from some other element. The element creating these three elements must be discovered. The following experiments were conducted to discover the birth-place of inanimate, animate and neutral.

### THREE EXPERIMENTS :

The three experiments conducted to find out the birth-place of inanimate, animate and neutral:

01. The explanation of inanimate, animate and neutral in meditation.
02. Supportive, Antagonistic and neutral in mind.
03. Left, Right and Middle

### Explanation of inanimate, animate and neutral in the meditation of mind



**Drawing No. 1**

### Supportive, Antagonistic and neutral in mind

The one who is deep in meditation gets light. This light has three aspects (1) Brightness (2) Darkness (3) Middle. Light has universally been known to be inanimate, that is, inanimate is achieved in meditation and the antagonistic aspect of light, which is animate, is also obtained.

Thus, inanimate and animate both are achieved in meditation. The dividing line between light and darkness is automatically present as neutral. In

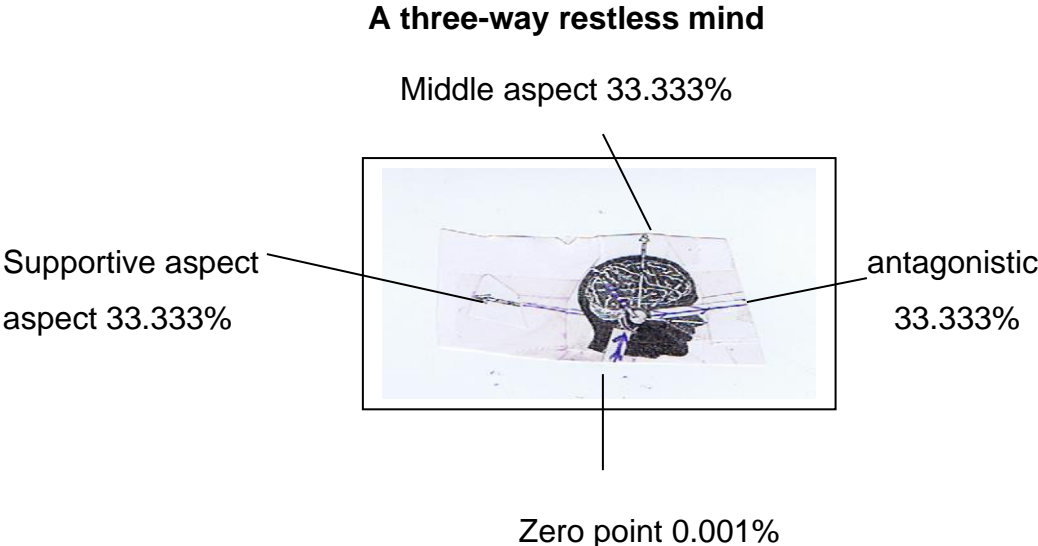
this manner, all the three aspects, i.e. inanimate, animate and neutral are obtained. With this observation it is proved that all the three, namely, inanimate, animate and neutral are originating from the light and light is originating from the soulless point of the meditating person.

On the basis of this we can say that inanimate, animate and neutral are originating from the mind.

**Example No. 2:** Explanation of supportive, antagonistic and neutral forms of the mind.

**Supportive, antagonistic and neutral in mind**

Supportive, antagonistic and neutral thoughts always occur in our restless mind. If we have to go to a garden, our mind becomes agitated.



**Diagram No. 2**

- (1) The supportive aspect of the mind supports the idea to go to the garden.
- (2) The antagonistic aspect opposes it and feels that other tasks have to be done, one should not go to the garden and
- (3) neutral aspect indicates it as neutral. We will show the three actions with the following equation:-

$$\text{Supportive} + \text{antagonistic} + \text{middle}$$

All the three arise from zero/void.

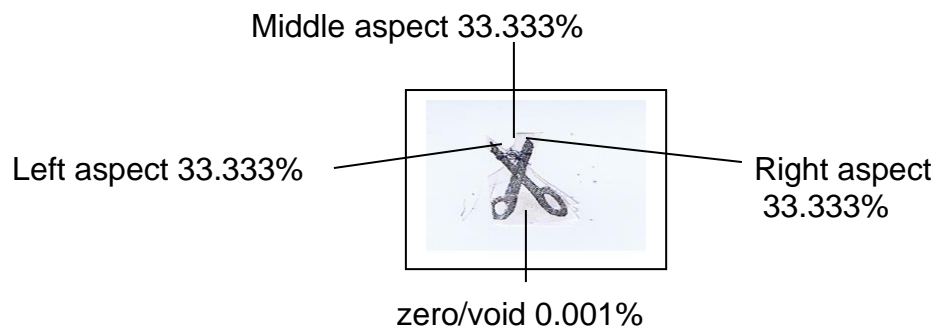
Now we shall calculate left, right and middle in a point in an open space.

### **Left - Right - Middle:**

So, to understand the origin of left - right and middle we will draw a point in an open space and will calculate left - right - middle in that point. We will cut that point with a scissor again and again as per the diagram. The more we cut the point as per the diagram, the quicker we would find that left - right - middle originate simultaneously. These aspects cannot be separated by cutting them indefinitely, and we shall find that they fight with each other.

In this phenomenon, who would be the master of zero becomes a matter of tension between the left - right - middle. This tension or struggle continues in the same manner in which the matter of power prevails amidst us.

### **Example:**



**Diagram No. 3**

### **Left - Right - Middle:**

01. Left aspect pulls the zero point towards itself and declares that it is the master of zero point, similarly,
02. Right aspect pulls the zero point towards the right side and claims that it is the master of zero point.
03. The middle point binds the zero point in itself and says that it is the owner of zero.

In this way, a tussle can clearly be seen amidst the three and it can be seen that left - right - middle are originating from zero. In other words, we can say on the basis of this experiment that Pros - Cons - middle would be formed as many times as it is being cut.

Similarly, three examples -

01. Inanimate + Animate + Neutral in the meditative mind.
02. Supportive - Antagonistic + Middle in the mind.
03. Left + right + Middle in open space.

From these experiments, it is proved that from the zero point inanimate - animate - neutral, that is pros, cons, middle are formed. Thus, the search for the birth / origin of inanimate, animate, neutral gets accomplished. Now we can say that inanimate, animate and neutral originate from zero.

From the above explanation it can be concluded that all three aspects - inanimate - animate and neutral originate from the formless zero point.

### **Inanimate, animate and neutral declared as unworthy of the position of Supreme Being:**

The question has arisen in some text books - whom to consider the Supreme Being among inanimate, animate or neutral? The question is answered and the dispute ends automatically because these three aspects are dependant and unworthy. These are managed by shapeless/formless zero point, hence none of the three can be termed as being supreme element. Now, what is zero? We shall make a brief study of it.

#### **WHAT IS ZERO**

The prevalent views regarding zero in the world are given as follows in brief:

01. According to Lord Buddha - "Shunyata Sarva Dristinam", meaning freedom from all point of views.
02. The meaning of zero in Shri Madhavacharya's *Sarvadarshana Sangrah* is "Deficiency".
03. Nagarjuna accepts the authority of Supreme Being in zero. "Zero" itself is supreme being.
04. Shankaracharya has evaded the subject by saying nihilism as 'Sarva Praman Vipratishidh' by taking 'Zero' as non-existent. But he has also said that without taking the side an 'element' we can not treat creation as zero.

05. All illusory creations admitted in non-dualism or nihilism or monism are inherent and manifested in this unique zero element. They consider zero or void as supreme element.
06. According to the laboratories of science, zero is indifferent.
07. According to Manmohan: The 'zero' from which the three elements, namely, Left, Right and Middle, arise has zero in which it itself is whole. That is, zero has three aspects -

Zero + non-zero + neutral = Wholeness (like left - right - middle). Here also we can say that we get wholeness by deducting wholeness from wholeness).

Nothing + everything + neutral = Wholeness

It is easy to feel zero objectively. Zero point has been proved objectively through my researches.

So, to prove holeness in zero, an example from mathematics is presented here.

### **MATHEMATICS**

There are three disciplines in mathematics (a) Geometry (b) Arithmetic and (c) Algebra.

Holeness of zero is proved in all the three disciplines.

#### **(a) GEOMETRY**

##### **Example:**

1. **There is nothing in zero element** - In Geometry an angle of  $360^\circ$  is inherent in a zero point. However, in spite of the presence of  $360^\circ$ , the evaluation of that zero element is 'nothing'. Zero point is only zero, that is, there is nothing in zero. Physically, it is proved that Geometry is only zero.
2. **There is everything in zero element** - The zero element has the capability to measure the entire universe and its exterior. Zero, according to geometry, as noted above, is having  $360^\circ$ . It measures even the planet placed at indefinite distances. Such capability is present

only in one line. When lines would emerge from all the angles of 360°, they would measure the entire universe. Hence, it is proved from Geometry that everything is there in zero element, there is everything in zero. It has been proved by geometry logically and mentally.

- 03. Neutrality in Zero element** - In the above explanation, geometry has proved the pros-cons in the zero element. The neutral aspect is present all by itself in between the two aspects and works as a witness. It is like the middle itself working as witness in Left, Right.

From the above three explanations we get all the three elements, viz., Pros - Cons - Middle in the zero element which has been proved in geometry. We would show it by the following equation:

Nothing + Everything + Neutral = Complete energy.

Now we shall take examples from Arithmetic.

**(b) ARITHMETIC:**

Arithmetic presents explanation of wholeness in zero element.

- 01. There is nothing in zero element.** By zero we mean deficiency. There is no value of zero of arithmetic, and it can also be termed as nothing. Thus, arithmetic proves that there is no value of Arithmetical zero. It is an explanation of the physical form of zero element.
- 02. There is everything in zero element.** We can reach infinity by placing one zero after any number. That is, zero which does not have any value has the capability to create infinity. This is the clarification of mental form.
- 03. Neutrality in Zero element.** From the above explanation, two characteristics, that is Pros – Cons, in zero have been proved by the arithmetic. Neutral is present in the same manner in the middle of these two aspects like the neutral present in left - right - middle.

In the above description, all the three elements, namely, Pros, Cons and Middle are found in zero. It can be exhibited by the following equation:



Nothing + Everything + neutral = Complete energy from the zero element through arithmetic.

**Now we shall take up the example from Algebra.:**

**(c) ALGEBRA**

According to Algebra, wholeness is proved as follows with the addition of Pros - Cons - Middle in zero.

- 01. There is nothing in zero element.** When algebraic value is given to solve a question, the valuation of that algebraic value corresponds to deficiency that is nothing.
- 02. Everything in zero element.** When the solution to the question is obtained, the algebraic value increases unprecedentedly. This is capable to answer the questions of the universe. Therefore, it is proved that there is everything.
- 03. Neutrality in zero element.** From the above explanation, two characteristics, viz. Pros - Cons have been proved by Algebra in zero element. The middle, the neutral of both these aspects has been obtained in the same manner in which neutrality itself is available in left - right - middle.

From the above explanation, all the three elements, viz., For - Against - Middle are obtained. It can be shown by the following equation:

Nothing + Everything + Neutral = Wholeness in zero element through Algebra.

For the status of Supreme being/element, all the three, viz., inanimate - animate - neutral are proved to be unworthy. The zero element from which they originate itself is the worthy candidate for the status of Supreme being. Therefore, it can be placed on the position of Supreme Being.

**Zero Declared as Supreme Being / Element**

Inanimate, animate, neutral originate from zero. This we can understand easily. Therefore, it becomes essential to declare zero as the supreme element within and outside the world. It (zero) is Supreme being which is

universally present and independent. Supreme being lies latent in the dead stones, an unconscious life breathes in plants. It can be experienced in animals. It brings consciousness/awareness in the self-consciousness of human being. Three- pronged zero is present in all these dynamically. Thus the zero element is declared fundamental supreme being. Supreme being can be named as - Atma (Soul/spirit), Brahman, Pran, God, Allah, God-father, Adishakti Ma, Nature, Centre of Supreme Being, Tattva etc.

**The Number of Supreme Being** - From the point of view of numbers, supreme element/being is one which encompasses all to become an encompassing completeness. That is, the number of supreme being is proved to be "zero" or one. The universe is an (1) expression (2) composition and (3) witness of the same dynamic zero at one and the same time. Thus, with the determination of the form of the supreme being, its number is fixed as one. We can understand it by the following equation:-

I am Good 33.333 + I am Bad 33.333 + I am Neutral 33.333 +

I am zero 0.001 = 100% solution. Thus, 0.001 is the only one supreme being.

### **Principle of Destiny Achieved in Philosophy**

For the scientists, the results of the process/system of experiments are created by nature and are fixed beforehand. They are exhibited in the laboratory. The scientist is not the originator of the method/system; he is only a follower. But philosophical system (method) is not fixed. It was being believed that the philosopher creates the kind of method required for the prevalent philosophy from the problems and preconceived concepts. But from the new findings it is proved that nature had created a destiny in philosophy which could now be discovered.

#### **A fixed law of nature four footed :**

**Method :** Solution of ideological conflict with the logical thoughts arising in mind and the method to improve the character of child, youth and the old.

When somebody told me that I was bad, I used to become sad. But now I have come to know that nature has made me a complete being with a four way

system. Now I accept my faults when someone tells them to me and don't get filled with pride when praised. I now know, I am complete. We can understand it by the following diagram :

1. For (my mind says I am good) 33.333%
  2. Against (my mind says I am bad) 33.333%
  3. Neutral (my mind says I am neutral) 33.333%
- I am nature myself (soul arises from great zero) 0.001%

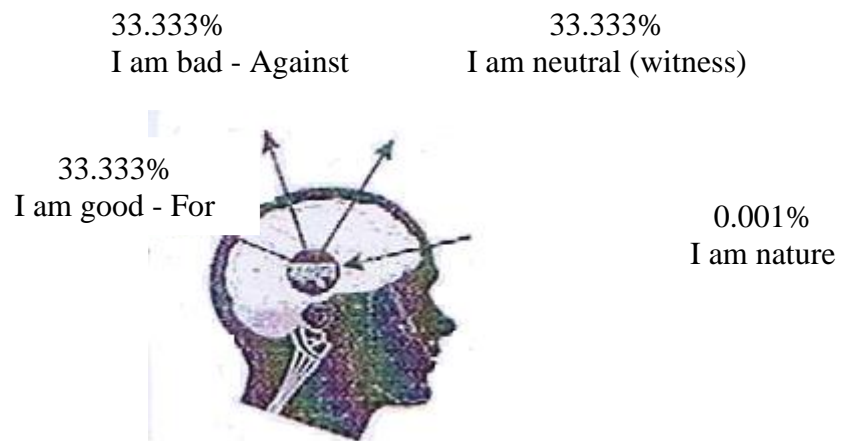


Diagram No. 4

I am 100% complete being, I am not incomplete.

Stress is the main cause of all diseases.

With the above explanation, confidence replaces the stress present in mind and we get happiness instead of sorrows.

Feelings of suicide and disappointment disappear and our objects start to get fulfilled.

### **WHAT IS THE MEANING OF 0.001 AND HOW TO OBTAIN COMPLETENESS IN MATHEMATICS?**

According to Mathematics an zero has the sum of supporter 33.333, oppositor 33.333 and neutron 33.333 and is 99.999. At last 0.001 is balanced. What is this 0.001?

When we divide the Balance 0.001 we would find that the resultant is 0.00000001 and that it never ends. This remainder becomes endless and For, Cons and neutron are formed each time whenever it is divided.

Following conclusions are drawn from this:-

- (i) This remainder has as much energy as is found in the first zero.
- (ii) This is an eternal power.
- (iii) In mathematics it is called remit (forego) which signifies that mathematics is incomplete.
- (iv) Because Before, After and Middle are produced simultaneously from 0.001, it is proved that it is the supreme being originating the world.
- (v) It is proved that the ability to provide the Supreme Being through Mathematics is inherent in 0.001. This gives relative completeness to mathematics.

**Question:** How did creation originate from inanimate, animate and neutral?

**Answer:** Where there is energy, there is origin of creation. From zero, Pros-Cons-Middle are always born. An unfathomable mass of energy can be felt in this process. This process is involved in all kinds of producers, developers and finishers. It spreads from the minute zero to the expansive universe which we have been able to prove by Geometry, Algebra and Arithmetic.

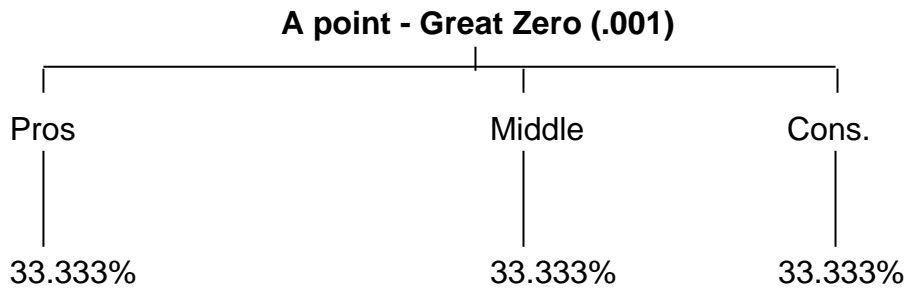
Presently being taught in BA	New Discovery Mine
What type & form is the Supreme Element? Physical i.e. rooted, animated or both, else Neutral (Book: "Darshan Ki Mool Dharaen" Pages 45-168, 4th Edition Published: 1997	Rooted, animated and neutral-neither qualify for the Supreme Element as all three are created through a void (Book "Darshan Matru-Vigyan".

We are thankful and fortunate in having Dr. S.P. Dubey, President of All India Philosophy Association, who has supported to declare Supreme Element

as void. Now it is possible a correct path for today's aimless, valueless, frustrated world which is on a path for its destruction.

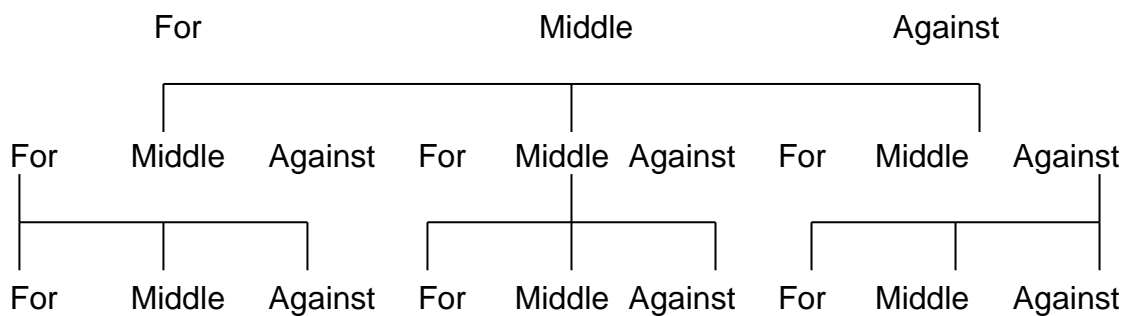
Now we can announce to the world that Methaphysics is possible which was not in dream.

We would understand the principal natural methodology of birth development destruction with the following diagram.



**Line Diagram No. 5**

For, against and middle have their birth from zero, which we can understand from the above line diagram. Thereafter, from every single aspect for, against and middle keep on taking birth in geometrical ratio. This presents the entire universe, which can be understood from the line diagram.



**Line Diagram No. 6**

According to the above diagram a process of development comparable to tree begins from one great point, which reaches the universe by multiplication.

**Destruction:** Like the development process which moves in the formation of 3-3 as per the line diagram, destruction goes on decreasing by three and reaches zero.

Neutral in between development and destruction

By being a witness, the neutral presents the account of development and destruction every moment.

**Which were the obstructive points in the determination of Supreme Being?**

**Obstructive Point:** We had to find the origin of inanimate, animate, neutral, but we had been concentrating on find who, among inanimate, animate and neutral was worthy of being Supreme Being.

From the text '*Darshan Ki Mool Dharayein*', being taught at B.A. level in some universities, it becomes clear while going through the description of Metaphysics that it remains to be decide as to whom to treat the Supreme Being from inanimate, animate and neutral and also as to whom to abandon. Scientists and philosophers have always tried to establish oneness among the three elements.

For the establishment of oneness it becomes necessary that two of the three should be destroyed or eliminated. For example - (i) most of the physicists and scientists tried to drop mind or consciousness and (ii) idealists tried to drop the material while the (iii) Neo-neutralists tried to eliminate both inanimate and animate.

The logical aspects of these three principles seemed to be so strong and true that none of these logics could be denied for Supreme Being. This situation prevailed on the one hand while on the other they opposed each other. For this reason also, none of these could be found worthy of the status of Supreme Being. We have seen that inanimate, animate and neutral were/are obstructive.

## GENERAL MESSAGE :

There are following differences between Supreme Element & Atom

	Supreme Element		Atom
1	By cutting zero point with a scissor we get For, Against, Middle & Nature which we can experience.	1	In Laboratory we can experience only Electron, Proton and Neutron.
2	Nature has always present.	2	No mention of Nature.
3	Motion in zero is obtained	3	Zero is indifferent
4	Supreme Element is universally available.	4	Available only in Laboratories.
5	Indivisibility Proved	5	Proved to be divisible.

## NATURE'S SECRETS

### The World Being Heaven or Hell?

This world is beyond paradise.! We and all the different theories of science each other have generally been at daggers drawn.

When I invented about the world being 'Heaven or Hell' then get answered - it is much superior then Heaven.

### "Nature the Grand Mother"

How can a grand mother make her grand children suffer?

**Question :** How can we be convinced?

**Answer :** Between Heaven and Hell there is neutrality too. Whereas the heaven consists v& stores only 33% of it specialties, 33% qualities.

But the nature consist 100% complete with the following four elements :

(1) Heaven 33.333% (2) Hell 33.333% (3) Middle (Neutral) 33.333% (4) Self Grand mother Nature 0.001% = 100%. Mother never leaves free to her

childrens. These for segment giving new pleasures daily. So all the disputes come to an end here.

**Now can be life successful amongst never ending demands :**

Our never ending demands originate from 12 areas of life. These twelve areas give rise to eternal demands. A four way method has been obtained to lead successful life among these demands. The above four way equation is applicable on all the 12 subjects as areas that is :-

- (1) Corporal      (2) Mental      (3) Economic      (4) Familial
- (5) Social      (6) Political      (7) Science of logic & mathematical
- (8) Wheel of time      (9) Physics      (10) Chemistry      (11) Ethical
- (12) Aesthetizism.

**Nature that is Grandmother :**

The mother which gives birth to us feeds and nourishes us in our infancy and provides wholeness. For the rest of the life Grand Mother Nature had provided a four way method to provide complete protection in our up bringing which has now been discovered since 1960 to 1993, its benefit has been distributed free of cost. To provide training regarding the same, pamphlets are being distributed. It has been exhibited in health fairs, exhibitions and in medical college.

**Special :**

Method to drink cold & hot and sweetly salty and sour with sugar drinks for inhabitants of cold countries. Now a path has been obtained to acquire love for knowledge and to make life successful for everyone.



## SYNONYM TABLE

In animate, animate and neutral are separate, are together and are also witness. To understand this we can make use of the synonym-table. The explanation of this labyrinth is as follows:

A	Inanimate relative	Materialistic world favourable	Supporter Positive Law	Negative feeling without qualities
B	Animate absolute	Mental world adverse	Oppositer Negative Behaviour	Positive Feeling with qualities
C	Neutral neutral	Neutral world	Neutron neutral	Stable feeling neutral.

- (1) Inanimate, animate and neutral together in inanimation.
- (2) Animate, inanimate and neutral together in animation.
- (3) Neutral, inanimate and animate together in neutrality.

### **1. Inanimate, animate and neutrality together in Inanimate:**

It is well known that inanimate is distinct and separate. But nature has also created the three, namely, inanimate, animate and neutral together. The explanation of this is as follows :-

According to the renowned philosopher of the 20th Century, Bertrand Russell, things are made logically. Natural realists believe that they make direct perception of physical objects like books, utensils, furniture etc which come in our daily use. But a word indicating an object, such as chair, is a convenient term connecting various parts inherent in our perception into one. Thus, the word chair is not a name of any object but a short symbol to indicate something rather than making a long description.

As far as real knowledge is concerned, we know about the present subject of our perception. But can only make assumption about the existence of its cause. Objects are made by elements and elements are made by atoms and atomic energy is considered indescribable and unimaginable.

According to Hans Reichenbach, Maxflak, while explaining the principle of two phased disputed non-determinedness wrote about the characteristics of the objects: "Things/objects play behind our backs and when we look at them, behave properly."

An unsuccessful attempt was made by relative to unite inanimate - animate or objects, substances as follows and neutral aspect was left behind.

1. A similarity is seen in their minute particles.
2. With the similarity of male-female in particles, there is also a similarity of negative power and positive power.
3. Negative, Positive and Neutral make their pair.
4. Male-female pair is also found in the minute world.
5. There is similarity in all the minute particles which is a symbol of unity in the world.
6. This unity is found from the minute particles to the atoms, cells, complete being, planets and stars, the milky way and the universe.
7. Now the modern science, by separating inertia from substances (object) and dividing the atom has proved the object to be in motion.
8. By general knowledge we take substance as solid matter, substance or air.
9. According to Modern Physics there are innumerable small universes revolving and prove each other to be uncombined. These give an appearance of unity to the diversities of the world. All have minute particles which combine with each other in a divisible way, and by giving birth to diversity of the world, establish unity within it.
10. Now the entire world is being expressed by Electro-Magnet Force. When light, sound, mechanical energy, thermo magnetic electro energy get free from the radiant energy, the energy named as Electro-Magnet Force gets combined with the eternal energy as a single unit.
11. When the entire mass gets converted into energy, we find the existence of energy in place of mass.

12. This energy is also expressed as weightless Supreme Being or Biological energy.
13. Electron, Proton and Neutron, all three aspects are found in the atoms of inert/inanimate objects. Similarly, every particle of electrical atoms reproduces from within itself and creates proton from neutron, electron from proton, neutron from electron and again proton from neutron and thus keep this cycle in motion.
14. If proton is present somewhere, it is natural that neutron would also be there and if neutron is present somewhere else, the electron in motion too would be present.
15. The dynamism or rhythm of a positive is created and controlled by the combined energy of Negative and Neutral. Thus, from the above relativism, a momentary similarity is proved in the two elements of different aspects of male and female. Relativity has presented no explanation to the neutral aspect. "The composition of the world is so complex that the problems of unity and diversity are still as much incomplete/unanswered as they were earlier and would continue to remain so". (Darshan Ki Mool Dharayain). Now, with the achievement of Supreme Being the solution of the complicated puzzle has been found as: unity + diversity + neutral = complete energy.

## **2. Animate, inanimate and neutral together in consciousness:**

Consciousness: Inanimate, animate and neutral together in consciousness. Animate was considered to be a solitary consciousness, while Santulanvada (Theory of Balance) is proving it by the example of restless mind in all three forms of animate, inanimate and neutral.

### **Example:**

Every man has the awareness that 'I am present'. If someone else holds that 'I am not present', he would have to accept his existence first to deny that he is not present. Here denial presupposes existence/presence. With this argument, the presence of the man's mind is confirmed. On the nature of the invisibility of mind, Dr. Prabhu Dayal Agnihotri states - "The mind's movement

is infinite and it has an endless horizon. It is always new despite being old and is immortal despite being lifeless."

The discoveries of modern psychology related to self also revolve around mind. Despite all these efforts success has not been achieved in catching the movement of mind. It appears more and more mysterious with every effort made to understand it.

Whereas, on the one hand, mind is restless, it is also serious at the same time. This seriousness can be experienced when great scientists in physics laboratories. They forget everything to achieve their aim and remain seriously engrossed in their task. Ascetics go in intense meditation. In such conditions, mind is proved to be constant and static. Now, a third aspect, neutrality, is also found apart from the two aspects of restlessness and seriousness. This third aspect calculates the results and present results in the like an inspector. We always experience this neutral form as witness - middle. Similarly, energy has three aspect, namely, (1) animation, (2) inanimation and (3) neutrality together, which can be given by the following equation:

Animation (restlessness) + constancy (seriousness) + neutrality (witness)

Thus, inanimate, animate and neutral, all three are found together in animation.

### **3. Neutral, Inanimate and Animate together in Neutrality:-**

#### **Example:**

Length of the neutral is equivalent to Left - Right

1. We would calculate left - right - middle in open air. We would cut middle with the help of a scissor. The more we cut middle we get inanimate, animate and neutral. This may go on endless but we don't get the neutral all alone.
2. According to the pioneer of the Principle of Relativity, Albert Einstein, "Every phenomenon has For, Agonist, Middle - three type of periodical relationship which also proves that inanimate, animate and neutral are together in neutrality. We shall now solve the complex.

In Physics, the value of middle is at the half, but in mental/logical sector the value of middle is equivalent to left - right.

**Example:-**

Place two needles on a drawing sheet at a distance of two feet from each other, and then calculate left - right - middle.

(1) Distance of right from left is two feet, (2) Distance of left from right is two feet - now calculation of middle - neutral would have to be done in two ways, as:

(a) By the prevalent physical calculation, middle is situated at a distance of one foot while by mental/logical views, when an invisible point is cut in the middle, left - right - middle are created. The more this point is cut, the same number of these three is created. Middle can not be obtained alone. Middle will never be found all alone in two-feet of left- right. The middle aspect would be found together in the entire two-feet. Thus middle too would have to be evaluated as two feet. Therefore, the length of middle is proved equal to left - right.

**Question:** How would the enclosed line diagram No. 9 be proved? It is impossible for zero point to be objectively proved.

**Answer:** Please see the Line Diagram No. 9 of Super Zero Point.

**Zero Point Proved Objectively.**

By calculating left - right - middle and by cutting formless zero-point with a scissor, Santulana-vada has created a tussle among left - right - middle. This tussle is not imaginary. The tussle in zero point between the supportive - antagonist and neutral thoughts in restless mind and inanimate neutral in meditation is completely dynamic. Where there is dynamism there is power, where there is power there is creation, where there are consciousness, emotions, functionality and consequence there is object. Hence, there is hardly any one who will not accept the line-diagram no. 6. Those who don't accept too would have to take the assistance of the dynamism and power. With power, it can not even be unaccepted. For this reason, every one would accept the line diagram.

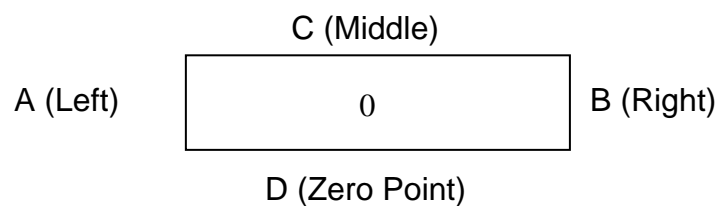
Five forms of zero point -

(1) Dynamic (2) Noun form (3) Emotional (4) Functional (5) Consequential.

Their study is as follows

### 1. DYNAMIC:

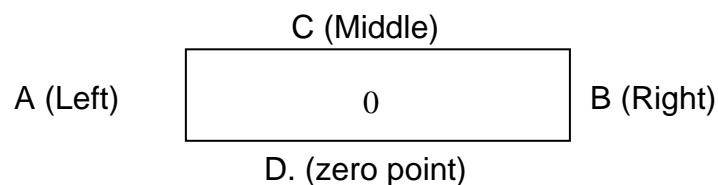
Entire earth along with all the stars - planets is infused with for, against, middle (Electro magnetic force). How they are present around us is shown with the help of the following line-diagram and whereby the explanation of left, right, middle is made.



**Line Diagram No. - 7**

#### Left, Right and Middle

We would mark a small point with a pen on a paper. According to the diagram we would name the zero point as 'D'. The left part of this point 'D' is 'A' and right part is 'B' while middle part is 'C'. Now we will cut this 'D' point with a scissor. We would now understand the phenomenon occurring with the cutting of this point with the help of this diagram



**Line Diagram No. - 8**

As in diagram No. 9, three aspects, viz., left, right and middle should have been separated after zero point 'D' was cut. But these did not get separated when the zero point 'D' was cut. The three aspects are created as many times as the zero is cut and they do not disappear.

Left + Right + Middle = Left, Right, Middle divisible and indivisible and neutral together.

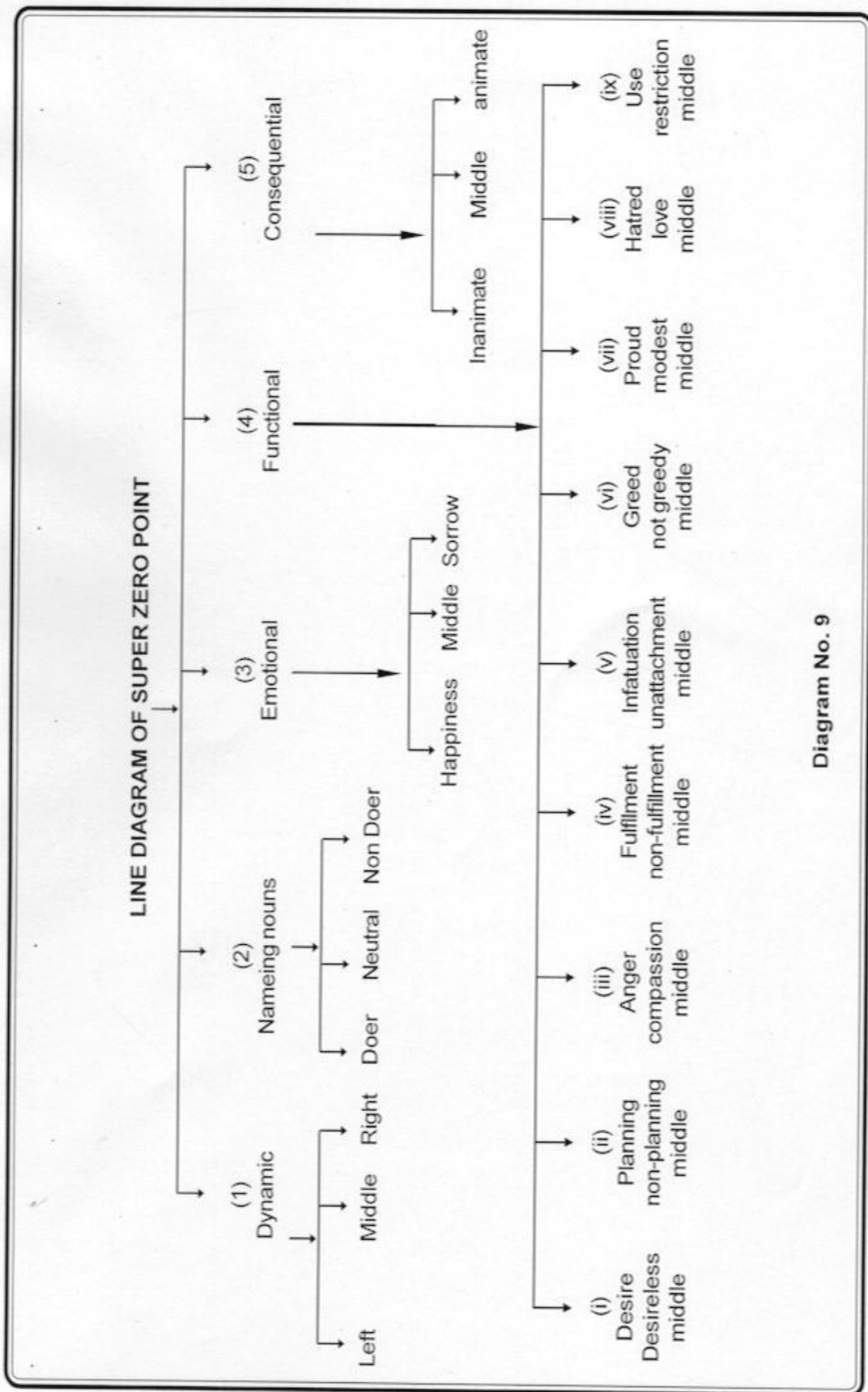


Diagram No. 9

## **How was it possible that none originates from none?**

It is universally known that the system of origin is based on mutual causal factor. But how can it be believed that none originals from none? Until this becomes clear, For - Against - Middle cannot be treated as separate and these can't be separated by definition. The solution of the problem is presented as such.

There is not one single aspect in the middle, but like left - right - middle there are three aspects. Present for, against and middle. It is proved that for and against do not originate from middle but middle is created along with these from other place. The question arises again as to where from these three originate. The answer is, they originate from the zero point. That is, everything is ready and available in zero point. Every activity is available in inanimate, animate and neutral zero. It is also correct that everything is created from our prevalent relativistic point of view while from the Santulanavada point of view nothing is created from anything, that is, everything is ready (prepared). This also has been proved.

Supreme Being makes use of its three aspects (Pavimvada - For Against - Middle) to perform its activities. With the help of this instrument (Pavim) itself the entire universe, all stars, planets including inanimate, animate and neutral, electro-magnetic force are operated. This is dynamism.

## **2. NAMING / NOUN FORM:**

So as to give recognition to all the activities, viz., inanimate, animate and neutral, it becomes essential to give name in a noun form. When I name myself I find myself in dispute. Like - Aham Brahmasmi, that is, I am Brahman. Jiva svabhaven dusta, that is I am evil. Here my naming is determined both as Brahman and Evil.

According to Santulanvad, I am names in the following three ways -

(A) I am doer - I am a child, take birth and cry. taking birth and crying are considered to be a form of task. That is why I become a doer as soon as I take birth. This is my doer form. At the same time, I am also proved to be a non-doer. Example:



(B) Non-Doer - I am taking birth as a child but I am not in favour of taking birth myself, that is, I don't want to take birth, I do not want to cry. Still I feel like crying. Circumstances are making me do everything. It all is on my name, and despite my not wanting to take birth and my crying proves that I am not a doer. If I was a doer I would neither have taken birth nor would I have cried. Thus, it is proved that I am being made to born by other secret powers and am also being made to cry. Thus, it is proved that I am a non-doer. Further, I am being proved to be a doer and a non-doer at once. Now, the neutral aspect is as follows.

(C) I am a neutral visionary - From the above explanation I find myself in both the aspects of doer and non-doer whereas I am one. I find myself in a dilemma and by finding myself in two aspects I try to perform yoga and meditate to keep myself away from this tension. And by keeping myself away from such dispute I declare that I am neither a doer, nor a non-doer; I am only a visionary who sees.

From the above clarification one can see that mentally I am proved in three forms. This phenomenon of my mind becomes even more perplexed and I become confused with this inter-conflicting investigation. While I myself am one, which among the three should I consider as mine and which not? To solve this major problem there is the integration principle of Dr. David Brown, 'Everything is contained in everything' (sarvam sarvatmakam) and Santulanavada's For + Against + Neutral = Pavim and on the basis of the two I am proved Doer + Non-doer + Neutral = Indivisible - Divisible and together. In naming form, I am proved to be a person who is all alone and also Positive + Negative + Stable = Together.

My name is recognized as evil in the materialistic world, Brahman in logico-mental world and neutral (witness) in a neutral world. This is my naming form as given by the Supreme being.

### **3. EMOTIONAL FORM:**

After dynamic form and conscious/naming form, two forms, viz., pleasant and unpleasant (sorrowful) are found in the emotional form. Pleasant emotions contain beauty and unpleasant emotions have sorrows and ugliness. The

middle part appears to be carrying the pleasant and unpleasant emotion on itself. According to for, against and middle, the following equation is obtained.

Happiness + Sorrow + Middle = Complete Happiness.

When a child is explained something in numerical form, he/she understands it quickly and goes on to use happiness and sorrows in his/her practical life. Similarly, we too can understand this secret of the nature, that is, the system of distributing happiness and sorrow equally with the example of 1 kg. of happiness and 1 kg. of sorrow easily.

### **ONE KILOGRAM HAPPINESS AND 1 KILOGRAM SORROW**

Nature has distributed equally to everyone in the world in which we live. We always confront/experience three worlds, namely, (i) Physical/Material world, (ii) Mental world and (iii) Neutral world in it. We always have to go through the duality of happiness and sorrows every moment in this world.

(1) Material/Physical World - Poor, Rich, Middle all get happiness - unhappiness in unequal amount. We all are aware of this fact. Economics, by establishing marginal utility and depreciation rule has proved utility in a decreasing order which is illustrative of inequality.

(2) Mental World - Nature has endowed equal amount of (a) happiness, (b) sorrows in the poor, rich and medium class. No one has been able to accept this but Santulanavada has proved it as below:-

#### **(A) HAPPINESS TO ALL IN EQUAL AMOUNT -**

1. A laborer who earns Rs. 100/- everyday suddenly gets Rs. 200/- for his labor on some day. The amount of happiness which he would feel would, lets assume, be equal to 1 kg. in addition.
2. A trader who earns Rs. 1,000/- every day earns Rs. 2,000/- on a certain day. Then the happiness felt by him would be equal to the happiness felt by the laborer for getting Rs. 200/- instead of Rs. 1,000/-. That is, the trader would have 1 kg. happiness.

3. An industrialist who earns Rs. 10,000/- everyday, earns Rs. 20,000/- on a certain day. He too would experience the same amount of happiness which was experienced by the laborer and the trader.

Different amount is required to bring 1 kg. of happiness in everybody's mood but the happiness obtained is the same.

Laborer gets Rs. 200/- in place of Rs. 100/-, trader gets Rs. 1,000/- in place of Rs. 2,000/-, the industrialist gets Rs. 10,000/- in place of Rs. 20,000/-. Thus, it is proved that everyone noted above gets equal happiness.

**(B) SORROW TO ALL IN EQUAL AMOUNT:**

1. A laborer who earns Rs. 100/- every day earns Rs. 50/- on a certain day. Then the sorrow that his brain would face would be equal to, let us assume, 1 kg.
2. A trader earns Rs. 1,000/- every day. But, on a certain day he earns only Rs. 500/-, then his brain would face the same amount of sorrow which the laborer had to face when he lost Rs. 50/-, that is, he would face 1 kg. of sorrow.
3. An industrialist who earns Rs. 10,000/- every day earns Rs. 5000/- on a certain day. He would experience the same sorrow which was felt by the laborer and the trader, that is, that which would be equal to 1 kg.

Different amount is needed to bring about an equal amount of sorrow, that is 1 kg. of sorrow.

Laborer gets Rs. 50/- instead of Rs. 100/-.

Trader gets Rs. 500/- instead of Rs. 1000/-

Industrialist gets Rs. 5000/- instead of Rs. 10,000/-

Thus, it is proved that every one receives equal amount of sorrow.

**Question:** What is the benefit of this principle in practice?

**Answer:** Poor employees work with administrators, laborers live with the wealthy people. If nature had not created equal amount of happiness - sorrow in the minds of all, the poor ones would have made it pretty difficult for the rich people to live out of jealous and there would have been an atmosphere of chaos and destruction. No one would have been able to live with anyone. As happiness - sorrow is distributed equally by/in nature, every one spends his/her time as per one's own choice. This leads to the attainment of emotional wholeness/totality.

### **An Alliance of Philosophy and Psychology**

The core subject of philosophy was the study of Supreme being, that is, soul. When search regarding the Supreme being could not be completed, that is, an universal explanation regarding the form of soul could not be given, some philosophers, being disappointed, diverted themselves from the study of soul and tried to study the behaviour, activities of living beings by analytical method and the analysis of desires, anger, affection, love, hatred, happiness, sorrows and nervous system by scientific method. They changed the name of Philosophy to Psychology. After the division of Psychology and Philosophy, the explanations of unconscious mental forms such as lust/desire, anger, love, hatred etc. were declared to be impossible. This has led to an overall disappointment. Here, by disseminating disappointment, impossible is being made possible in a functional form.

#### **(4) FUNCTIONAL FORM:**

It was considered extremely difficult to study the methodology of desires, anger, affection, love, hatred etc. In this context, as per A.A. Brill of Scare Press, 1949 - "According to Freud unconscious is that mixture of mental forms of which man knows nothing nor can know about it".

An easy scientific answer for insoluble questions as above has been given by me by way of the following nine pairs :

- (i) Desires - Non-desires/desirelessness
- (ii) Planning - Non-planning
- (iii) Anger - Compassion

- (iv) Supply - Non-supply - middle  
(fulfillment - non-fulfillment - middle)
- (v) Infatuation - Non-attachment
- (vi) Greed - Non-greed
- (vii) Proud - Modest
- (viii) Hatred - Love
- (ix) Use/consumption - restriction.

The above noted pairs (1 to 9 pairs) work miraculously and perform their responsibility and prove the greatness of Supreme Being. Example -

Supreme Being orders that I need a pen to write a letter. So as to perform this, the labor of the nine laborers is as follows :-

**(i) Desires - non-desires - middle:**

Proposal of a pen is received by me from the Supreme Being to write a letter. This proposal is supported by the desires of the restless mind, but the opposition form of the same mind, that is, non-desire power tries to oppose it and advices of desire-free emotions. Many problems have to be dealt with to obtain a pen. For this, there are conflicts in us such as, (i) don't write letter, (ii) return the proposal of Supreme being and amidst it the neutral orders to write letter, and for this we will obtain pen even if we have to do a lot of exertion for it. On moving further we get to meet planning area.

**(ii) Planning - non-planning Power - Middle (reflection - non-reflection - middle):**

Much contemplation goes on to think, such as, how much time, how much money, who's advice, how many laborers, which type of pen, from which place, from which vehicle etc. The non-planning opposes (non-reflection) all the planning that goes on to work according to the plan (non-reflection power). We are told: abandon all the thoughts of writing letter, there are too many difficulties in obtaining the pen. In this conflict the neutral decides that a pen is to be obtained and directs us go ahead. As one moves ahead, one encounters the power of anger and compassion.

**(iii) Anger - Compassion - Middle:**

All plans are implemented to obtain the pen. Then also, one feels obstruction in terms of bargaining of cost or viability in obtaining the pen. Then anger removes this obstruction by setting a price with the logical power. In this way it removes all the obstructions vehemently which make hurdles in the attainment of a pen. As a result, the obstructions stop meddling with the procurement of pen and we get indication of obtaining the pen. Amidst this, compassion gives orders as a power. Even if the pen is obtained, the struggle would go on and one would have to face inflation, profit, hatred and other forces. Again, amidst conflicts, the neutral decides that the pen is to be obtained and further we meet fulfillment - non fulfillment.

**(iv) Fulfillment - non-fulfillment - middle:**

After obtaining the pen, a discussion takes place as to keep the supply thus obtained in a bag, file, almirah etc. so as to keep it safe. The other power orders that the storage of the pen is a problem, that there is no need of keeping it safe. After this conflict, the middle element advises to keep the pen in the bag. Further, we meet inflation and non-attachment.

**(v) Infatuation and non-attachment power - middle:**

The pen is mine and I am the owner of this pen. With my pen I will write letters of my liking. These infatuating feelings are exhibited with pen. The non-attachment power gives orders as to what is the need to get involved in this phenomenon of pen, what, after all, will you get with all such labor? Think, consider and abandon the idea of the pen, be unattached, you will get peace. But, after this conflict, it becomes a settled point that one has to keep the pen and then, in sequel, we meet greed, non-greed power.

**(vi) Greed - non-greed - middle:**

After so much of labor and conflict, only one pen is obtained, alas! had I obtained 5-10 pens! Thus, a series of greed/frustration gets evolved in our mind which is then opposed by non-greed power and we get order that we don't even want one pen, let alone 5-10 pens. They wouldn't go with you. After this conflict, the neutral decides that the pen has to be retained and we immediately meet powers of pride and modesty.

**(vii) Proud and modest power - middle:**

I now own a pen with all my powers and for solving problems. I obtain a pen. Would anyone be able to compete with me? As soon as we get these thoughts, modesty power orders - leave this vanity, abandon the pen, be modest. After this conflict it is decided that the pen will be retained and then we meet hatred, jealousy and love.

**(viii) Hatred - Jealousy - Love - middle:**

The pen which my friend has with him costs Rs. five while the pen obtained by me costs Rs. 25. From this fact the sense of hatred comes to my mind towards my friend. My pen is expensive, my friend will not be able to compete with me regarding this.

**Examples of Jealousy:**

- (i) Meanwhile, a friend comes to meet me who has a pen which costs Rs. 100. I see this and jealousy enters into my mind and I say to myself, I should have a pen worth Rs. 200/-.
- (ii) While thinking this, we suddenly get order of the love power to abandon hatred and jealousy and have love for everyone, think that everyone is equal. No one is small or big. If a pen creates disharmony, abandon it. Again, it is decided that the pen must be retained and we meet the consumption and restriction power.

**(ix) Consumption and restriction utilization power - middle:**

After struggling with all the supporting and opposing elements the use of the pen starts. One starts writing a letter. Old memories are then recorded in the letter. As such, the restrictive power orders that some urgent tasks of other colleagues are not being accomplished without the pen. Stop the use of pen, give it to your friend and give co-operation to each other.

As per the practice, all these functions of the above nine pairs get completed in a moment. Be it a large scheme/plan or be it a small demand, all the above nine pairs, knowingly or unknowingly, become self-involved in various tasks. It doesn't matter whether the proposals of the Supreme Being are being completely fulfilled or remain completely unfulfilled. Whatever tasks

are given by the Supreme being to the nine labor pairs, they are accomplished with the above method chronologically. In this way the functional form is a short/brief introduction to the great labor pairs of nature. This explanation gives rise to a new path for the wholeness of psychology.

Now we shall consider the last and the fifth consequential aspect.

## **5. CONSEQUENTIAL FORM:**

After the division of the atom consequent upon physical experiments the last electrical particle has positive, negative and neutral energy. These are known as results or consequences.

We find that the stony part of the mango, along with the co-operation of invisible and the visible elements, gives rise to a fruit and returns to a stone, Likewise, the Supreme being gives results by beginning from dynamism. Consciousness/naming, emotions, functions give results by taking along with them practical sciences of Physical and non-physical forms, Medical science, Natural science and regulatory logistics, idealism, Aesthetics, capitalism, socialism, violence, non-violence in consequential form. All this happens in the same manner in which a mother feels about the milk in her bosom. In the milk, only the mother is not concerned. The milk is related to all the external and internal processes of the universe. Example, if the planets, stars of the universe collide with the earth. There shall be no earth, no existence, no milk of the mother, nor will there be any stone of mangoes fruit. From this it is clear that external and internal assistance of universe is with mother's milk. Similarly, the assistance of inanimate, animate and neutral is there in the result/consequences.

All materialists, fire, climate, land, which are found in solid, gas and liquid form and all non-physical thoughts, emotions in the form of knowledge-science, adversity, favorability, characteristic, evil, good, neutral, development destruction and all the processes following it come under consequential area. All these are contained in each other. Thus, we get Supreme being as a consequential result. This Supreme being brings the experts of all the subjects, researchers, all the religions, organizations, regulatory institutions, which are



engaged in bringing human-welfare, out of their conflicts and is providing a way to fulfill their wishes.

## **2. EPISTEMOLOGY**

In the mental area, it became difficult for philosophy to decide whether epistemology is based on metaphysics or *vice versa*, or they are complimentary to each other? Now that the Supreme Being (great zero) has been obtained, the above problem gets solved by itself. Knowledge originates from the Supreme being in a three pronged way, namely, the way 'for', opposite (against) and middle originate. We find for + opposite + middle = Complete energy, that is, knowledge 33.333% + ignorance 33.333% + neutral 33.333% = 99.999% Thus complete energy of epistemology is obtained. The problem itself gets solved as to where from knowledge came and where ignorance ended.

## **3. COSMOLOGY**

The explanation/investigation of the problems related to the origin and creation of the world falls under this area. It differs from Metaphysics in that in Metaphysics we question directly about the fundamental element but in cosmology we want to know about general form of the world, its origin, evolution, destruction etc. through the explanation of various phenomenon of the world. Whether the world has been created by someone or not, it is unchangeable or it evolves, world process is mechanical or it is having a purpose?

To solve this problem, an effort was made to present the concerned principles with the assistance of cosmology, metaphysics, physics, biology etc. Now with the attainment for Supreme being, on the lines of the solution of all the questions, the solution of this problem has been obtained as such.

This world is created 33.333% + expressed 33.333% + and neutral 33.333% = 99.999%; a world completely filled with energy is obtained.

## **4. THEOLOGY**

The object of theology is to explain the science of God or faith. If a study is being made regarding the form of God and the world under some

religious tradition, then it would not be covered under philosophy, because philosophy doesn't base its conclusions on any specific religion.

Theology and metaphysics have a close relationship. Some philosophers have considered God as Supreme Being. Some philosophers consider Supreme Being as beyond God.

Now, with the attainment of Supreme Being, we have started to get the solution of all the questions. The field of God is more associated with the field of devotion. By the end of tenth century the Indian thinkers had started to take interest in devotion, worship, prayers etc. Various religions are found in the world, which include devotion, dedication and prayers.

With the discovery of the Supreme Being, an undisputed path of God's devotion has been obtained. There is no need to change the culture of a place where a certain God is being worshipped. The need is to eradicate the sorrows of man. In other words, we can say that man experiences two elements - one is a series of causality, the other is the world of duality: auspicious-inauspicious, love-hatred, truth-falsehood, beautiful-ugly, etc.

The solution of the disputes related to the rules of relative-absolute has now become easy and possible. Now we have started to experience the wholeness of the energy. For that complete energy a wholesome systematic method of thoughts, heat, taste, and air balance/equilibrium created by mother nature has been obtained so as to reach mental, physical, familiar and financial wholeness. With this practice even if we want to remain sad, or we want to become ill, poor or to have attraction in the family we wouldn't be able to be so. First we should learn to balance thought, heat, taste and air equilibrium, then we would be 99% successful in devotion. Now it has become possible for our family to have happiness and pleasure. Now the society, politics, period of time all would prove to be our assistants and the main task of theology would appear to be realised.

## **5. LOGIC**

Study of justified/just thoughts and rules is the subject-matter of logic. Providing happiness to man by analyzing/investigating truth through reasoning is the principal target of logic. What we call happiness by reason is proved to be

sadness by an another argument immediately and we consider this world to be incomplete. But, now with the discovery of Supreme Being it has been proved that a neutral aspect would have to be added to the body of happiness - sadness and then the world would be declared as complete. In the prevalent atmosphere we like ourselves 33% and dislike 66%. Now with the method of supreme being which has three pronged balance of (i) thought (ii) heat (iii) taste (iv) air created by mother nature, we have begun to like ourselves 99%. The method to realize the goal of happiness, which had been made available by nature, has now been discovered after about 40 years of research. The following formula has been obtained: learn to form a balance of thought, heat, taste, air equilibrium and acquire complete natural energy. Thus the fundamental aim of logic - to obtain supreme being - has now been achieved.

## **6. AXIOLOGY**

Man, society and nation strive to achieve some desired object or the other with which he gets satisfaction. That which is considered to be the importance of an object is its quality and value. There are two prevalent branches for the importance and to determine the value or importance of an object -

- (i) Ethics
- (ii) Aesthetics

### **(i) Ethics:**

The factuality of ethical consciousness of mankind, that is, good-evil, ethical-unethical, favorable-unfavorable, auspicious-inauspicious etc. is searched for in Ethics and ethical and unethical values are established. This creates an endless dispute.

### **(ii) Aesthetics:**

Aesthetic sensibility is to make the difference of the beautiful and the ugly understandable. In the nature world, art and man's world we term some objects as beautiful and consider others as ugly or less beautiful. But such decisions are not supported universally. With the discovery of the Supreme being the solution of problems relating to ethics and aesthetics have been obtained, where in ethics + non-ethics + middle = complete energy obtained.

The aim of ethics is achieved and complete energy of beautiful + ugly + middle is also obtained which makes human mind feel beautiful/sublime. First we must learn to balance thought, heat, taste, air equilibrium and then explain axiology. The entire success seems to be created by nature.

With the discovery of the Supreme Being, the answers to unsolvable questions have started to become available. Some examples are -

## 7. "WHO AM I?"

"Until we know more about our selves we must recognize that we are moving forward blindly in a world whose patterns are constantly more complex and hazardous (See - "New Frontiers of the MIND", Page- 4, Publisher: J.B. RHINE FARRAR & RINNEHART, Toronto/New York).

"The unconscious, according to Freud includes all those psychic manifestations of which the person is not and can not be aware". A.A. Brill, Basic Principles of Psychoanalysis (1949), Washington Square Press, New York.

The form of mind according to *Rigveda, Gita, Mahabharata, Manu Smriti, Vajasaneyi Samhita* and *Shrauta Sutras* is thought, intention, decision, desire, inclination etc.

Shri Krishna, in the *Gita* says "The mind is indeed restless. Its suppression is difficult".

"Aham Brahmasmi", "I am universe, I am the best", say many thinkers.

"Jiva Svabhavena Dushta", "By nature I am evil" is a prevalent proverb.

From the above it is clear that knowing myself is difficult. To remove such disappointment, the summary of my experiments is given as follows:-

I am complete energy bound in the union of the following three forms:

I am doer + I am non-doer + I am neutral = I am complete energy.

**I am a doer:** I am a child about to take birth, I take birth and cry. To take birth and to cry is considered as some activity. Thus, I am proved to be a doer the moment I take birth. This is my doer form.

**I am a non-doer:** I am a child about to take birth, but I do not want to take birth. I don't want to cry, but still I am crying. If I were a doer, I would have neither taken birth nor would I cry, I would be free from the bondages of life-death. I am being born with the assistance of other powers and I am crying. Thus it is proved that I am a non-doer.

**I am a visionary/spectator:** From the above explanation, I prove myself both as a doer and as a non-doer, whereas I am one. I am in a dilemma by finding myself in two aspects and to keep myself away from this dispute. I take assistance of Yoga-meditations and by adopting these means I get away from this dispute and become a visionary/spectator. That is, I declare, I am neither a doer nor a non-doer; I am only a neutral spectator who simply watches.

From the above explanation it becomes known that I am one and I am proved in three forms. This condition puts me even in a more difficult dilemma as to whom among the three, viz., the doer, the non-doer and spectator should I consider my form and whom not. On the basis of the three-pronged wholeness obtained by the sum of left + right + middle, we can get the solution of the above problem. The following is the formula:

$33.333\% \text{ I am doer} + 33.333\% \text{ I am non-doer} + 33.333\% \text{ I am neutral} = 99.999\% + 0.001 \text{ Great Zero (nature)} = 100\% \text{ completeness.}$  Because I am a part of nature, I myself - I am "nature". The characteristics found in nature are inherent in me. Now it has become easy for me to understand 'who am I?'

## **8. WHAT BELONGS TO ME?**

Our restless mind always wants to know as to what is under our control. Something which no one can take away when we are happy we answer ourselves that body, family, employment, residence, society, nation and twinkling stars and moon in the sky, all are under our control. In contrast, during sad moments we say that my mind, body, family all are against me. When our body and mind do not belong to us, how could the society, nation, stars and moon be ours? We have to lead our life by living in this kind of world which is full of dilemma. The creation of nature appears to be mysterious, sad and incomplete. So as to do away with this disappointment and to lead a

systematic and well- defined happy life, a natural path has been obtained on the basis of supreme being, the equation of which is as follows:

I have everything 33% + I have nothing 33% + I am neutral 33% = I have control over 99% wholeness energy.

## **9. WHAT DO I WANT?**

Among the never-ending demands, what should I like and which are the things which I should leave? For this question, the answer of my mind is - I am a part of nature and thus I myself am nature and consider myself as the owner of the world. Unless and until there is a proper arrangement of employment, food and clothes, I concentrate on removing my poverty. After fulfilling the need of a house, if somebody asks me as to what do I want, I reply proudly that I want nothing. And the very next moment, after giving this answer, I present and also face endless demands. Why do I this, I don't know myself. I want to free myself from such kinds of things, but get more and more entangled in it. There is disappointment everywhere. But, with the discovery of the Supreme Being, I have come to know that my demands are thought, heat, taste, temperature- balance and I am now fully satisfied.

## **10. FAMILY**

From the point of view of philosophy (social), it has now become possible to obtain complete energy in family. Family is a link between an individual and the society. Family is an institution wherein the members have all the assistance for security and progress. The leaders of the family have vast experience of running a family. Apart from father-mother, brother and sisters, there is a fine range of uncles and aunts, nephews and nieces etc. in a family. It is also called a joint family. The leader of the family makes all the efforts to establish each other, as mutual assistance group.

In a family man experiences complete security, but, on the other hand, he feels restrictions, suffocation and subjugation. This condition is experienced by poor-rich, educated-uneducated, man-woman, child-adolescent, young-old sometime or the other which can prove to be fatal. The system and love of the family get disturbed. With the new discovery of the Supreme Being we can

stop this volatile situation. The affection of the mother nature in terms of thought, heat, taste, air-equilibrium has been found. With the practice of this for 30 days the incompleteness of the mind and the volatile situation starts diminishing. The leader of the family would first have to learn the formula of thought, heat, taste, air-equilibrium. It is a part of our nervous system. Then and then only the family would have access to success with complete energy.

## **11. SOCIETY**

We are well aware of the fact that man cannot safeguard human existence by being separated from man and if man wants to safeguard his existence he will have to establish proper relationship with his fellow human beings. The social relationship of the individuals is known as society.

Every man, society and institution, want to have good relations and pleasantness with each other. The crucial/critical/subtle thoughts of a leader are responsible to make the above desire unsuccessful. There is a continuous struggle of the following three thoughts in the critical thoughts/ideas of the leader-

- (a) One thought says, do it.
- (b) The second one says, don't do it.
- (c) The third thought says, let us think about it and then decide whether to do it or not.

One cannot have pleasant relationship without solving the three-pronged struggle because three kinds of thoughts are continuously present in man's mind. This is the main problem of the society. The ideological war goes on.

The solution for the above problem has been achieved with the attainment of the Supreme Being as below:

01. The fear created by the three types of thoughts makes the body and mind of man scared. Stress gives rise to all kinds of physical and mental diseases. All the social institutions and their leaders know that stress is the main cause of all diseases. Extensive schemes are being made to get rid of the stress and they are being properly implemented. The benefit experienced by the society is up to 33% only whereas the schemes aim up to 80 to 90%

benefit. The question is, how to attain complete benefit? So as to get rid of this disappointment, the leaders and the executives of the society would first have to learn the natural and secret system and by taking benefit of thought, heat, taste and air-equilibrium they will have to make themselves happy and provide 99% of benefit to the entire society. After acquiring this energy it would then be possible to distribute this energy to each and every individual of the society. In this way 99% natural energy would be distributed to all

## **12. POLITICS**

After being elected as the President of America, Barack Obama, in his first address, said- "Our and their stories may be different but all have some destinies." cf., *Dainik Bhaskar*, Jabalpur, Page-8, 6 November 2008.

The leaders of the world have arrangements to acquire every kind of knowledge, that is, from the above address of the President of a nation like United States of America it becomes clear that the world does not have knowledge through which the destiny of each and every one could be the same. Why search for one destiny could not be made? When science was asked, it answered that philosophy should be consulted regarding this. When philosophy was asked, it answered that there is a dispute between inanimate-animate and the neutral for being the Supreme Being. Till this dispute is disposed off, the above problem can not be solved.

Now we have the solution for the disputed problem. With the universally accepted Supreme Being a 'destiny' had been obtained. The power which gives birth gets the status of the mother. The affection of the mother has been found in nature and this nature-mother intends to make everyone a King. Like the mother's milk taste, heat, air and thought-equilibrium is now available with us for the fulfillment of this feeling. If our leaders examine it and take its benefit, the entire humanity would soon have its benefit and the aim and objective of politics would be 99% accomplished.

## **13. ECONOMICS**

With philosophical point of view a new path for economic completeness is presented here. The field of economic was established for the benefit of



mankind. A well-to-do person, who is rich economically, can benefit himself only 33% and lead 66% life in uncertainty. When a well-to-do and rich person remains 66% sufferer, then how could it be possible for a poor person to have benefit of 99%? With the discovery of new Supreme Being, a 99% welfare of poor-rich, educated-uneducated, all persons has become possible. Man would have to learn thought, taste, heat and air equilibrium.

#### **14. PHYSICS**

The exhibition of the neutral element lying hidden between the waves and particles of light was earlier impossible. This has been made possible with the discovery of Supreme Being. Physicists had presented the principle of supplement, but were not successful. Now the path of complete energy of light, i.e., (i) waves, (ii) particles (iii) neutrality = complete energy has been obtained which would shortly be developed further.

#### **15. CHEMISTRY**

After atomic fission, an empty space is found amidst electron and proton in an atom which is middle or neutral, due to which properties could not be obtained. With the discovery of Supreme Being, the properties of neutral have been made clear. A detailed description would shortly be presented in future.

#### **16. THEORY OF WHOLE TRUTH**

Behind the real form of reality there lie many false and illusory forms which may be based on myths, traditions, assumptions, prevalent beliefs and logical statements. In this way, the path from the falsehood towards truth is a one filled with difficulties. Researches were done to find truth in this world and the world was divided in three parts, namely, (i) physical, (ii) mental and (iii) neutral.

I have explained the whole truth with the addition of Physical truth + mental falsehood + neutral.

##### **Pomegranate as a whole truth:**

1. Physical truth - To know an object as it is, is physical truth. That is, 'Pomegranate is truth'.

2. Mental falsehood - The restless mind, after seeing a Pomegranate, asks as to how it was made, why it was made etc. We reach atoms while searching the answers for the above questions and still we don't find the answer. Hence Pomegranate is apparently proved to be false.
3. Neutral - Every phenomenon has three aspects. This is universally proved. On the basis of this, the physical truth and the mental truth of the pomegranate are proved while the third is present by itself. Only one of the three elements among physical, non-physical and neutral is not present. The union of the three works as an equipment to reach an indivisible union, and that is the whole truth. We find all the three elements, that is, physical - non-physical and neutral in a pomegranate. Thus a pomegranate is found in complete form.

## **17. HEALTH**

It is very difficult to explain as to what is healthy life and disease (cf., *Man Vs. Cancer*, Mir Publication, Moscow). We take birth easily but many complexities occur during our rearing up. With mother's milk we get complete physical and mental development in an easy manner. Thereafter our daily life becomes painful with a number of diseases. Now we have modern C.T. Scan, MRI, EEG, ECG, Sonography and Pathological tests to get internal information of the body and pathological agents. But we do not get satisfaction. Assistance of strong medicines and surgery is taken for treatment but all the efforts produce virtually no results. Man suffers a lot in such a complicated life. Now, with the discovery of Supreme Being, a path of complete health in medical science and daily life has been found. Physical examination, heat, taste, air and thought equilibrium have been discovered. It is equivalent to nectar, food and nourishment. Veterinary sciences and 135 pathies prevalent in the world are striving for getting the key to the sound health. Their aim can be accomplished by the Supreme Being. I have published two books, namely, (i) *Holistic Naturopathy*, (ii) *Tap-Santulana* (in Hindi) for detailed explanation of the matter which comes under the discipline of Applied Philosophy.

## **SUMMARY:**

We would know 99% whether a man is healthy or not and we would be able to keep our body and mind 99% healthy.

Man has been making efforts since time immemorial to explore the secrets of philosophical area with the small-big efforts of all, efforts of the readers and researchers. Now the supreme element has universally been obtained. Man's mind has discovered the secret of nature. The psychic world and the neutral world experienced the same phenomenon which the material world experienced with the advent of electronics. Now, even if we want to have a body having disease, even if we want to have mental stress and incompleteness in terms of wealth, we shall not be able to get that. The love and affection of nature is now available in the form of thought, heat, taste, air, physical/corporal examination.

### **18. GUARANTEE THAT THERE WILL BE NO VIOLENCE AND WAR (FROM MIND & FAMILY TO THE UNIVERSE)**

The civilization today is experiencing an even more important problem than the problem of life-death. We want to do away with the conflicts prevalent in this world. While man is trying to have control over the close-by space and making its use he is claiming not to let the devil of war reach the space (cf. the book- 'Maanva Jaati Ki Utpati, Publisher Pragati Prakashan, Moscow, Page-18).

#### **Solution:**

All conflicts and wars start from the man's mind/brain and then reach the family, society and nation. Today, both the winners and the losers of the war, have to face great tragedy. Both the parties have to face destruction. Despite knowing all this, why wars are fought? What is the complexity which inspires us for war again & again despite previous sad experiences? What is the remedy for it? If we glance at the thoughts which arise in our mind, we would be able to understand the conflicts as follows:-

- (i) The thought arises at one moment that one has to go to the garden.
- (ii) The thought also arises at the same time that one should not go to the

garden. The third thought is (iii) Think and decide as to what should be done. Thus, there are three thoughts at a time in man's mind. This is its biggest complex. This gives rise to wars. The rise of three kinds of thoughts simultaneously is not a creation of mankind. This is the creation of nature which has created the world. Why such a painful system was created in the restless mind by the great power? The answer to this was found by Santulanvada. We have come to a conclusion that nature has given wholeness with this three pronged creation so that man can experience new happiness everyday and feel equality in every other person. Even man is a part of nature, that is, every man is nature and every man has for 33.33% + against 33.33% + neutral 33.33% = 99.99%, that is, wholeness is inherent in him. In simple language it can be said that man has wisdom 33.33% + ignorance 33.33% + neutral 33.33%, that is, 99.99% wholeness is present. Nobody is created having one or two aspects. As in electrical power there is positive, negative and static electricity and the combination of the three gives powerful electricity, man is a three-pronged nature's powerful agglomeration. Nature had made a three-pronged treatment (sweet-salty-mixture) for man's body and mind. This creation explains nature's law. Even if we want to, we shall not be able to indulge in war. Like mother's milk, nature has made available cold, hot, middle to remove our conflicts, to provide holeness and a system to convert war, in the complex mind, into three-pronged holeness.

EQUATION : Peace 33.333% + Ward 33.333% + Middle 33.333% + Nature 0.001% = 100% peace Guarantee from nature.

### **19. NATURE'S LAW HAS ITS OWN THREE ASPECTS (FOR - AGAINST - MIDDLE)**

The principle with which the great nature creates, develops and destroys has now been explained clearly. For - Against - Middle (inanimate - animate - neutral) are created from the great zero, that is, physical/material - mental - neutral and three segments originate simultaneously, that is, they do not originate before or after each other. We don't have in our dictionaries any word which could exhibit the sum of all the three events. An effort was made to

describe the sum with complex or whole world, but an exact word denoting it could not be found.

## **20. PRINCIPLES OF RELATIVITY TOO INCOMPLETE**

**Question:** Why there is not a complex word to exhibit the sum of the three?

**Answer:** Mixed is one aspect and unmixed is another aspect, while the third aspect is middle. Any complex word does not have the capacity to explain the three phenomena simultaneously.

**Question:** Why is that?

**Answer:** The thinkers did not, and could not, imagine from any point of view that for + against + middle (favourable + adverse + middle) world ever be united.

It was not possible to imagine that the antagonistic could be added to the supportive and then neutral could also be added to them. That is why our dictionary does not contain any such practical word. So, to solve this problem, I have chosen an abbreviation FAM for For - Against - Middle and discussion on the word 'Famis' called Fam (Famism, in Hindi Pavimvad). To exhibit the vaada (principle) of nature, I use the make-shift word 'Pavim'. Pavim seems to have the capacity to exhibit negative + positive + static electricity together. The Pavimvaada, filled with energy, exhibits the entire activity where the great scientist Albert Einstein had not been able to reach. He declared the two elements, namely For - against as important and did not (or could not) explain middle. He established the law/principle of relativity. He said that it seems impossible for man's brain to understand the complexities of nature's law, Supreme Being and human mind. Virtually these problems are more complex than the most complex rules of Physical laboratories.

## **21. WHAT SHALL BE CORRECT SEQUENCE IN**

### **The Hen, The Cock, The Egg?**

#### **Is there possible Holism in the Wheel of Time?**

The wheel of time related to Physics exhibits the greatness of nature. Man experiences all the three tenses viz., the past, the present and the future

very clearly indeed. When we look back at the wheel of time we find that every second the future converts into the past and we certainly don't have even an inkling as to how the present converts into the past. In this wheel of time, we have the watch to catch hold of the present and the astrologer/astrology has made standard watches. The astrologers make use of this watch and do their calculations. We, the human beings, can be made to be afraid, to have illusion or get confused through the wheel of time. This world can be divided into three parts so as to be rid of this fear – the physical world, the mental world and a neutral world.

An extremely secret problem present in the before, after and middle position in the wheel of time, which come under Physics, can be solved as follows:-

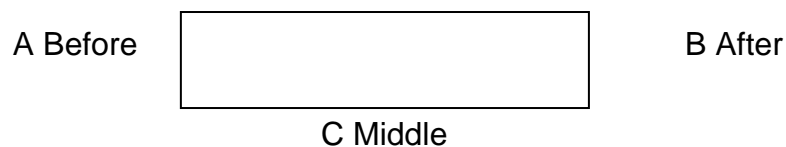
The sequence is of before and after in Hen-Egg (or, is there any other arrangement/system?) Dispute regarding this unsolvable puzzle has been going on since centuries. I have performed the following six experiments to solve this puzzle:

**01. BEFORE - AFTER - MIDDLE**

We shall draw a fine point on two papers with a pencil and would describe/ explain as such.

In the following linear diagram we shall call one point as C and would calculate Before - After - Middle in C as follows :-

Before - After - Middle



**Diagram No. 10**

- (i) Towards left of Point C 'A' would be termed as 'Before' aspect.
- (ii) Towards right of Point C 'B' would be termed as 'After' aspect.
- (iii) Point C in the middle would be termed as Neutral aspect.

Take the second paper and cut its 'C' point in air. We shall take a scissor in the laboratory and cut point 'C' again and again.

On cutting point 'C' we can feel the following actions again and again:

- (i) A aspect pulls the point, thus cuts towards itself.
- (ii) B aspect pulls the point thus cuts towards itself.
- (iii) C middle is gathering the point thus cuts in itself.

We will cut point C again and again and each time we cut point C Before, After and Middle aspects are produced.

**Conclusion:**

- 1. Before - After - Middle aspects are indivisible in invisible sphere. This creation containing dualism is of nature and is not created by man.
- 2. That which is cut by scissor takes rebirth. Under such circumstances, we get wholeness or totality when we deduct wholeness from wholeness.
- 3. There is no indifference in invisibility; we find dynamism here.

We find the following equation from the above explanation:

Before + After + Middle = are together indivisible.

**Question:**

If Before - After - Middle together are indivisible, it means that Past - Future - Present too must be indivisible. If Past - Future - Present are proved to be together/simultaneous, then the above equation would get recognition.

**02. PAST - FUTURE - PRESENT TOGETHER**

Nature has presented this world in Physical, Mental (logical) and Neutral form, wherein

- (i) In the physical world, past - future - present are exhibited separately by clock/watch, calendar and panchanga. By looking at the calendar we may not believe that past - future - present would be interlocked. No one would be able to prove them to be indivisible because we see a clear division.

- (ii) *Santulanvad* has proved that these three are indivisible in the mental world. For example -
- (a) We would place a watch in front of us which shows one thousandth of a second.
  - (b) We shall note its time.
  - (c) Assume that the time is 2 hours 15 minutes and 1/900 seconds.
  - (d) Now we have to see 20 past two's 1/900 second. We would observe the watch with this aim.
  - (e) As soon as our watch shows the time of 200 past two, we would get ready to catch the 1/900 second.

As soon as the clock strikes 1/900 second we would try to catch it and then we would see whether we were able to catch it or not. We would find that it has now become a part of the past. This phenomena not only contains comes (future), goes (past). The third element is also present. That is, we obtain Past - Future - Present as indivisibles. That is to say, all the three are proved to be indivisible in mental and logical areas.

- (iii) The function of neutrality is performed by the present (vide, Prevalent School of thoughts of Science and Philosophy).

### **03. WE CAN SAY - YES. HOLENESS IN THE WHEEL OF TIME**

**Question:** Do we find the three interlocked with each other in mental areas of practical life?

**Answer:** Yes, the three are interlocked biological points of view in the practical area. I am fifty years old and it seems only a second of my life has passed. Thus, we find that every second of the future becomes past as soon as it enters into the present and in our practical life we feel the past, future and present together. Thus we can say - Yes. Holeness in the wheel of time.

What can be the object of the great nature in this maze created by it? It is explained as follows:-



### **Principal Aim:**

We would discuss the following four points before answering the question 'Hen first" or the 'egg'.

- (i) What is the basic meaning of this question?
- (ii) The prevalent schools of thoughts of science and philosophy.
- (iii) The problems and disadvantages of not obtaining an answer.
- (iv) The advantages of obtaining/finding the answer to the question.

### **What is the basic meaning of this question?**

**Answer:** It is clear that hen comes out of the egg. But from where came the first egg? And, if the hen produces the egg, from where originated the first hen? What is an egg?

On looking at the egg we find that the egg contains a mixture of hen's ovum and cock's seeds/semens. Then there is a third membrane covering it and this is the form of an egg. Now it remains to be found as to where from these three elements came in to being? The explanation is as follows:

#### **4. THE PREVALENT SCHOOLS OF THOUGHTS OF SCIENCE AND PHILOSOPHY :**

According to science, Before-After are relative and all are dependent on each other. But the pioneer of the 'Principle of Relativity', Albert Einstein, has said that relativity too must have limits. One may look at it from whichever angle one wishes. A mother can not be dependent on her child, that is, a child can not come before the mother. A hen can not be dependent on an egg.

According to a prevalent belief, Brahma has created this world and according to the thinkers there could not have been a seer/visionary when the world was being created. Brahma-Vishnu- Mahesh would have been born after the creation of world. Probably no one has the answer to this.

According to Dr. S. Radhakrishnan and Ryan Bach some events take place between 'Before-After' and the day man would have the knowledge of that event he would find himself nearer to nature. Renowned psychologist of Switzerland, Dr. Jung says that a person has the ability to exhibit the behaviour of both manhood and womanhood.

**Question:** What are the difficulties and disadvantages when we don't find an answer?

**Answer:** The turbulent or restless mind faces more doubts when there is no answer to the question. Man continues to fear. Experiments remain unfinished due to lack of knowledge of Before, After and Middle in the laboratories. Man finds himself standing at a distance to nature.

**The advantages of finding the answer:**

**Answer:** The turbulent or restless mind would stop doubting and there would be no fear. Laboratories of Physics would prove to be unctually complete. Man would find himself near nature.

**05. BASIC QUESTION ACCORDING TO *HOLISM*:**

**Question:** Whether an embryo takes the form with the union of hen's ovum and cock's seed or semen? Or, an another aspect is needed to form an embryo, apart from these two aspects? Nature has three aspects for everything, The question is, whether two aspects would be enough to farm an embryo.

**Answer:** There would be a third neutral (middle) aspect after ovum ('for' aspect) and seed or semen ('opposite' aspect). The neutral or middle is membrane and the membrane is the neutral over ovum and seed or semen. This executes the work of a witness. In the absence of the membrane, the embryo could not be united into one.

**06. FROM WHERE THE MEMBRANE DOES COME?**

The question arises, when the membrane, which is transparent in the embryo of men, is white in the embryo of hen, from where and how does it come? Two answers have been obtained after research :-

- (i) According to Chemistry - Every particle of an atom has an active formation cycle of Proton from Electron, Neutron from Proton and Electron from Neutral within themselves. This is reconstruction or recreation, not a chemical reaction.
- (ii) Where there is Before-After, Middle is always present. In other worLds, this creation is always executed by nature itself every

time. That is, nature executes the formation of egg (1) that is membrane, (2) Hen that is ovum - that is egg, (3) cock - that is seed or semen every time under its own direction. It is like the situation when we cut a point in vacuum with a scissor, nature forms left - right - middle every time.

**Answer in three languages for three worlds :-**

When we spent every second in the three worlds, we should be able to answer in the following three ways:

- (i) If we want to get the solution as per the language of the physical world, we would say, according to relativity: First hen, egg later.
- (ii) If we want to get the solution according to the language of mental, logical and world, we would say: hen, cock and the membrane are a simultaneous composition, and
- (iii) If we want to get the solution as per the language of the neutral world, we would say: we are a witness. In the eyes of neutrality, both physical and mental answers are correct. In this way, we find the solution of the egg, which has been considered as an unsolvable puzzle. We say cock, hen, membrane and great zero as Diagram.

- (1) Hen 33.333% (2) Membrane 33.333% (3) Cock 33.333%
- (4) Great Zero (0.001%)

Combines simultaneously the four to Begin creation it is 100% solution.



$$33\ 333\% + 33\ 333\% + 33\ 333\% + 0\ 001\%$$

**Diagram No. 11**

**22. COMPLETENESS OF PHILOSOPHY**

The birth, development and destructions of all the disciplines including our body, mind, wealth, family, society, politics, logic, aesthetic, wheel of time

physics, chemistry etc. is conducted by the Supreme Being nature and the method by which it is done in Ethics. It has become easier to experience and see now. Now it has also become possible to distribute such methods in the form of education to man. The responsibility of answering the unsolvable questions remained with us, that is, it is our responsibility to provide completeness to philosophy.

### **23. INCOMPLETE AT A GLANCE**

- (i) We would have to consider incomplete explanation as a basic property of nature (cf. *Quantum Mechanics* - Page 8, Ashok Sapre, M.P. Hindi Granth Academy, Bhopal).
- (ii) 'Nigam Neti - Neti Kare', that is it has no end. *Brihadaranyakopanishad*, Page-1139, Geeta Press, Gorakhpur.
- (iii) Every phenomenon has three aspects. For-Against are two important aspects from which projection takes place. Albert Einstein has not given any explanation for the third, the middle aspect, that is, we had to consider the property of nature as incomplete. On the basis of this literature, incompleteness is valued at 33.333%, completeness is valued at 33.333% and neutral is valued at 33.333%. With the sum of these the path has been opened to obtain 99.999% complete energy of nature and this is completeness of philosophy.

### **24. HOW THE NATURE HAS PROVIDED COMPLETENESS?**

In the Philosophy completeness has following 4 Division :-

- (1) Applied Philosophy.
- (2) Principles of Philosophy/Logic Philosophy.
- (3) Neutral Philosophy.
- (4) Neutralism

All the four segments may be understood for Nature's secret in this literature and with the following chapter published in English & Hindi books -

**(1) Applied Philosophy**

- (i) Temperature Balance
- (ii) Holistic Naturopathy.
- (iii) Peace-Chariot (Shanti Rath) commences.

**(2) Principle of Philosophy**

- (i) Santulanvaada
- (ii) Make yourself happy
- (iii) Undisputed Supreme Being
- (iv) Introduction to Supreme Being
- (v) Holism.

**(3) Neutral Philosophy**

**(4) Nature**

Literature - 35 books are under publication in English & Hindi both languages.

**25. COMPARATIVE PHILOSOPHY**

Comparison of traditional philosophy and new philosophy: Matri - Vigyana.

So as to give completeness to philosophy, Matri Vigyana has been introduced. A comparative study has been presented below to understand traditional philosophy and the new Holism easily.

	<b>Traditional Philosophy</b>		<b>A fixed law of nature</b>
1(a)	The dispute has been going on in the world as to which is the supreme being among inanimate, animate and neutral. There is disappointment because the dispute has not been solved.	1(a)	For the position of Supreme being, all three, namely, inanimate, animate & neutral are proving to be unworthy. All the three are originating from zero point. The disappointment and dispute ends with the attainment of zero as the Supreme being.

(b)	There is dispute whether there is God (Soul) or not.	(b)	Great Zero, is God (Soul). All of us, with negative, positive and stationary thinking can experience it.
(c)	It is impossible to feel Zero objectively.	(c)	Zero can be felt objectively (explanation - Page 32-44).
2	In the physics laboratory, zero point is considered indifferent.	2.	If in a Supreme Element area, we would get left, right and middle as many times the zero point is cut and these three fight with each other to be the owner of zero point in the same manner in which man fights for power. Zero is proved to be dynamic.
3	From where man originates and where does he is heading to? How is development taking place? Scientists, Philosophers are not certain that they know something for certainty (Dr. S. Radhakrishnan - <i>Satya Ki Ore</i> , 79) objective life is not considered in zero.	3	Man originating from great zero comes towards the three aspects and heads towards the three aspects. Dynamism, naming, emotions, action, consequence are arranged systematically, which exhibit objective life in zero. The diagram of which is shown on the last page.
4	It is not know as to from where electron, proton and neutron are taking birth.	4	Electron, proton and Neutron are originating from great zero, which can be experienced by a common man.
5	The atom is considered as Electron - Proton - Neutron but there is no definite knowledge about it.	5	Supreme Element give the systematic four footed law of nature (1) For (2) Cons (3) Middle (4) Nature.

6(a)	How would the human mind be bigger than an atom bomb? There is no definite knowledge of it.	6(a)	Mind is bigger than an atom bomb. Every mind has three aspects: (i) Supportive, (ii) Antagonistic, and (iii) Witnessing. The restless mind of a person, who is going to explode a bomb, has three feelings: (i) I should do (ii) I shouldn't do, and (iii) Wait, let's think. These three feelings would come and then it would be decided whether explosion would be done or not. That is why mind is bigger than atom bomb.
(b)	A successful method to control restless mind is not available.	(b)	According to the above description restless mind has three feelings, the control of which could be learnt in 15 days' training.
7	On the basis of preaching, orders we tend to get entangled in catching the favourable and abandoning the adverse. We don't have knowledge of middle (neutral) and that is why we feel incomplete despite having everything.	7	Nature has made three pronged completeness with favourable + adverse + middle. Nature has not made two-pronged disputed creation. Nature has provided happiness, peace, success, concentration, independence easily with three-pronged method. This has been made possible with 15 days' santulana-training and preaching start to become successful.
8	According to algebra, by placing values many religious	8	Supreme being has been proved with the sum of

	thinkers try to catch the Supreme being - God. Scientists, on the basis of geometry and arithmetic also present their views. Their desires are not fulfilled with all the methods.		geometry + arithmetic + algebra which is undisputed and universally accepted. We have found a method to realize full hopes in all the areas. (As mentioned on previous pages).
9	To control the mind, following things are available in the world - (i) Meditation, (ii) Yoga (iii) Satisfaction (iv) God-Worship (v) Entertainment, (vi) Exercise and sports, education, preaching. We get only partially or 33% success out of it. Even materialistically and spiritually sound person cannot have rest of 66% success.	9	Heat, taste, air, thought, equilibrium are 99% capable in controlling the mind. The restlessness of all belonging to physical, spiritual and neutral class is completely overcome. Such a system has been made by Mother nature. With only 15 days of training we can start having faith in it. What was impossible has now become possible.
10	According to Sigmund Freud no body has been able to, nor would be able to, know about sub-consciousness, psycho forms, desires, anger, infatuation, greed, love, hatred etc.	10	In the sub consciousness psycho forms, the desire, anger, infatuation, greed, love, hatred etc. have been proved as nine-laborers team, which can be understood by every person easily (As mentioned on previous pages).
11	It is not definite when man can become physically and mentally ill. Examination systems too are incomplete and indefinite.	11	With heat, taste, air, thought, equilibrium man can never become sick/ill. It is a natural system to control all kinds of physical and mental illnesses. Fifteen days of training is available. This system of love



			of mother is invaluable. Natural examination system has 99% certainty. (See- <i>Sampoornatavadi Prakritik Chikitsa</i> , Examination System, Page 27).
12(a)	To do away with stress and to bring concentration drugs are consumed. They are taken by man willingly.	12(a)	I am good + I am bad (evil) + I am middle = I am complete. By accepting this equation stress disappears.
(b)	What is in man's fate? War, destruction or peace?	(b)	With heat, taste, air, thought equilibrium one becomes free from stress in 15 days. We get concentration. One automatically gets unused to drugs.
		(c)	A peaceful life is in every man's fate/destiny. There will be no possibility of war and destruction.
13	Man is not able to lead his life with the ease with which and for which he takes birth. He leads his life with 33% happiness and 66% sadness. With various rules and regulations of State and society he feels that he is constrained and dependent.	13	With the help of heat, taste, air, thought-balance man can make his life 99% happy as easily as he takes birth. Mother nature has made this world a heaven and we can easily experience it.
14	Every individual preaches every other individual. Preachings of the great gurus become successful to a certain extent only.	14	Instead of preaching, one should practice training of heat, taste, air, thought. An energy would be formed in every individual (including the old and

			the children, men and women, rich and poor, pacifists and terrorists) with which preaching of the gurus would be cent- per- cent successful in life.
15	According to Albert Einstein. each and every phenomenon has three aspects, namely, for 33%, against 33% and middle 33%. He gave explanation of for – against, but did not explain the middle.	15	The explanation of the three aspects of every phenomenon is presented as per the Mother nature. For 33%, against 33% and middle 33% and the sum of the three is 99%. The explanation of middle, which was considered impossible, has become possible.
16	From where the first living being originated and where unicellular organisms came from? There is no universally accepted answer to this.	16	The first living being came from the following equation: (1) Electron + Proton + Neutron = First living being. (2) Zero + non-zero + neutral = first living being, (3) For + Against = neutral = Pavim, first living being (3) Before + After + Middle = first living being. Example (4) Hen first, egg first or any other system. Zero + non-zero + neutral = first living being. (5) Imaginary Physical + imaginary mental + imaginary neutral = first micro organism.
17(a)	It is completely impossible to explain the world in words. Three-pronged 'FAM' theory (Pavim-vada) too can not be	17(a)	The term 'FAM' (Pavim) is an abbreviation of For + Against + Middle. There is no word in the dictionaries to explain the

	clearly and easily explained.		labyrinth of nature. The Three-pronged completeness of nature can be clearly understood by the abbreviated word 'FAM'.
(b)	What is the object of creating the world? The answer remains disputed.	(b)	The object to create the world is to systematically enjoy the three-pronged game/sport ( <i>lila</i> ).
18	How evaluation/development takes place? There is no clear knowledge of it.	18	Nature does all development with the three-pronged method, which we can understand with word 'FAM'.
19	How does destruction or the end of the creation take place? It is not clear.	19	Destruction, end takes place from FAM (Pavim) which explains the three pronged system of nature.
20	Whether this world is created or creative, the dispute regarding this still continues.	20	This world is a combination of creative 33.33% + expressive 33.333% + middle neutral 33.333%
21	What shall we call undisputed? "If you tell us or show us or that, the issue is beyond disputes, we shall become your servant". Editor of <i>Blitz</i> weekly, R.K. Karanjia, dt. 27.07.1996, Mumbai. Philosophy, psychology, religion, history, politics, economics, physics, logic etc. every discipline is disputed. When the dispute seems to	21	Albert Einstein proved that every phenomenon has three aspects, viz., for, against and middle (neutral). Einstein explained for and against but not the middle. Santulanvada has proved the middle as completely objective and (i) based on division, knowledge of two aspects create disputes. (2) As soon as we learnt the method of combining three

	diminish, logic increases this dispute many folds.		aspects we get indivisibility, undisputed object, God. No dispute shall be found in three-dimensional method. Nature has filled easiest three-aspect completeness/wholeness in all the disciplines including body, soul, wealth, family, society, politics, logic etc.
22(a)	We cannot understand the language of nature.	22(a)	To understand the language of nature, there is this word Pavim, formed from the combination of for - against - middle. This word would have to be included in our dictionaries and we would learn three-pronged language of nature.
(b)	Men was illusioned when he was given the realization of ethics. Unless and until the dispute of ethical and unethical is solved, how can we think over ethics only? (Hans Reichenbech, Europe)	(b)	Ethical + unethical + middle = Wholeness is bestowed by nature.
23	Due to democracy in politics, people of all classes have an opportunity to be in power. All the rulers want to benefit the people but get illusioned by getting entangled in disputes. The goal of politics is not completely achieved.	23	In nature's politics the entire power is in mother nature's hands. Nature has created wholeness with three-pronged method so that everyone becomes a king. With the three dimensional method/formula, the aim of achieving the target

			of politics can fully be realized.
24	It is impossible to conquer diseases and germs.	24	It is possible to conquer diseases and germs.
25	Taste, which works for body all the time, includes sweet, salty, smooth, bitter, sour, insipid, cold. It makes man afraid of it and gets entangled in disputes. Food, nutrition, science and medical science can give only 33% satisfaction and 66% remains unsatisfied.	25	In the area of taste nature has made system of 33% sweet for + 33% against salty + middle 33% mix-taste. With this three-way arrangement the body receives energy every moment. With this, man's fear and dispute towards taste ends. (See, Sampoorntavada Chikitsa, Page 18-19).
26	In modern medical science, mechanical examinations like CT Scan, MRI, EEG, ECG, Sonography take place. Pathological tests are done for the diagnosis of diseases and accurate photographs of brain are obtained. But these can't be used to show physiological changes such as electrical movements, metabolism, flow of blood etc. Thus only 33% satisfaction is obtained.	26	With the new discovery it has been proved that the body contains three-phase electricity - positive, negative and static. For the examination of the three phases -  Prevalent mechanical method 33% New discovery 33% Middle 33% <b>Total 99%</b> It is now available and would provide full satisfaction. The training of the same is also being given.
27	The essential requirement of every man is employment, food, clothes, house and money. These are obtained by the forest-dwellers,	27	According to the new discovery, if forest-dwellers, rural and urban people take 15 days' training of heat, taste, air and thought equilibrium, they can

	villagers and urban people in their own way. They do not get complete satisfaction. They get about 33% satisfaction.		get 99% satisfaction. There is no doubt about it.
28	Man has endless demands. He can't experience, 99% fulfillment of all his demands, they are not fulfilled.	28	With the new research, the demands of man have shifted from the infinite/endless to wholeness (completeness), reason being, every man is a part of nature. He himself is complete and hence his demands are also liable to be complete. With the training of 15 days regarding heat, taste, air, thought equilibrium one can start having 99% of happiness and pleasure for the fulfillment of demands.
29	Financially, financially well-off individuals also have pains & hardships. They achieve about 33% physical happiness, satisfaction and 66% dissatisfaction remains. There has been no serious thinking regarding this.	29	The pains and sorrows of financially sound persons can be removed by Santulanavada method. Nature has provided complete satisfaction to every individual with the combination of physical, mental and neutral dimensions.
30	It is a prevalent belief that philosophy is the mother-science of all the sciences, but only about 33% assistance was received from philosophy. The answers of the rest 66%	30	With the attainment of for, against and middle of nature, the great puzzles of the world are now being solved and a method has been obtained to achieve 99% completeness.

	and unsolvable puzzles remained unsolved. For this reason, efforts were made to remove philosophy from its position.		Now philosophy is fully capable to remain established in its sound position.
31	Education is defamed 66%, useful only 33%.	31	99% useful and unblemished education has been obtained.
32	In medical sciences, rejuvenation is impossible. It is just an imagination. The age of man between 80 and 100 is considered to be full of diseases.	32	With the discovery of the Supreme being, completeness of medical sciences and rejuvenation has started taking place. Healthy and stress-less life of 400 years has now become possible.
33	World is full of illusion, incomplete and hell.	33	A systematic law of nature in this world has now been obtained. According to this the world is felt like heaven with incompleteness + completeness + neutral = complete energy.
34	The routine of daily life is full of disputes. There is difference of opinion as to wherefrom to start.	34	Start daily life with heat, taste, air and thought balance. Undisputed agreements start happening.
35	"Our food is our medicine, our medicine is our food". No practical method is yet available for approval of this statement.	35	The practical method for the said statement has cent-per-cent been found. See - Sampoornatavada Prakritik Chikitsa.
36	Ignorant of the use of the basic elements of physical nourishment, viz., sweet, salty, scalding hot, icy cold in daily	36	With the discovery of the Supreme element a natural method has been obtained. Consume/eat very sweet, very

	use, man is gradually becoming fearful.		salty, very hot and very cold dishes. Get away with fear up to 99%. Acquire training.
37	Important/Senior positions and large amount of money appear to be pleasant from a distance. When acquired, they become painful. Labour becomes painful and development stops.	37	Senior or junior positions, when acquired, appear to be similar with balanced method. Labour becomes pleasant. Development becomes manifold.
38	Due to lack of mathematics in pulse examination in Ayurveda, its teaching is being stopped in Ayurveda colleges. More than 25% work is being done by relying on modern tests.	38	Mathematics is fully included in pulse-examination based on Supreme being. Success rate is 85%. Mind becomes happy with the test itself. Fill in the form, get the test done and then only believe. Training is available (See- Peace Chariot)
39	We ourselves do not like our own selves. Success rate is 33%.	39	We get to like ourselves completely. Success rate is 99%.



## **THE DESIRE/LONGING OF ALL THE HUMAN BEING NOW OVER BENEFITS, HARMS & EVIDENCES OF THE SCIENTIFIC PHILOSOPHY**

**Question :** What are its benefits?

**Answer :** The benefits are as follows :-

1. Teaching of undisputed Supreme being/element would commence in B.A.
2. With the discovery of my Scientific Philosophy, the wishes of Reichen Bech and Birtent Russel would be fulfilled to an extent.
3. The general masses, institutions, religions, education, pacifists, extremists all would have a clear knowledge of Law of Nature.
4. Everyone would have knowledge of Philo (love) & Sophic (knowledge).
5. Meta Physics, which was considered impossible, has now become possible.
6. All subjects/disciplines were incomplete because of conflicts and system of law of nature was considered incomplete. Everyone became victim of getting caught in dilemma which caused enmity amongst people. Now everyone would have access to completeness/wholeness as bestowed by nature.
7. Education gives us a systematic path which is only 33 percent complete. Now education would give a path which provides 99 percent success.
8. Institutes, religion, education & thinkers, which had always wanted to serve humanity selflessly, became evil instead. Now all of them would prove to be selfless and there would be no blot on their service.
9. Ice eating is compulsory for the Islander. Now we can learn it.
10. Sweet-Salty-Sour-Jam, Cold-Hot how to eat and to digest according nature. Now we are able to understand for good health.

11. One kilogram happiness and one kilogram sorrow to all in equal amount.  
This leads to be the attainment of emotional holeness.

**Question :** What are the evidences.

**Answer :** There are two evidences, which are as follows :-

1. See Explanation of : Left Right Middle on page No. 21.
2. What shall be the correct sequence in the Hen, The cock and The Membrane? (Page 61-66)

The miraculous answer lies in nature's creation.

These two answers explain the system of law of nature. There are clear evidences.

**Question :** What are harms?

**Answer :** Nature has not created harm alone all by itself. Nature has created wholeness. We have to stop thinking of dividing it in benefit and harms.

Harm + Benefit + Middle + Nature = Wholeness

Yes + No + Middle + Nature = Wholeness

So as to experience this wholeness a four hour's duration course for training in taste, heat, thought & air balance is available which is based on nature's creation. You would feel convinced after training itself.

## HOW WOULD MAN ACCEPT THIS FOUR WAY OR FOUR FACETED EQUATION?

Every man would accept the four way or four faceted equation easily in the following manner :

- |    |                         |   |         |
|----|-------------------------|---|---------|
| 1. | My body is physical     | - | 33.333% |
| 2. | My body is mental       | - | 33.333% |
| 3. | My body is neutral      | - | 33.333% |
| 4. | Soul resides in my body | - | 00.001% |

Thus my body is four way or four faceted. This will be accepted by every man **100.00%**.

Every man has to face the consequences of conflict, but would become completely happy with this four faceted or four way natural system.

1. Sweet + Salty + Mix Sour Sweet Salty + Grand mother nature herself.
2. Cold + Hot + Middle + Grand mother nature herself.
3. Inhalation + holding breath + exhalation + Grand mother nature herself.
4. I am good + I am bad + I am neutral + Grand mother nature herself.

Thus, I am now no more incomplete. I am now complete.

The method of four way or four faceted method should be practiced for an hour for five weeks, 5 days. In this training we would start to experience the greatness of nature.

Everyone would start experiencing it with this four way/faceted method, everyone would learn to live happy among all its demands, similar to the way a lotus blossoms in slush.

# PART - 2

**PEACE-CHARIOT**

# **PEACE CHARIOT**

## **According Nature's Management**

- ❖ Transforms - Sorrows into happiness and disease into health.
- ❖ Successful discovery of Nature's Loving milk equivalent to mother milk.
- ❖ If we want to be a true loving being, it is essential for us to understand what is our own feelings.

# **PEACE CHARIOT**

## **According to the Nature's Management**

For fulfilling the desire of all including that of Science-religion, Poor-Rich, Man-Woman, Young-Old.

### **Peace-Chariot (Shanti-Rath)**

Transforms sorrows into happiness and disease into health.

New Philosophy has discovered Nature's Law in Wholism (totality).

Now Philosophy has proven to be most competent and capable.

Question:- Great Scholar, Philosopher and winner of noble prize, Bertrand Russell once had been insulted with the title, 'Poor-Philosopher'. Reason being that the world had started to believe that Philosophy deals only with opinions and imaginations. It cannot give practical and concrete laws/principles and Nature's Law. How can above discovery could then be possible?

Answer:- 'Necessity is the mother of invention'. All the scientists, including the Physicists demanded that disputes of Nature's Law, sorrows-happiness, good-evil, Pros-Cons should be explained by Philosophy. Fulfillment of these demands has now started to come logically with 50 years of research.

Example-

Law of nature- Good 33%+Evil 33%+Neutral 33% +Nature 1 %= Near holeness. Nature has created holeness everywhere but it had now been discovered completely.

(See Diagram on coming page)

The Philosophy, considered poor earlier, now has become the most capable discipline. This has been nationally recognized by the Council of Philosophy. This would next be recognized internationally in World Philosopher's Conference to be held in Athens, Greece. So as to take these researches to the masses, a Peace-Chariot on a Maruty Van would commence under the leadership of world famous Philosopher.

### **Eternal Peace**

The way in which nature made everything permanent, an eternal peace too had been made available by the great nature, which had been discovered under the patronage of Philosophy by way of undisputed Supreme Being and

organized law. It has now been used in daily life also. All the classes, including the ruling-administrative, farmer-trader, children-adolescent, men-women, rich-poor were 66% incomplete and were without peace. With the compliance of rules of Peace- Chariot, everyone gets 99% spiritual peace.

### **Prevalent Relativity System**

With the prevalent system, we are not able to like ourselves completely and achieve 33% success. When we study sorrows-happiness we find that which we call sorrow is proved to be happiness with logic and again with logic it becomes sorrow. Sorrow-happiness is the result of mind. Make condition of mind conducive, get satisfaction and make compromise which would make happiness possible. If we do not make compromise, we would feel happiness. As such, how would we get stable happiness and sorrows? Beneficiary schemes are made in all the fields but they are not being able to implement. Is the method of Peace-Chariot capable of doing away with this problem?

### **New Natural Holistic System-**

With this new Peace Chariot system, we began to like each other completely and we achieve 99% success. Nature is mother. Like there is love and affection in mother which gives birth to us, and which tries her best to remove our pains and sorrows, similarly our mother nature also has the same love and affection. This affection has been discovered by researches, with which a stable peace and happiness can be achieved. This discovery was as impossible as the invention of electronic devices and instruments. Necessities and demands of man have been fulfilled by science. Similarly, happiness which stays, has been fulfilled by philosophy.

### **Convert sorrows into happiness**

Two methods are available:-

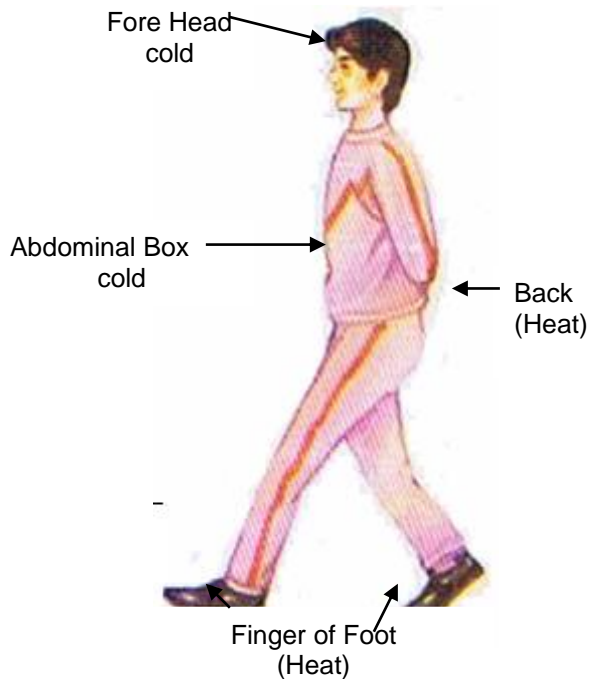
No. 1- By reckoning head, abdomen, back and feet.

No. 2:- By logical thoughts arising in mind.

**Method no. 1** :- By reckoning head, abdomen and feet.

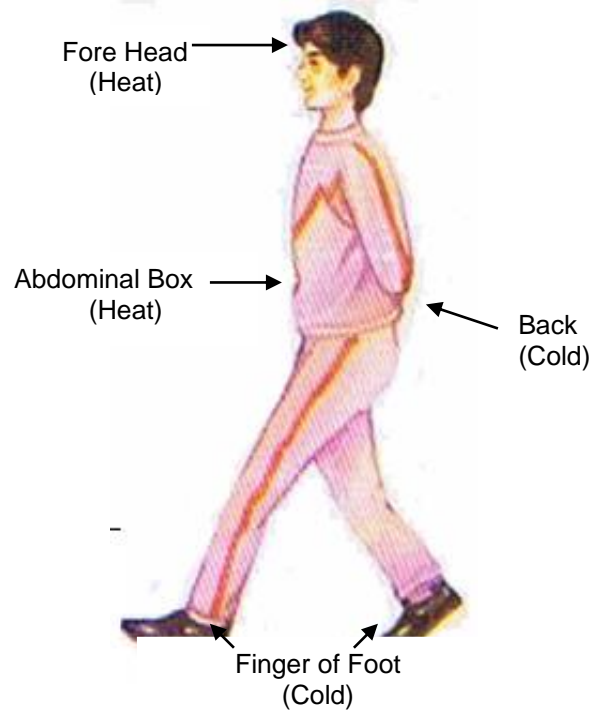
Nature has established happiness-sorrows objectively, which we can understand by the following explanation:-

### Healthy & Happy Man



(Diagram No. 1)

### Unhealthy & sorrow man



(Diagram No. 1A)

- Question - How to recognize stable happiness in reality?
- Answer - Happiness is present as heat in back and feet and as cold in head and abdomen. The method, to measure this in mathematical numbers too is now available (Diagram no. 1)
- Question - What is the identification of sorrows which stays?
- Answer - Sorrow stays as heat in our head and abdomen and as cold in back and feet. This is the identification of sorrow. (Diagram no. 2)
- Question - How to convert sorrow into happiness?
- Answer - With temperature, taste, air, thought balance and holistic medicine, feet and back becomes hot and abdomen and head becomes cold. This way sorrows get converted to happiness.
- Question - What is the time period of this conversion?



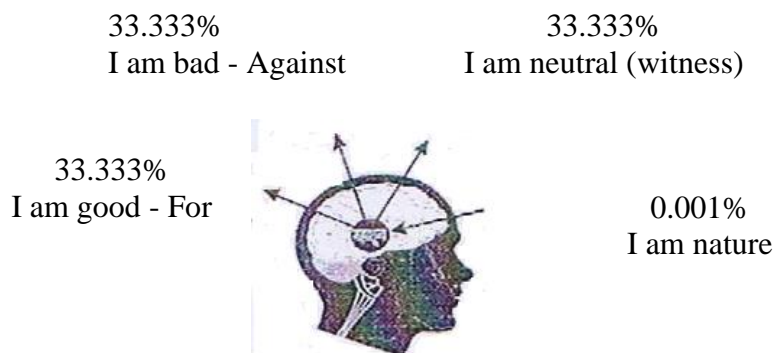
Answer - About thirty or more days. This time period can be determined by natural pulse examination and body examination.

**Method no. 2 :** Solution of ideological conflict with the logical thoughts arising in mind and the method to improve the character of child, youth and the old.

When somebody told me that I was bad, I used to become sad. But now I have come to know that nature has made me a complete being with a four way system. Now I accept my faults when someone tells them to me and don't get filled with pride when praised. I now know, I am complete. We can understand it by the following diagram :

- 1- For (my mind says I am good) (33.333%)
- 2-
- 3- Against (my mind says I am bad) (33.333%)
- 4-
- 5- Neutral (my mind says I am neutral) (33.333%)

I am nature myself (soul arises from great zero) 00.001%



**Diagram no. 3.**

I am 100% complete being, I am not incomplete

**Stress is the main cause of all diseases.**

With the above explanation, confidence replaces the stress present in mind and we get happiness instead of sorrows.

Feelings of suicide and disappointment disappear and our objects start to get fulfilled.

Question- Whether physical and spiritual happiness is one or different?

- Answer - Physical Happiness- The happiness obtained from various facilities and objects is called physical happiness.
- Spiritual happiness- The happiness obtained by way of prayers, devotion, yoga-meditation, satisfaction, entertainment, sports, media and sleep is called spiritual happiness.

**Both the happiness have following differences-**

- 1- When we achieve facilities and objects in physical happiness, we don't get happiness immediately. We have to tell our restless mind that the demands made by it have been met and facilities according to it have been obtained and that it can now have them. When mind gives acceptance we get happiness. If not, these facilities do not provide physical happiness.
- 2- In spiritual happiness, happiness is not gained by being immersed in mental waves. We have to take one step further. We would have to learn the natural method regarding taste (sweet-salty), (cold-hot) in nature made physical objects and to inhale-exhale, then only we get spiritual happiness, otherwise it is not possible.

Summary- Spiritual part is to be included in the physical happiness and physical part is to be included in the spiritual happiness.

- Question - Is complete satisfaction and happiness possible?
- Answer - Despite the great positions, wealth and popularity needed for complete satisfaction and happiness, the institutions and great persons are not able to achieve happiness which gives complete satisfaction and they declare that attainment of complete satisfaction and happiness is impossible. But with the new discovery complete satisfaction and happiness has become possible.

Love and affection of Mother Nature obtained from sweet-salt, Cold-Hot.

**Management of Nature about corruption**

- Question - How to convert the sorrow of corruption into honesty and happiness?

Answer - We are all very much disturbed by the corruption in legislature, judiciary executive and media sector. Instead of holding responsible each other, we would have to understand the following equation of the system created by nature-

Corruption 33.333+etiquette33.333+neutral 33.333+n nature itself 0.001=100% wholeness and we would have to take training for this. The sorrow of corruption would then be converted into wholeness.

Thus, under the patronage of Philosophy, stable happiness and peace and a method for converting sorrows into 99% happiness has been found.

Nature's system like mother's milk for making everyone healthy, happy and pleasant.

The following six trainings are imparted:-

- 1- Method for taking (1) sweet-salty Sour Mix (2) cold-hot (3) Hot sweet.
- 2- Include pungent, salty and sweet tastes in your food, create electrons, protons and neutrons and experience the energy.
- 3- Method to take oxygen after food.
- 4- Cold-hot-medium bath and temperature balance method.  
for removing body's and mind's pain.
- 5- Method for doing away with stress in thoughts.
- 6- Know a method for natural pulse examination whether body requires medicating or not. Victory on self nature.



## **Successful Discovery of Nature's : Loving Milk equivalent to mother's milk :**

The power of mother's milk - The mother which gives birth to us, is universally known. But as now the discovery of nature's milk has not known by anybody. Nature is our grand mother. Grand mother's loving milk invented it has become successful. Nature's milk has following four contents :-

(1) Taste Balance (2) Temperature Balance (3) Air Balance (4) Thought Balance.

Everybody can learn. Ask for training on Author's Address.

This method was discovered with the researches of 30 years (from 1960-1990). A research paper was presented in the three days seminar of Biology held at Rani Durgawati University from 3-5 December 1993. Thereafter, it's benefits were distributed to the general masses. This method has proved to be universally beneficial. This discovery had now become capable to get universal acceptance like Mother's milk.

### **HOW TO CONSUME SWEET-SALTY, PUNGENT, HOT-COLD**

**Precaution :** Training is compulsory for everyone.

**Introduction:- Love and affection of nature in temperature, taste, air proved.**

The answer to the above question must be known to Doctors, World Health Organization and nutrition experts. When they are asked, they answer that sweet-salty gives benefit as well as harm. According to them, there is no definite law as to when these items may become beneficial and when they might become harmful. The answer to this question is not possible because nature has created incompleteness. So as to get the solution of this problem, fifty years and millions were spent and discovery was made.

### **Taste-balance principal in food**

- 1- Sugar + Salt + Sour mix Jam taste & eat them hot (static electricity 33%).
- 2- Eat salty dishes cold (Don't eat hot salty products) (positive electricity 33%)
- 3- Sweet delicacies should be taken hot (don't eat cold sweet products) (negative electricity 33%)

**Note-**All the three when taken give energy, as when the three phases of electricity when completed gives light. Nature's energy will not be felt if we take any two of the above three.

**Question-** How can the knowledge of Biology, Psychology and nutrition can be possible through Philosophy?

**Answer-** The treatment done by Biology and Philosophy gives only incomplete relief to man's body and mind. As the treatment advances, disease and disputes become more complex. When causes for this were searched, it was found that body and mind were automatic instruments created by nature. It is natural that it has made creation with ease it would also have made arrangement for nutrition easily too. On the basis of this argument, it is clear that nature's law is essential for living beings. The ability to solve nature's law cannot be in any Biological laboratory. The responsibility to solve nature's law lie with Philosophy. All the sciences, including Biology, had been demanding Philosophy to solve this dispute. Now this demand has been fulfilled with researches. The way nature had provided an automatic system of sugar, salt, cold, hot, exhalation-inhalation (carbon-di-oxide, oxygen), Philosophy has fulfilled its obligation by discovering the law of nature. Now, it is the responsibility of Philosophy to distribute this pleasant discovery to everyone. For this reason three books have been published.

- (1) Temperature Balance (2) Holistic Naturopathy (3) Holism
  
- (2) Research paper, 'Victory over Germs' – This research was presented in a seminar held between 3-5 December, 1993 in Rani Durgawati University, Jabalpur. Since then, free consultation is being provided every Sunday. So as to spread its benefits, advertisements were published in news papers for many years and invited people with B.Sc., M.A. and PhD. degrees and systematic training was imparted to them. Teams were made which are now showing maturity. Successful demonstrations were made in Medical College, Jabalpur health camps and even in Ujjain. Natural methods for hot, cold,

moderate seasons have been found which would give full co-operation to modern medicine.

(A) Temperature balance method for summers



Diagram no.5

- (1) Drink salty chilled water (negative electricity), then immediately
- (2) Drink sharper hot sweet water or tea (positive electricity), then immediately
- (3) Drink chilled water mixed with sugar+salt.

(B) Temperature balance in winters



Diagram no.5

- 1- Drink hot sweet water or tea.
  - 2- Immediately drink chilled water mixed with salt
  - 3- Drink hot tea mixed with sugar+salt
- Drink the above glasses one by one immediately, twice daily.

Question- What is the scientific reason for drinking like this?

Answer- (1) Sweet hot makes expansion. (2) Salty cold constricts and (3) Mixed taste does rest (neutral) action. These also produce electron, proton, and neutron, the three electricities in the body.

Question- How can the benefits-harms of chilled water and hot can be understood?

Answer- Precaution (1) Chilled water affects the gums and causes pain in the body. It would not happen if salt is mixed in it. Everyone should drink chilled water with salt mixed in it. The benefit would be complete.

(2) Luke warm water softens the fat and weakens the body and mind, which acts as slow poison. Hot water should be taken with sugar.

(3) Those who take water on empty stomach would have to change their habits. Forty years of research has shown that body's strength decreases when one drinks at dawn. Only those persons can digest water who have the strength and those who don't have strength can not even digest half a cup of water. Adopt the above said new method of Heat Balance, digest water and increase body's strength. (Note – This method strengthens teeth & gums).

### **Natural Method of Food**

**“Let food be your medicine & your medicine be your food” – Hippocrates.**

“Taste and Heat Balance method” has proved to be useful in making the above saying completely successful.

(We have started adopting it and getting benefit from it).

Question- Food is cooked differently in different countries, time and society and in various geographic & financial circumstances. How would we choose the food there?

Answer – All the societies-families of the world which prepare veg non-veg on the basis of their experiences have nearly wholeness in them.

They remain incomplete because they do not have knowledge of the method of natural system of Taste-balance & Heat balance in their food. When we add taste and heat balance the above saying becomes true. The food becomes complete.

### **Natural method of taste and temperature in food for every season.**

Precaution – Eat sweet items hot and cold salty. Don't add salt-sugar while cooking food – Add them while serving them.

Method no. 1 –  
Add sugar, salt, and sour items, chilies and oil as per need in hot food and eat it while hot.

Method no. 2 – Cool the food, add salt as per taste or take salt added in water.

Method no. 3 – Heat the food and add sugar or drink sweet tea and milk.

Method no. 4 – Drink plain cold water as per desire.

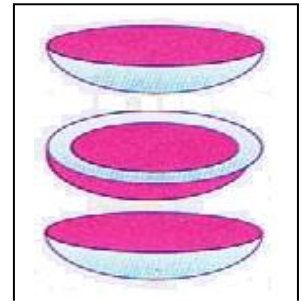


Diagram No. 6

**Question** - Explain with examples the quantity & use of food?

**Answer** – Take for example a twenty year old person who eats 6 chapatis, cereals, rice, porridge & vegetables. Then, he has to take these in the following three methods.

**According to method no. 1** – Two chapatis with cereals, porridge, vegetables and 10 gms sugar, 3 gms salt, sour item, ghee-oil, chilly when hot.

**According to method no. 2** – Two chapatis with cereals, vegetables when cold with 3 gms salt or chilled water with salt as required would have to be taken.

**According to method no. 3** – He will have to eat 10 gms sugar with two chapatis and hot cereals- porridge or take hot sweet coffee, milk or tea.

**Question** – How to eat sweet-bananas, Mangoes, Mausambi, Sugarcane juice, fruits and sweets kept in refrigerator?

**Answer** – Boil hot tea or water or milk and eat and feel immediate lightness in body.

**Question** – What is the evidence/proof of new discovery?

**Answer** – (1) Consultation is being given in written since 1993. No complaint has since been received. Now it has been confirmed completely. (2) Eat as per above method and feel immediate freshness in body.



**Question** – We are now afraid of eating sugar & salt. How to avoid this fear?

**Answer** – With holistic pathy & natural method has now been discovered to eat sugar-salt. With this method, the body becomes healthy. We would have to learn to eat sugar-salt and digest them in order to make body healthy and happy.

There are 135 pathies in the world. Each has its won method. It is essential to eat sugar-salt in our pathy. Holistic medicine is available as per requirement. All fear goes away with pulse-examination. Along with Germany, the biologists of the world are of the opinion that man's age ought to be 400 years. This can now be fulfilled with the sugar, salt & cold-hot method.

So as to do away with fear, eat sweet items like milk item Pera, Laddu, Banana by dipping it in sharp hot water or tea and get immediate energy.

If sweet items are taken cold, they cause idleness, heaviness. **Note** : Stomach/Abdomen becomes springy. While standing it protrudes and on lying goes in.

### **It is essential to learn to consume oxygen**

We eat food, we drink water but don't know to eat air/oxygen. The method to eat air/oxygen after meals is as follows:-

- (1) After evening meal, lift your hands 20 to 100 times above your head as per convenience. When we lift our hands and bring them down, our lungs inhale oxygen and this makes our body fresh when wake up in the morning.
- (2) After lunch, do the above exercise 20 times. It relieves pain and gas problem and we learn to consume air. It merely takes 2-4 minutes.
- (3) Exercise in the morning causes stress all day. The general masses should take advantage to avoid stress.

### **Temperature method to remove pain & to improve our nature**

Sit on a chair. Take cold water in a bucket and immerse both legs for 10 minutes. Take hot water in bucket and immerse both legs for four minutes. Again immerse in cold water for five minutes. Remove pain etc. with this method. Nature of children, young and the old improves with it.

## **Natural method of bathing**

### **(a) Summer method for healthy body (31° to 47°C)**

Bath with three ways – First bathe with cold water, thereafter put pleasant hot water on body, then bathe again with cold water. Thus, having bathed for three times one would feel that one has got to know the method of bathing for the very first time. Some germs are removed with cold water while others are removed with hot water. One can feel the affection of Mother Nature by bathing in this manner.

### **(b) Winter method for healthy body (0°C to 15°C) –**

First bathe with hot water, then bathe with cold water immediately. Then put pleasantly hot water on the body. You would feel that one has bathed for the very first time in life. Some germs are killed with cold water while some are killed with hot water.

## **Natural Pulse-examination**

To know whether medicine is needed or not, or if there is disease in the body, we can get answers with the new method and get results in 10 minutes. This was not even possible with modern instruments.

### **A new life for fast disappearing pulse-knowledge**

According to Ayurveda, pulse examination is done on the basis of Vaat (air), Pitt (bile) and cough which has now disappeared in many parts of the country. The teachers of Ayurveda colleges too are becoming ignorant of this discipline. Reason, the basis of pulse examination method was incomplete. New method has been discovered according to the nature, which is fully scientific. All the medicine pathies would adopt it gradually.

## **Natural Pulse-examination method- (Example for persons)**

### **Whose (Age over then 18 years)**

The pulse can be felt near the wrist of the hand. According to the diagram:-

- (a) When the pulse touches the wrist, the body is generally strong.
- (b) When the pulse is present half an inch away from the wrist, the body has obstruction & weakness.



- (c) If the pulse is present one inch away from the wrist, then the obstruction is more.
- (d) If the pulse is nearly two inch away from the wrist, there is possibility of heart blockage.

Holism method and medicine is capable of taking the pulse of D,C, B zone to Zone A. There is no danger of heart attack when the pulse is in 'A' position.

### **Abhorrence from intoxicants and drugs:-**

Now it is possible to hate all kinds of intoxicants and drugs like tobacco, hemp, opium, drug injections, and tablets. With taste, heat, air Holism medicine balance one starts to hate intoxicants. Hating intoxicants is better than making one try to leave drugs.

### **Convert fever into power:-**

Adopt taste, heat, air balance and medicines with which fever does not cause weakness. Instead man becomes strong and fever disappear.

### **Method to remove carbon-di-oxide from the lungs:-**

Take a long breath through nose. Hold it there for some time and then release it through mouth. Repeat this process ten times a day in the morning and in the evening. The carbon-di-oxide in the lungs would come out through mouth and we will learn to take fresh and pure oxygen.

### **How to be cool-cool:-**

We went to attend a marriage in Durg city. The incident took place at about seven in the evening in the month of July. The weather was hot and the humidity was making us very uneasy. Two of the four friends suggested taking cold drinks. One of the friends said that this uneasiness would be relieved with temperature balance and the heat would disappear. If we take cold drinks this

uneasiness would increase. One of the owners of a restaurant was asked to provide chilled water and hot sweet milk.

- (1) Everyone drank chilled water first with salt in it.
- (2) Then they drank sharp hot sweet milk slowly.
- (3) Then again chilled water with salt and sugar was taken.

The uneasiness due to unbearable heat disappeared. Next day, till we reached Jabalpur, no one felt the uneasiness caused by weather. Everyone said that this balance should be called cool-cool.

### **How to quench thirst?**

**Question** – Some times, when thirsty, we drink a lot of cold water and cold drinks and still we are not able to quench thirst. What to do then?

**Answer** – After drinking cold water or cold drinks, immediately drink sweet hot tea or sweet hot water. Then drink cold water immediately with salt as per taste. The thirst would be quenched with natural method.

### **How to follow rules when traveling?**

An easy method to have liquids while traveling-

- (1) Add half spoon sugar more in sweet heated tea, milk, or coffee. Then drink cool water immediately with a bit of salt.

An easy method to have meals while traveling-

- (1) Take sweet delicacies or sweet glucose biscuits with tea.
- (2) Take salty dishes or biscuits with cool water.
- (3) Add salt and sugar in hot sweet tea and drink.

Feel the great energy of nature immediately.

### **A brief Principle of Natural Temperature Balance.**

- (1) Summer – After taking cold take hot and then again take cold.
- (2) Winters – After taking hot, take cold and then again take hot.
- (3) Moderate climate – Take cold-hot-cold-hot one after another four times.  
(See - Heat Balance)

**Question –** What is the parameters of seasons/climate?

**Answer –**

- (1) Summers – 31 to 47 degrees Celsius
- (2) Winters - 0 to 15 degrees Celsius
- (3) Moderate - 16 to 30 degrees Celsius

Ask for Holism method of moderate climate and air condition.

Every Sunday from 3 to 6 free pulse examination and training.  
Address: Garha, Shahi Naka, Jabalpur, M.P. (India).

### **Holistic Naturo Pathy**

This pathy is capable of physical and mental re energisation.

Get easy treatment for the following diseases- Treatment by natural and ayurvedic medicines for Cancer, Kidney ailments, Coma, Blood Pressure, Chronic constipation, Diabetes, AIDS, Gangrene, Thyroid, Paralysis, De-addiction, Psoriasis, Blood Cancer, Polio, Heart diseases, T.B., Migraine, Hernia(Ladies and Gents), Pediatric diseases, Gyaenic diseases, Obesity, Insomnia, Respiratory, Piles, Anemia, Sexual disease, Leprosy, insanity, Fits, Stress, Depression, Fear etc.

- (1) You can also apply to be a member of council.
- (2) Become a doctor of Holistic Naturo Pathy and start your own employment.

#### **Manhohan Agrawal**

(Investigator/Researcher) Ayurvedacharya, (Publisher)  
Secretary Varisht Jan Kalyan Parishad  
Shanti Masale, 1256, Shahinaka, Garha  
Jabalpur, Ph. 0761-4010243  
Mo. 09685310559  
E-mail- [mmagrawaljb@gmail.com](mailto:mmagrawaljb@gmail.com)  
Visit us at [www.shantirath.org](http://www.shantirath.org)

#### **Special Note-**

Mahatma Gandhi gave India her independence. Holism resolved to liberate this world from conflicts.

**Precaution:** Don't start without training. Training is compulsory for everyone.

# PART - 3

## HOLISTIC NATUROPATHY

New Discovery

## **HOLISTIC NATUROPATHY**

**"Let Food be your medicine &  
your medicine be your food".**

*Hippocrate*

The above puzzle saying to be useful by taste and Temperature Balance method. It is the main foundation of my Holistic Naturopathy.

### **Completeness in Medical Science**

In this world medical science would only be complete if the mystery/secret lying between sweet, salty, sour, hot, cold and middle is known to us. Because a disease caused by such micro-organisms. They had so many conflicts but Holistic pathy solve them completely.

- ❖ How to eradicate one of the most dangerous problem of the world 'Malnutrition' with food.
- ❖ An age of 400 years possible or not.
- ❖ Many toxic substances are formed in body, stop them from building inside.

Beginning of a health revolution akin to electricity revolution.

## **A few words Regarding this Book**

The ascetics (Rishis-Munis) in the ancient India used to practice various naturopathies, but lots of ancient medical systems are now lost. May be holistic (Balancism) naturopathy medicine too was present among those which were lost. I have been conducting small experiments since 1960 to search for the same. It can be distinguished into three parts; (i) Pregnancy period from 1960 to 1990; (ii) Childhood from 1991 to 2004 and; (iii) Now the youth period has commenced, which is instantly proving to be a beneficial pathy. Permanent benefits are obtained with the use of this system. For example; I was suffering from Anaemic & I was unhealthy. Then I applied this pathy as experiment on myself, by this now I am totally healthy. Now it has become possible to witness an easy rearing up and all round development which is akin to the case with which we take birth. We also get to witness the great motherly affection of nature. Nature has made available three prong completeness instead of two prong conflict in every point; like

01. Sweet + Salty + Neutral + Nature = Completeness of taste.
02. Hot + Cold + Middle + Nature = Completeness in temperature
03. Inhalation + exhalation + holding the breath + Nature = Completeness of breathing.

As explanation was not available for the above equation, all the pathies of the world were not able to use the beneficial system of nature. There was no error of any pathy. Nature herself is making use of this four pronged method to run this creation. Diseases which were proving to be incurable are coming under control with the achievement of four pronged method of nature. Children, adolescent, old, men-women all are getting benefit by this. The number of people benefitted from it is increasing in Geometrical ratio.

**Manmohan Das Agrawal**



## LITERAL MEANING OF HOLISTIC NATUROPATHY

For + against + middle + Nature = sum of the four = completeness.

Positive + Negative + Neutral + Nature = The sum of the four completeness.

The literal meaning of nature relates to creation building element, the supreme-being, God and the Lord of the world. Thus this medicine/pathy is a pathy which is of nature, bringing completeness. Hence, name Holistic Naturopathy has been assigned.

01. On one hand, nature works according to systematic definite rules, while on the other hand
02. Nature is found as a labyrinth, mysterious, illusory and indefinite rule; like: (i) Bacteria, Virus, Hot, Cold, Salty, Sweet etc. spread diseases, and (ii) The body becomes healthy with Bacteria, Viruses, Hot, Cold, Salty and Sweet etc.
03. Neutral (Middle)/Witness keep everything into account.
04. Nature itself eternal and present everywhere.

### **Why there are three contrasting forms of nature?**

With the above three contrasting forms many toxic substances such as Lipoprotein, Polysaccharides, Nucleic Acid etc. are formed in the body. These are the result of natures creation and men has no fault in all this.

Why is there three pronged Creation of nature?

On trying to obtain the answer for the same, we can analyze Dr. Sarvapalli Radhakrishnan's, Albert Einstein's, Reichen Bach's etc statements and find that nature has enthused three aspects in every point.

Electronic world has made use of the middle in these three aspects and started material revolution, but this revolution had become stagnant as the knowledge of neutral in physical and mental area was not made useful in a routine manner. These experts had declared that the day this daily useful knowledge of "neutral" is made accessible to men, there shall be physical and mental health revolution. Holism discovered this daily useful knowledge of "neutral" and started spreading revolution in physical and mental areas. Question - How to understand "neutral"? Answer:-

### **Discovery of Neutral in Medical Science**

01. We can understand neutral with the following two examples :-

- (i) Neutral aspect in embryo
- (ii) Neutral aspect in thoughts

#### **Neutral aspect in Embryo :**

It is prevalent that Embryo is formed with the union of sperm/semen of male & egg of female, which is completely wrong. Embryo does not form into a mass until a neutral middle (membrane) binds the two. Without this membrane an embryo will not form & both sperm and egg would get scattered. The neutral membrane in the embryo of hen is white in colour. The membrane in the embryonic mass of men is transparent. What is the vacant place in an atom? Science did not know there was a membrane in it. If there wasn't a membrane in it like an embryo, the electron, proton and neutron would have remained stuck to each other and a mass would have been formed and there would have been no existence of atom in it.

Similarly, truth false, good-evil, cold-hot, salty-sweet etc. all are different kinds of membranes between relative and absolute. These membranes perform the

work of witnesses in the events which they happen to cause. Thus neutral is found in embryo.

**Natural aspect in thoughts :**

I am good, I am not bad. In our restless mind we always consider pros and cons only and remain in a stressful condition. If we learn to add the third aspect with the following method we would be able to achieve the path of undisputed mental happiness instead of mental stress with pain. Example -

(1) I am good + (2) I am bad + (3) I am neutral

All these three qualities are inherent in me & I am complete. I can never be a separate piece of evil only, or good only or neutral only. When all three are invisible, we should learn to accept this which would then lead to riddance of mental stress. Mind would experience undisputed pleasure and happiness and everyone including the children's, the youth & the old would have completeness/wholeness in their mind instead of internal conflicts. This becomes possible by adding neutral to the thoughts.

**Method to achieve health in life through temperature :**

In summers we quench our thirst with cold water and think we have completed our responsibility. But the happiness and satisfaction we achieve through this process is momentary. If we learn to add cold, hot and middle in this process we would be free of diseases and healthy. Example - (i) Immediately after drinking cold water (ii) Drink hot water or sweet water or tea and again drink immediately; (ii) Drink cold water with salt. With this cold, hot & middle word get associated and we would experience a permanent nature of happiness and satisfaction.

In this process, the third glass performs the work of neutral (membrane). It helps in keeping the body healthy and mind free of stress. This method should

be compulsorily followed by children, young, old and even healthy persons. In the absence of these methods, diseases, suffering and conflicts had begun to spread. People began to experience happiness and satisfaction from where they are present and they experience nature's revolution. For detail see Literature - Taap Santulan (Copy Right).

### **Method to Exercise**

01. Do not do too much exercise in the morning. Reason - Whole day remains stressful.
02. In the evening, take both your hands up and then bring them down for about 20-100 times as easily as you can. Reason - Lungs inhale oxygen easily.

### **Remove Cough essentially :**

Press your fingers on the tongue and remove cough/phlegm while brushing your teeth, rub your tongue with fingers or tooth brush which would remove phlegm. Sometimes we get cough while having food. It should be treated as normal, it is not a disease. Spit the cough or remove it by putting fingers on the tongue.

### **Three phase bathing method**

**During Summers :** First take a bath with cold water and immediately pour tolerable hot water on the body. Thereafter, bathe with cold water again. After three phase bathing, you would say you have experienced the method for bathing for the first time.

From the above three pronged description, it has become possible to achieve mental, physical health.

**Question:** It is prevalent that gums and teeth become weak after consuming very cold water after hot water. After 40 years of researches, it has mostly been proved that one feels pain/sensitivity initially for 3-4 times but thereafter this pain ends automatically. Add salt in cold water and sugar in hot water, with which gums-teeth would become healthy. For details - See Taap Santulan.

### **Soul/Life that is Heart Beating:**

There is beating of heart, that is there is soul, otherwise body becomes dead. That is, beating is the equivalent of soul or life. The heart beat of an embryo can be heard when it is six months old in others womb. According to biology, an embryo is formed with the union of sperm and egg. No mention was made of the membrane, which is completely wrong. Until the membrane doesn't cover egg and sperm, embryo can not be formed and these both will get scattered. As soon as embryo is formed, life begins. It's sound can't be heard immediately but becomes clear after six months. There are three processes in heart beating; (i) Expansio, (ii) Contraction; and (iii) Neutral (middle). When these three processes get strengthened, life/soul too becomes strengthened.

### **To strengthen the life/soul**

Five basis have been discovered to strengthen the three processes of heart beat viz;

- (i) Food nutrition. (Taste Balance)
- (ii) Temperature Balance.
- (iii) Air Balance
- (iv) Drug/medicine balance.
- (v) Thought balance.

Let Food be your medicine & your medicine be your food.

**(i) Food Nutrition (Taste Balance)**

Food balance (Taste Balance) is essential for keeping heart beat safe. Now it has become easy to avoid (i) Malnutrition (ii) Over nutrition and (iii) under nutrition/mal nutrition and keep concentrated on good nutrition.

**WHAT IS WORLD'S PROBLEM REGARDING GOOD NUTRITION?**

How to eradicate the world's grave problem of Malnutrition with food/nutrition?

The world today is facing problem as to how to convert various veg - non-veg foods of the world into good nutrition.

**Solution :** The entire population of this world prepare their food according to their society, climate and availability of food, as per their experience which are nearly complete in themselves. Today in this era of globalization men gets to consume all kinds of dishes. The question is whether nature has made any easy arrangement with which all the dishes could be established as being good nutrition. While searching, balancism found a complete and positive following method of good nutrition taste balance.

Keep all the veg - non-veg dishes in the category of good-nutrition with natural method.

Nature has created nine tastes such as sweet, salty, bitter, sour etc. So as to make all the nine tastes good nutrition, they have been divided into three, for - against - neutral and this has been found by Balancism in 40 years. This Taste Balancism can be understood by the following method :

**TASTE BALANCE**

(1)	For - (Sweet taste)	33.333%
(2)	Against (Salty taste)	33.333%
(3)	Neutral (Bitter, simple, sour etc.)	33.333%
	Natural Management	99.999%

The method to use sweet, salty and neutral is as follows :-

**(i) Method to use sweet taste :**

Sweet dishes should be eaten hot. This assists in easy digestion, energy and agility. Mind becomes joyous. The expansion of heart gets strengthened.

**Note:** If sweets are eaten cold, then hot water or tea in the same quantity or they become harmful and hinder the beating of the heart.

**Question :** Holism has discovered to eat sweets while hot but they remain preserved/safe in refrigerator. What should be done in this situation?

**Answer :** Sweets kept in refrigerator must be heated first before eating or drink equal amount of hot water (tea or coffee) carefully.

**(ii) Method to use salty taste :**

Salty dishes must be eaten cold. When eaten cold they are easy to digest, give agility and energy. Mind remains joyous, strengthen the contraction of heart.

If salty dishes are eaten hot, an equal amount of ice cold water should be eaten otherwise they obstruct the contraction of heart.

**(iii) Method to use mixed (neutral) taste :**

Method to use bitter, plain, sour, soothing sweet salt mixed etc. mixed tastes.

These can be take as per wishes (i) Can be added to hot sweets. (ii) Can be added to salty cold dishes, (iii) Can be independently used as jam.

Thus, mankind has found an easy path to place the veg - non-veg food in the category of good nutrition.

### **Precautions to be taken while cooking food :**

Don't add salt or sugar while cooking veg or non-veg food. After food is cooked, take 30 percent of food and add sugar or jaggery as per taste, heat it well and then eat carefully. Thereafter, let the rest of the food get cold and add salt as per taste. If possible add ice and eat immediately. The sequence of consuming food should be (i) First sweet hot and then (ii) Salty cold then (iii) Jam salt sugar sour mixed. You will experience benefit immediately.

### **Slogan of peace**

- (i) Hot sweet is nectar, cold sweet is slow poison.
- (ii) Cold salty is nectar, hot salty is slow poison.
- (iii) Sour Jam taste also compulsory.

With this, assists in strengthening the heart beating.

### **Nature's Method of Food :**

"Let food be your medicine and your medicine be your food".

- Hippocrates.

This riddle to be unsolvable in this world and now its complete solution has been achieved as above. (Book - Peace Chariot Page-11).

### **TEMPERATURE BALANCE :**

Internal and External temperature balance done for 15 minutes improves pulse. Temperature balance works to make the body healthy with heat, cold & middle. To conduct the heart beating, heat assists in expanding, cold assists in contraction and the neutral assists in middle process.



So as to learn the method to use hot, cold and middle, one has to take one hour training every week for four hours, that is training of four hours is necessary.

Thus, a neutral is obtained to strengthen the three beats of life. Earlier it was considered impossible to strengthen life. Complete success is achieved in safe-guarding soul/life by strengthening the beating of heart. For health with the help of hot, cold, moderate, air condition, cold drinks and hot tea, coffee and milk and to do away with the dispute of hot & cold in cold-cough, see literature - Temperature Balance.

### **AIR BALANCE :**

Inhalation of oxygen inside the lungs and exhalation of impure air (Carbon-di-oxide) is called Air Balance.

With inhalation of oxygen in the body strengthens the expansion of heart while exhalation of carbon-di-oxide strengthens the contraction of heart. The process in between them performs the work of neutral witness.

So as to make air balance systematic, exercises were found. Movement of any kind of the body is called exercise. Inhalation - exhalation, yoga aasans, meditation, are called natural exercises while all sports, wrestling, squats, swimming etc etc. are called unnatural exercises with all kinds of exercises the blood in the body becomes pure with the supply of oxygen, lungs become strong, body gets strengthened and faces goes out of the body the natural way. With new kinds of exercises being developed in the world, men gets illusioned. Such a method is desired which would suit every men. Balancism has made researches on itself by testing natural and unnatural exercises in the last 35 years and presented a method which is accepted to all end which is complete and easy.

Do exercises before going to sleep. Here word 'night' has not been used. Reason being that some kind of duties may have to be performed during night while day time is used for sleeping. Sleeping during day time is not harmful but some exercise is necessary before going to sleep. Continue with the kind of exercise or aasans of Yoga you are doing. Do not do exercise which causes tiredness. The individuals who don't do exercises should take their hands above their head and then bring them down and this should be repeated 20 to 100 times. This should be gradually increased to 150. Mornings exercise is difficult, painful and unpleasant. While exercise before sleep is proving to be easy & pleasant.

### **DRUG BALANCE :**

Whenever we make discussion with drug experts we would be surprised at their deep study. According to them, a pinch of ash, water, air, food, cold, hot too have been given a form of drug by nature. On the other hand, drugs made by great researches prove to be valueless and useless. According to the discovery of Balancism, nature has made three aspects of every drug. (i) For (ii) Against (iii) Neutral. Like clove which has three fragrances and three tastes. There are in all six aspects.

(1) External taste is known as fragrance for aspect (2) Internal taste is fragrance against aspect, (3) Middle taste is fragrance neutral aspect. On the basis of three aspects drugs/medicines are made which are capable of giving complete health.

Today in this era of globalization a universally accepted is in demand everywhere. So as to meet this demand balancism takes the help of Heat balance, Food balance, air and thought balance so as to cure ordinary diseases while the individual takes those medicines also which are prescribed by their physicians. In case of incurable diseases, ayurvedic medicines Heerak, Swrana, Rajat, Mukta, Lauh, Tamra, Abhrak Bhasma and Herbs as

discovered by Balancism should be taken. Benefits could be seen in just one week, heart beat begins to get strengthened and individuals can experience permanent benefit, natural health upliftment can be experienced.

Allopathic, Ayurved, Unani, Homoeopathic, Acupuncture, Yoga, Magnetic, Natural, all medicines have been capability to exhibit some important basis. Their necessity for mankind cannot be questioned. With the assistance of all the world becomes free of diseases and stress free and gives a completeness to the medicine world.

### **THOUGHT BALANCE :**

Successful treatment of incurable mental diseases and strengthening of heart beat with thought balance.

**How to stop conflict :** For balance in thoughts in man, we have to face problems related to life and death which should be solved immediately. The problem is, how to have control over our nearest planets, to make use of it along with removing our conflicts and to not to let the demon of war reach the universe from earth. (See literature - Maanav Jaati Ki Utpatti, Pragati Prakashan, Moscow, Page 18).

Psychology did many researches to stop conflicts and tried to obtain complete knowledge of the combination of subconscious psycho-forms, Lust-Anger-Love/affection and being disappointed declared as such.

According to Freud, Subconscious psycho forms are a combination of which man does not know anything nor can know about it.

With this conclusion of psychology the entire world is disappointed and to remove this despair the conclusions given by balancism are complete and full of hopes.

Combination of subconscious psycho forms with functional areas - combinations of Lust-Anger, Greed-affection which are available as labour forms are completely organized and of daily use and these are capable of giving completeness to psychology. With this conclusion the disappointment of entire world fades away. We get complete knowledge of Lust, Anger etc.

### **How to cure incurable mental diseases and addictions?**

Disturbance in any part of the body or mind or in heart beating causes mental illness. One gets addicted to intoxication and pathy of Sampoonatavaad is completely competent in curing it. Man gets abnormal in mental area and children, youth and old all get stressful. Preaching's help momentarily while food, heat, air, thought and drug/medicine balance cures mental diseases and addiction to intoxication.

(Literature (i) Khud Ko Sukhi Banayein, (ii) Santulanvaad/Balancism, (iii) Undisputed Supreme being).

Thus, with the help of Santulanvaad, it has become 100% successful to end the atmosphere of dispute and conflicts to search for truth in the house and parliament. Santulanvaad is also capable of saving the man standing on the verge of destruction and to stabilize heart beat which was disturbed because of the above. The heart beat gets strengthened up and complete truth having three pronged qualities is obtained, one gets the capability to change his/her temperament completely. Children, youth and the old get free from stress. It is natural for the members of a family or organization to get insulted and one who can bear it becomes great. This is the great gift of nature. One get to feel happiness and peace inside him/her.

### **Child's Development in 20 days:**

The restlessness and aggressiveness that is present in childhood & adolescence get controlled mostly with the food, heat, air balance method of

Santulanvaad. Their habits get loved by all and the path of balanced development of the child is observed in just 20 days. This method has the power of the combination of electron + proton + neutron.

### **Departments/Sections in Holistic Naturopathy :**

This medicine has ten sections. Human body is a mono system. The ease with which man takes birth, his development and bringing up also has become easy. With food, taste, heat, air, thought and medicine take control of the following ten sections.

#### **1. Examination of Body - Pulse examination with new method (Heart beat circulation)**

The blood vessels of the body are mainly of three kinds. The study of the working of these is done and it is done easily with pulse examination. See new method of Pulse examination of the body.

#### **2. Tissue :**

A group of cells is called tissue. These tissues exchange food, minerals, salts, information etc. between them. These actions are made to be systematic. Now it has been easy to get cooperation of all.

#### **3. Gas Exchange & Transport :**

To systematize the action of sending oxygen into the body and exhalation of carbon-di-oxide with balancism.

#### **4. Nutrition :**

To supply good nutrition to the body and to remove malnutrition. So as to achieve it, balancism has discovered the method to eat sweet dishes while hot and salty dishes while cold. Daily nutrition directions are available.

## 5. **Excretion & Osmoregulation :**

**Constipation** - Constipation, indigestion, that is non-excretion is a symbol of beginning of disease. In this process, eating hot salty products and cold sweet products chiefly increase this problem. Reason, hot salty products make the muscles loose and soft due to which power to push excreta forward gets reduced and cold sweet products become indigestible. This causes constipation. This process is called excretion and osmoregulation. To systematize it, sweet dishes must be taken hot and salty products should be taken cold. Training must be obtained for quantity of sweet and salt. In metabolism, the process of kidney, liver and intestine helps in excretion and other substances are transported to their respective places. Nutrition, taste, temperature, air balance makes it proper and systematic.

## 6. **Hormones :**

The hormones being created by our glands are made to work harmoniously by nutrition, temperature, heat, air balance. These hormones are very important. So as to provide completeness to these hormones this has been obtained as an undisputed method. It is now easy to be achieved.

## 7. **Neuro System :**

Neuro system performs the work of thinking, understanding, remembering, creating co-ordination between various organs of the body and maintaining balance. The message is received by the brain from sense organs like eyes, ears, tongue, skin, nose etc. Thereafter brain gives directions to the muscles and glands of the body complete process is systematized by food, taste, heat, air, thought, medicine balance.

## **8. Locomotion :**

For locomotion, our bones are connected with each other to provide movement. This locomotion/movement too is made systematic. Bones become strong and assistance of food, heat, air, thought and medicine balance is essential in this also.

## **9. Reproduction & Sex :**

Reproduction causes the continuity of generation and this can be made systematic with Santulanvaad Pathy. Because of absence of membrane, human being remained incapable of reproducing. Formation of membrane has now become possible with food, taste, heat, air, thought, medicine balance of Santulanvaad. The weaknesses of sperm, egg and membrane in reproduction too can be removed. This removes reproduction problems and diseases. Medicines are available if there is a disease. Some people have less interest in sex and fall in cold category while others have excessive interest. These could be kept under hot category while remaining others come under normal category. The capability to provide pleasure satisfaction in sex to the people of all the three categories is inherent in food, taste, heat, air, thought balance. After sex, it is essential to consume very hot sweet water or dishes. Sex & violence are an indivisible part of life. A successful English film 'History of Violence' has presented violence & sex as insolvable puzzle. The solution of this insolvable puzzle lies in food, taste, heat, thought, air balance. More & more people are now accepting this statement. Nature has given completeness/wholeness with sex (love) + violence (Hatred) + middle = completeness, which is now available to us.

**10. Thought Balance (Victory on self nature) :**

Children being naughty, friends turning into enemies, pacifists converting into terrorists and a tendency of 'I am good' and 'you are bad' in Teachers-Pupils, Husband-wife, Mother-daughter, Servant-master makes man's temperament utterly bad and indefinite. This disappointing creation is made by nature. It's not man's fault. This Santulanvaad pathy is completely competent in removing this disappointment and bringing in happiness and joy in man's nature in ten days. Here too, assistance of food, taste, heat, air thought, medicine balance is essential. With this method, man has begun to learn to understand others. Nature has presented an easy path to provide completeness to everyone.

**11. Pain :**

Method to remove pain of all kinds in the body - take two cotton towels. Eat something before fomentation.

- (i) Immerse towel in chilled water and wrap it around novel and back for 20 minutes. Then remove it, and
- (ii) Take second towely, make it wet by immersing it in hot water and wrap it on novel & back for 10 minutes, then
- (iii) Wrap towel immersed in chilled water for 5 minutes, then.
- (iv) Take towel immersed in hot water & wrap it for 5 minutes and do fomentation with cold and hot towel again and again. This will give miraculous results.



## SUMMARY

### **Summary of Holistic Naturopathy**

The new heat, food, air, medicine, thought balance method when applied makes the development of man as easy as easily it took birth. With this, treatment of most of the incurable diseases have also become possible. It is now being proved that a healthy person who learns & practices this three pronged balance method finds very less utility of drugs/medicine in his body.

With Santulanvaada method, it is not possible for us to be ill or sad even if we want to be. This method and these medicines are so harmless that even a infant of one day along with expecting mothers and elderly persons too can take them fearlessly. We start to get benefit immediately. With this method it appears that the great nature has let its ultra secret be known which is proving to be undisputed, complete, easy and pleasant for all. This is complete health revolution.

**Question :** Mankind is suffering in the dispute of relative, absolute and neutral. Man's nature is becoming full of irritation. Why?

**Answer :** For man, the position of Supreme being was lying vacant. At that time there were following three contestants in the world.

- |               |              |               |
|---------------|--------------|---------------|
| (i) Inanimate | (ii) Animate | (iii) Neutral |
| (1) For       | (2) Against  | (3) Middle    |

One of these three had to be positioned as Supreme Being. As no universally accepted answer was found, disappointment prevailed in the world. To remove this disappointment, Santulanvaad discovered Supreme being which is universally accepted and is undisputed. A book has been published in this regard. This method has started bringing in happiness and peace in man. Man's nature has started to become universally friendly. (See Literature - Undisputed Supremebeing).

## **PHYSICS PHILOSOPHY**

### **Health revolution in the next 10 years**

The 'Physics Philosophy' which was essential for medical science was made available in tri-quality form according to this literature. Nature itself uses the tri-quality method to create, develop and destruct this creation. It gives completeness. Nature has not created only one quality and has made available three pronged completeness with (Before + After + Middle).

With this physics philosophy a health revolution has began like object revolution. It is growing in geometrical ratio which would establish health in the entire world in the next 10 years. Instead of gaining wealth, thoughts regarding complete health would start gaining momentum. Thus, there would be completeness in medical science.

### Directions for Daily Food

Shanti Arogya Dham

Regd.No.....

Shanti Masala

Dt.....

Shahi Naka, Garha, Jabalpur

Ph. 0761-4010243

Name.....age.....Education.....

Diagnosis.....weight.....height.....

At 7 a.m.

### Heat Balance According to Climate

01. During summers, drink salty cold water after drinking hot sweet water  
Amount.....
02. Drink cold salty water in winters and drink hot sweet water over this.  
Amount.....
03. For those who remain in Air Condition
  - (i) Plain cold water
  - (ii) Sweet hot water
  - (iii) Cold saline water.

**At 9 A.M.** - In breakfast have sweet hot slowly and then eat cold salty immediately. Maintain this order always in Breakfast & food.

**First** - Always eat sweet hot pomade, kheer, Vermacelli, bottle good, Khichri, Sabudaana while hot slowly (item and quantity as per your interest).

**Second** - Salty cold Poha, Vegetables, Dose, Vegetable Paratha, Idli, Upma, Uttam, Chapati etc. Always eat salty food while cold, drink cold water (item & quantity as per your interest).

### **At 1.00 PM Lunch**

**First** - Sweet hot pomade, kheer, vermicelli, bottle sourd, Potato, Paneer, Khichri, SABudaane, Chapati, Rice, Non-veg as per your traditional method. But always eat sweet hot (items & quantity as per your interest).

**Second** - Salty Cold, Chapati vegetables, rice, Khichri, PUIses, Curry, Non-veg as per your tradition but eat while cold. (Items & quantity as per your interest).

### **At 4.00 P.M. - Tea / Snacks**

**First** - Sweet hot water or tea, coffee, Sabudaane, Porridge/Glucose biscuit/ Sweet fruits / sweet vermicelli (Items and quantity as per interest).

**Second** - Cold salty, Murmura, Popcorn, papad, cold water (item & quantity as per your interest).

### **At 8.00 P.M.-**

**First** - Sweet hot Porridge, chapati, paratha, kheer, vermicelli, sabudaana, sweet khichri, raisin, bottle gourd, potato, paneer, sweet fruits hot/sweet - Chapati.

**Second** - Salty Cold - Chapati, Vegetable, Pulses, rice, Khichri, Curry, Porridge, cold milk with salt and drink cold water (Item quantity as per interest).

### **Before going to sleep at night**

Do light exercises for 10 minutes. Thereafter, have one cup plain water as per desire, 1 cup sweet water/tea, 1 cup salty cold water (item quantity as per interest).

### **What to eat?**

Grain - Jawar, millet, barley, wheat, rice, poha, semola, Porridge.  
Lentils/pulses (green lentil), Moong, Moth, Tuar, Chana (gram), Barbati, Rajma, Peas (Pulses should be taken in less quantity).

**Vegetables** : Carrot, raddish, bottle gourd, teenda, field pumpkin, green chilli, salad, Parval, Ladyfinger, Kultcha Papaya (by removing its skin), Spinach, bitter gourd, shimla mirch, cauliflower, potato, Arbi, Tomato, Kidney-bean (black pepper, Amul butter, groundnut are essential but they can be taken as per wish).

**Fruits** - Guava, apple, papaya, pear, mausami, sweet potato, banana, mango, sapodilla, Pomegranate, sweet fruits. After eating these, take sweet hot water or tea or coffee).

It is necessary to drink cold water in the middle of food.

### **What can't be eaten / What is prohibited?**

1. Curd, tomato (Khatai), temorind, mango etc should be eaten hot by mixingt sugar.
2. Eat brinjal by removing its skin.
3. Don't eat too much fried Kachari or Samosa etc.
4. Don't put salt in the dough of chapati.

**Special** : In diarrhea, drink/have salt, sugar, lemon by mixing all three.

**Precaution** : Don't add sugar in the food that is cooked.

**Method to eat** : Take about 30 percent from the food thus cooked, add jaggery or sugar end heat it or add very hot tea. Thereafter let the food cool down and eat by adding salt. In one sitting eat hot sweet first and then consume cord salty food.

**Note :** Eat food snacks only when hungry. If needed skip one time food snacks. If not feeling hungry drink chilled water.

Take training for one hour every week, i.e. the training period is for four weeks wherein four hours of training will be imparted. Take training along with your family members. Uniformity in thoughts brings success.

Ask questions & curiosities. If possible ask your questions by writing first then asking.

**The summary of above daily food is as follows :**

In one sitting (i) First eat sweet hot food to your half content, then (ii) Eat Salty cold food to remove your hunger.

### **Become Cool-Cool**

We had been to Durg to attend a marriage. The incident is of month of July at about seven in the evening when it was very hot. Four of us friends were feeling very uneasy. A couple of friends suggested to have cold-drinks. One of the friends said this uneasiness can be removed with Heat balance and we would not feel the heat of the climate. If cold drinks are taken, it will only increase uneasiness.

A restaurant owner was asked to prepare eight glasses of chilled water and four glasses of hot milk. Everyone had first chilled water with salt and then had hot milk slowly, then again had chilled water. Humidity of hot weather disappeared immediately. We did not feel any heat or weather problem till we reached Jabalpur next day. Everyone said heat balance must be named Cool-Cool.

Health bestowed by nature and a unique practical form of uniform vision amongst each other and 100% guarantee of world welfare.

## **An age of 400 years - possible or not**

What is age determination Principle?

According to renowned German Biologist Dr. Lempel, a Noble Prize Winner, Dr. Alociscarell and other biologists.

The age of a living being is fifteen times the time or years it takes for it to become young. For example -

01. A dog takes one year to become young and its age is 15 years.
02. A cow becomes young in two years and it lives for 30 years.
03. An elephant becomes young in 4 years and it lives for 60 years.
04. Man becomes young in 25 years and multiplying this age with 15 the age thus calculated turns out to be  $375 + 25 = 400$  years. Thus, the age of man turns out to be 400 years.

When an elephant becomes young in 4 years and attains an age of 60 years, man becomes young in 25 years and attains an average age of 80 - 100 years only. Why it is so? The researches being done in Holism since 1960 seem to assist in attaining 400 years age of healthy life which would also lead to a mind free of tension. In this unique discovery of Holism natural methods including temperature, taste, air and thought Holism assist completely and one can experience results in only 8 days.

All the rules of Holism pathy seem contrary and hence everyone look doubtfully at this new beneficial invention. This is an invention to Galileo's that it is the earth which moves. At that time this great scientist had to face much humiliation. Today, a man is realizing Holism For example.

01. **In Summers** - Everyone take cool water before drinking hot, sweet tea and no one drinks cool water afterwards. But Holism has proved that

after drinking hot sweet tea, drinking cold salty water is essential for body's health.

**02. In Winters** - After drinking sweet hot tea, it is essential to drink cold salt water and to again drink sweet hot tea. This too is essential for physical and mental health. Everyone's afraid it might damage the teeth or it might harm the body. The researches have shown that this initiates new activities. But after a few days everything turns out to be fine. We find constipation, diabetes and high blood pressure disappearing and treatment of old and persisting diseases becomes easy after adopting this method.

How to strengthen vital breath?

There are three processes of automatic breathing -

- (i) Inhalation (inflate or swelling up)
- (ii) Exhalation (deflation)
- (iii) Neutral (middle)

are three processes to strengthen these (1) sweet and hot assist in inhalation or inflation. (2) Salty and cool assist in exhalation and (3) mixture of salty, sweet assist in middle process. This process has been provided by natural method to strengthen the vital breath. Thousands of people have been successful in curing incurable diseases in the past few years.

### **COMPETENCES OF MEDICAL SCIENCE**

Nature was questioned :

**Ques.** Why were diseases created? Holistic health should have prevailed?

**Ans.** Follow the principles of Tri-Excellence of Nature which provides complete freshness, happiness and holistic health.



**REJUVENATION IS POSSIBLE BY HOLISTIC NATUROPATHY  
COMPARE TO BELIEVE**

<b>There are 135 pathies in force</b>		<b>Holistic Naturopathy is New</b>	
1	To declare a person mentally & physically healthy totally is very difficult, therefore, a person appearing healthy is pronounced fit. (Book: YUGBODH JEEV VIGYAN for class 12th, Unit E, page 184, Publisher: Sudhir & Co. Raipur (Chhattisgarh).	1	"Revolution Test Procedures". Health of a person can be determined within 30 minutes through the new pathy with a success rate of 60%. The need of the medicine if required can be determined too. This is simple to learn. (Book: Heat Balance Pages 14-16)
2	The modern CT scan, MRI, EEG, ECG, Sonography & different pathological tests only produce 33% results.	2	The new research is about 66% more accurate. This clubbed with new techniques provide 99% results.
3	Physical problems like paralysis are treated superficially without the reasons and the place of its origin.	3	A complete internal disorder causes paralysis. This is easily diagnosed through pulse examination
4	The diseases are cured with the help of strong medicines & surgeries. These cause a lot of after affects.	4	Besides the advice of experts, the new pathy diagnosis the syptoms too. This therapy includes treatment through Neem to Diamond ash as per the need.
5	33% relief guaranteed	5	66% to 80% relief assured which gradually increases to 99%. The effect begins from the very first dose.
6	The disagreement in the consumption of Sugar - Salt still prevails & neutrality is never considered.	6	No dispute. Neutrality can be experienced feel the same. Go for ECG Test & not Diabetic test.
7	No knowledge of Age-Determination factor. The maximum age considered is 100 years.	7	The Age-Determined research was presented at a Health Fete held in the Medical College, Jabalpur on 27th Sep. 2005 which proclaims a tension & disease-free life of 400 years.
8	Temperature and pain are suppressed and the cough is made to dry-up within the body. This can be dangerous.	9	Pain & temperature are converted into strength and the cough is made to come out of the system.

9	No knowledge about the Tri-Excellence of Nature. Theory of the existence of sperm in the foetus is still debatable.	9	The Tri-Excellence of Nature has been firmly established. The sperm is present in the foetus as much as left, right & centre in the void. This has been proven. The treatment through principles of Tri-Excellence of Nature helps achieve 66% to 99% gives relief in all nine section comparative.
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### **HISTORY OF HOT - COLD THEORY**

To do away with the germs in milk, Jekabi, a New York Scientist developed the method of Pasteurisation in 1875 wherein milk is chilled and then immediately boiled. The same theory is followed in the principle of Balance.

**Important :** All the daily problems and the needs thus arise can be solved & achieved by following principles of Holistic Naturopathy.

## **LIBERATION FROM CANCER - A DREADFUL & PAINFUL DISEASE**

### **M E S S A G E**

'Make yourself happy' - I have made it a reality in my life. I experienced a hard swelling in my left breast three years ago and on examination Medical College declared it as Cancer. On May 8, 2003, operation on my breast was done by Dr. Arjun Saxena and my breast was removed. Thereafter, a part of flesh was removed from my abdominal area and an artificial one of around the same size was transplanted in place of the removed breast. This operation was performed by Plastic Surgeon Dr. Pawan Agrawal and I was discharged on June 3, 2003.

I had become very weak, I had no apatite left and I could not sleep. I was also suffering from piles and there was continuous bleeding. I had a lot of mental stress too. Amidst all this, my husband informed me that successful treatment for Cancer has been discovered at Shanti Arogyadham, Garha (Jabalpur) and that I had to go there for examination. On visiting there, Shri Manmohan Agrawal informed that my cancer would be completely cured. There would be no need for chemotherapy and the wounds would get healed with his medicine and that I would experience benefit. We were surprised to hear this from Shri Agrawal. It was up to my husband to decide about the treatment. After thinking a lot, my husband made consultation with Mr. Jain of Arihant Medical Stores and we started Shri Agrawal's medicines from 9 June, 2003. Within four days itself I started having relief from piles and within 8 days I started having my apatite back and started to sleep easily. The wounds too started to heal I started gaining weight and my mental stress was reduced.

After 20 days, we received a message from Dr. Saxena to have radiation and chemotherapy at the hospital. My husband met the Doctor and informed him abut the relief obtained from piles, loss of apatite and sleep and stress with the medicines of Shanti Arogyadham and informed him about the healing of wounds. He also showed the books and pamphlets of Arogyadham. On this the Doctor became cross and said that they don't believe in other treatments. He added that we all are educated people and how come we got entangled in such non- scientific treatment. He said that the treatment of Medical College is

completely scientific and we should complete it, chemotherapy and radiation increases life span and leaving this treatment unfinished would be completely harmful for the patient and she would not be able to live for even two years. The sufferings would increase and then we shall not be able to do any treatment. The reasonings of Doctor were completely correct. I and my husband were in a dilemma. Whereas on one hand we could see mental and physical relief with the medicines of Shri Agrawal in 20 days only, on the other there was this order of the great medical science to complete the course. In such a dilemma, when medical science's arguments looked justified, my husband again consulted the owner of Arihant Medical Stores. Shri Jain informed that if both the mind and body have relief from Agrawal's treatment, his treatment should be continued.

This decision was very pleasant to us. Today nobody can tell by looking at me that I was ever a patient of cancer. Whenever I ask Shri Agrawal as to how many more years do I have to live, he says at least 100 years. I have found the method to live a healthy life for 400 years.

Make yourself happy with heat balance. With this literature it seems that the day is not far when each and every person would be happy in terms of body-soul and wealth. My entire family is very thankful to Shri Agrawal from the deepest of the heart. Many-Many congratulations for publishing his literature.

Date 04.10.2004

991/7 'A', Shastri Nagar,  
Medical College,  
Jabalpur - 482 003  
Tel: 0761-2371364

**Reeta Mamdal**  
B.Sc. (Home Science)

## **CLEAR INDICATIONS OF A PLEASANT/HAPPY REVOLUTION**

### **M E S S A G E**

My wife Smt. Reeta Mamdal, aged 46 years, three years back she developed hard swellings in her left-breast which were confirmed to be cancer when examined in Medical College. The operation for cancer was performed on May 8, 2003 in Medical College. A piece of flesh, about the size of the breast, was taken from the stomach area and was joined with Plastic Surgery. She was discharged on June 3, 2003.

Amidst all this, owner of Arihant Medical Stores, Shri Jain Saheb, informed that Shanti Arogyadham is located in Garha where a successful treatment of Cancer has been found. He urged me to discuss this with him. I, along with my wife, met Shri Agrawal. He examined the wounds and the condition of the body and read about the treatment done. Thereafter he said that treatment would be done and we would see the benefit within 45 days. I started my wife's treatment on June 09, 2003. The complete detail of the treatment is available with my wife along with photographs. The disease which is considered incurable by Alopthy and where age can be only prolonged with the help of Radiation and Chemotherapy, Mr. Agrawal has treated my wife successfully, making her completely healthy. It felt that we were dreaming at night and when we woke up everything was all right.

In this sequence the son of my elder brother, Dilip, age 29 years, in Mandla, was facing problem in urinating. The Govt. hospital of Mandla, with the help of a tube, removed about 2 litres of urine on 30th June, 2004. The doctors informed that urine pipe has contracted. After a fortnight they came to Jabalpur on 14.07.04. They got examinations done at Medical College and Jabalpur Hospital. Various tests were written by them. Next day we met Shri Man Mohan Agrawal. After examining Dilip Kumar for half an hour he said he would become completely healthy with his treatment. He started treatment on 17 July, 2004 and after 40 days of the treatment he become completely healthy.

I came to notice two important things in Shri Agrawal's Clinic - (i) The shopkeepers write a bill and make a duplicate with carbon. Similarly, he also makes a duplicate of the details of the patients with the help of a carbon and

gives a copy to the patient. The registration number of my wife is 464 dt. 09.06.03 while that of Dilip Kumar is 641 dt. 17.07.04, (ii) Examination technique is magical and half an hour's examination provides the entire details of the body, which makes a man believe in it. The solid ground on which Shri Agrawal has made this revolutionary discovery, I am a witness of it since last one year. This discovery stands equal to those discoveries where the scientists has discovered 'relatively' and made a huge discovery for mankind. Similarly, he presented Pavimvaad and made a revolution in mental and physical areas and has declared to make everyone happy in terms of mind/soul, body and wealth, which appears cent per cent correct. He has presented Pavim truth by combining falsehood + truth + middle. Literature 'Taap Santulan' and 'Khud Ko Sukhi Banayein' are a revolution for which my family and friends extend heartiest congratulations.

Date: 04.10.2004

**Ashok Kumar Mamdal**  
Dip. in Civil Engg.  
Sub Engineer, N.V.D.A.  
Bargi Hills, Jabalpur.  
Tel: 0761-2371364 (R)

## **ICE EATING IS COMPULSORY FOR THE ISLANDER**

**It is essential for the people of Ice region to eat ice/snow.**

Extremely cold countries like England, America, Europe have to be taught the three-face method of eating ice/snow and in this way India's name and fame would be increased.

I had started taking Holistic Therapy since last ten days for my five years' old skin disease. The month was December and it was extremely cold. After taking medicine for 10 days, both the nostrils of my nose closed around eight in the evening. It had become very difficult for me to breath. Hence, I was breathing from my mouth. I became very panicky and I called the inventor of Santulanvad, Shri Man Mohan Agrawal and informed him about my condition. Mr. Agrawal came immediately to my place and inquired how I was taking cold (ice) and hot? We answered that we were taking the above as instructed by you, by first consuming sugar-mix hot tea, then taking cold salt-mix water and then again taking hot. We told him we were taking medicine as instructed by you. There was relief in skin disease but both the nostrils of my nose closed suddenly.

Shri Agrawal went to our refrigerator and found that it was not working. He asked if the refrigerator is not working how I am taking ice? On this my wife said, 'I don't consider it proper to give him ice in this extreme cold'. This answer told Shri Agrawal that I was not taking ice with medicines and that is why the nostrils had blocked. He made us arrange ice from our neighbors and made me eat. My nostrils opened in five minutes and I began to experience relief.

This incident made me realize that it is essential to eat ice salt-mix even in extreme cold. There is no harm for the body with this. There is only benefit with it. So, why not teach people of cold regions like England, America, Nainital etc. the three-face method and make ice-eating compulsory for the people of the Himalaya. Shri Agrawal's Book Tap Santulan is extremely useful for the world. For this heartiest congratulations to Shri Agrawal from our family.

Dt. 5 January, 2005  
Chhoti Bajaria, Garha,  
Jabalpur - 482 003  
Tel: 0761-5046553

**Manoj Kumar Gupta**  
Director  
Mahima Computers

## Freedom from Skin Diseases

In the year 2000, I was suffering from eczema in both my feet and it spread to both my hands, my face and back within 4-5 months. I started its treatment through Dermatologist Dr. Major Ranjan Shewde. As I did not get any benefit. I started treatment from Dr. Brijesh Agrawal who is a renowned Dermatologist / skin specialist. I started his treatment from 03.11.2001 with his treatment my skin used to become dry and I experienced relief. But on stopping the medicines, my skin again developed blisters after three months or so. These used to spread to both my arms, face and back.

After being disappointed I consulted Dr. D.K Gupta and started his treatment in March 2003. I undertook 6 months treatment but I did not get much satisfaction. Thereafter, I started taking treatment from Dr. Sauji, Skin Disease Specialist at Nagpur from October 2003, but I was unsuccessful there also. Thereafter, I undertook Homoeopathic treatment from former Dean of Jabalpur Medical College for six months, but here too I was disappointed. I again took medicines given by Dr. Brijesh Agrawal in 2004. I was terribly disappointed with my awful sufferings. I used to feel this life had no meaning. There were black scars on my hands and face and they were intolerant to sun light. I had to cover myself in a sheet to go out. I was terribly upset all the time. Resident of Bargi, Shri Satyanarayan Agrawal asked me to take treatment of Santulanvaad Pathy, saying you shall be okay with Gods grace. I met the pioneer of Santulanvaad therapy, Shri Manmohan Agrawal on 20.09.04. He checked me thoroughly and wrote my entire details on a sheet having registration number 658 and provided medicines to me. I started applying and consuming these medicines from the next day itself and within 40 days I had 80% relief. Now I have no problems with sun light and I am completely free from skin disease. Everyone in Bargi Nagar knew about my problem and all of them felt happy when I was cured of it. All respect Santulanvaad therapy with the depth of their heart. I and my entire family thank Shri Manmohan Agrawal, the inventor of this pathy, from our hearts.

Dt. 15 January 2005

**(Hari Prasad Sahu)**  
Grain Merchant  
Tel: 0761-2860169



## **MESSAGE**

**I believe these Inventions are very useful for world welfare.**

I had breathing problems since last 4-5 years. I could not sit in my shop for even 2 hours. With balance related medicines of Shri Manmohan I used to take cold water after having tea. With this I could sit in my shop for 10 hours. My clothes were now loose. There was one particular thing that I ate was 100 gms milk's cream everyday for 4 months. I had doubts that my weight would further increase, which proved to be negative. Mr. Agrawal informed about the process of drinking chilled water after drinking hot tea which is similar to pasteurization of milk wherein Jacoby of New York introduced this method for man's safety in the year 1875.

I asked psychological question from Shri Agrawal, Jealously regarding elders, hatred for the young and situation of conflict within myself is always present within us. Because of these irregular thoughts man always remains sad. How would we obtain an impartial vision?

This was Manmohan's answer- Nature has created (i) love-hatred-middle (ii) love-Jelous-middle (iii) uniformity-non-uniformity-middle. That is nature has created tripronged creation and has created this world in an invisible form in three forms (i) Physical/Materialistic practical world (ii) Psychologic world (iii) Neutral (middle) world.

We would have to learn the method to speak of all these three worlds together, to understand it together and to live with it. The detail of the three words is as follows :-

In physical/materialistic practical world. Love-hatred-middle are found invisible and are proved to be completely stable and to unite these two. Neutral (middle) is found in combined form which in itself is witnesses proof. Thus, if we learn the love-hatred and middle of nature we would develop a vision of uniformity with each other. With the above explanation, I now wish to undergo three year training of Santulanvaad. Now I am eager to become the owner of tree of happiness-satisfaction.

Make yourself happy with heat balance, I believe these Invention are guaranteed for world welfare.

**Shivprasad Agrawal**  
B.Sc., LL.B.  
Dixitpura, Jabalpur  
Tel: 0761-4066395

# PART - 4

## TEMPERATURE BALANCE

**ACCORDING NATURE**

**TEMPERATURE BALANCE**

**Management of Nature 100%**

Communication of Disease by Agency of Water and Air

**HEALTH SCIENCE**

<b>Hot</b>		<b>33.333%</b>
<b>Cold</b>		<b>33.333%</b>
<b>Middle</b>		<b>33.333%</b>
<b>Nature</b>	<b>(+)</b>	<b>00.001%</b>
<b>Holism</b>		<b>100.000%</b>

Nature has enthused three aspects simulation in the every point.

Heat, Cold, Middle and Nature all four available in one degree temperature. It gives support in completeness of our health target.

## **INTRODUCTION TO TEMPERATURE BALANCE**

The temperature of human body is 98.6 degrees Fahrenheit. If this temperature falls below 95 degrees it can suffer from hypothermia and if this temperature rises above 105 degrees, it can lead to very high fever or hemorrhage which can be fatal.

So as to overcome this conflict of heat easily, the principle of heat balance is proving to be beneficial. Before studying the principle of heat balance, we would see how heat, cold and middle coexist in one point itself? In every particle of temperature/heat, heat or cold are not available as a single unit but heat - cold and middle coexist in an individual form.

**Nature has enthused three aspects in one in logical form Heat, Cold and middle all three available in 40 degrees temperature.**

**Example :** A glass water having 40° Celsius has three aspects, which are proved as follows :-

1. From 39° to 40° hot (For)
2. From 41° to 40° cold (Against)
3. 40° heat, middle (Neutral)

Thus, a temperature of 40° can be declared as cold-hot-middle as above. This phenomenon has been created by nature. The object of the great nature is not to give disputed sufferings with this creation but to provide 100% happiness, satisfaction and novelty to everyone.

The concepts of new physical researches have brought changes in scientific and social view.

The processes taking place in an organisms which could be explained in materialistic view on the basis of mutual exchange of atoms, molecules and

chemical mixtures and their exchange with the external world, that is with the principles of physics & chemistry, now could be explained with Holism instead of reductionism. Socialism, Psychology, Economics, Medical Sciences also now are covered in its circumference. In the context of Medical Science, Holism means study of problems related to men's life with holistic point of view. In other words, men's consciousness & body can't be kept separated from each other. In holism, nature has combined incompleteness, middle and neutrality. This three pronged alliance has been discovered by Holism. Effort of Biology was to search methods to make men's body completely healthy and free human being of all the diseases. In this efforts Biology tried to analyze homogenous & heterogeneous substances, but desired results could not be obtained in their analysis. Instead, varied forms of germs are being formed in huge numbers in atmosphere. So as to do away with this problem, Holism has discovered principle of Heat, Taste and Air balance so as to prepare germ free viruses and bacteria.

In searching principles of Heat balance, cent-percent success has been achieved to remove the bad smell from the yeast/fermentation of maida (Fine wheat flour) used for preparing Jalebi in researches made by heat balance form 1965-1971. This very yeast so formed does not let the delicious food going from large intestine, small intestine to anus become bad in odour. The odour of faeces becomes homogenous and free of germs. The odour of faeces of everyone becomes similar that of a child who feeds on drink. Because of germ free form of yeast, bad effect of germs producing fungus borne diseases gets neglected, the body becomes strong and healthy wherein external bacteria are not able to develop at all. Due to this, expected success can be seen in 15-20 days in controlling/eliminating very old skin diseases with the assistance of heat balance & holistic pathy.

Cancer tumors takes the form of boils, which take one to four months to burst, the pus is removed and incurable diseases like Cancer, Heart diseases, Tuberculosis etc. are cured. All this is controlled by heat balance, Holism

medicine, taste balance and air balance. Control over all kinds of mental diseases, fears, ghosts, electro magnetic planets is seen in a few days only. An account of pleasant and unpleasant feeling is attained. After fixing broken bone, heat balance expedites its healing.

With use of Sheet Samadhi, the utility of this external heat balance is proving to be very useful. As a result of imagination of nutritive substances in an organism, heat is continuously produced in all the parts but we don't get completeness because we don't have complete knowledge of system and method of supply of coolness. Holism has acquired the method of fulfilling coolness and heat. With ice treatment, dry carbon-di-oxide or liquid nitrogen the deformed parts/tissues are destroyed with frosting. Sheet Samadhi and natural medicine are completely external while heat balance contains an internal method which is not boring and provides relief in minutes.

The resistance power in the body increases the vitality and we get clear and complete symptoms to systematize and strengthen neurons of awareness. Because of deficiency of three pronged balance, physical and mental diseases in the form of fungus are not cured. Heat balance method has been discovered with 30 years of researches so as to avoid ill effects of all those changes which we face with changing climate in the morning, afternoon and night, while facing sudden cold because of rain in extreme heat, and traveling from temperate climate of coastal areas to snow clad hill stations.

### **FREEZE-DRY (SHEET SAMADHI OF GERMANS)**

Shri Ranvir Sethi published a special report on extra-ordinary experiments of Germany in monthly magazine 'Health and Nutrition. December 1995 edition, page no. 68 and 69 where in attention was focused on article 'Sheet Samadhi' written by Dr. Lamphell and Noble Prize Winner Dr. Carell.

Some years before a middle aged woman in West Germany had consumed poison with a view to commit suicide. Her liver had stopped functioning and

Kidneys had failed. Her heart was beating at a slow rate and it was the only thing that showed she still had life. Dr. Lamphell gave her all the treatment, but as no changes were seen he initiated a new experiment. Dr. Lemphell put the body of the woman in a box made of glass and gave her Sheet Samadhi, that is, allowed her to freeze. For 42 days she was kept in this condition and then she was taken out gradual heat was administered to her. Due to this some movement was seen in her and when this process was continued for three days, the woman became alive. The scientists were surprised to find that the woman appeared to be more healthy and beautiful than before. She married a man again and she is still alive.

Similarly, in a case in Shahdol, Madhya Pradesh a man aged 28 years was suffering from hiccups continuously since May 1994 due to which he was admitted in Bombay Hospital for 4 months. He did not get relief and it was found that there is no successful treatment in America also. They then returned to Shahdol. I came to know on 15 November that there is no chance of his survival. I, with two of my acquaintances, reached Shahdol on Nov. 17, 1994 to have a look at the case. The patient was admitted in Shahdol Medical Hospital and blood was being transfused to him. He was having violent hiccups. I examined his pulse rate and conditions of his nails and Doctor's reports and X-ray reports in addition to other examinations. I also considered the climate and concluded that this case can survive. Taking permission of the Doctor-in-charge, Dr. Sharma and with the assistance of nurse and 8-10 persons as witnesses I started giving him Holism medicine along with 200 gms chilled water, 200 gm very hot water (taken slowly like tea) and again 200 gm chilled water instantly. As soon as he drink this water, the patient went to sleep and his hiccups ended. His chest, which was constricted, became expanded and that person is alive today. Taking note of this pleasant phenomenon, many patients admitted in the hospital asked me to write treatment for them.

I myself had less blood circulation in my nails since my childhood and they were white in colour. After treating the ill body till 1969, when I had full

confidence, I started giving advice to other people also. The disappointed ones experienced complete relief which encouraged me a lot. Treatment of even mental illness was possible with this method. When I came to know about it, I published a classified advertisement on Oct. 16, 1993 wherein I had asked for the need of persons in M.Sc., Ph.D. Psychology or Biology to run a mental/psychological clinic. After this I started giving training of Holism also and gave free advice every Sunday from 9 a.m. to 12 p.m. The two years which were spent this way showed miraculous results. There are nearly 250 to 300 patients which can relate their story of relief with their filled in forms. Amidst this, we received another golden chance when in the 16th Seminar of great Biologist, organized by Rani Durgavati University, Jabalpur from 3-5 December, 1993, a research paper consisting of eight pages on Heat Balance were distributed to 400 members/delegates.

### **COMPLETE HAPPINESS IN EVERY PARTICLE WITH TEMPERATURE BALANCE**

**Question :** How nearly everyone would accept Temperature Balance? What is the method of easy benefit for all illiterate - literate alike.

**Answer :** We feel heat - cold differently, but in logical world nature has created heat & cold separately and has provided completeness with the sum of heat + cold + middle in every point. Temperature Balance means completeness of temperature. This is a unique miracle of nature which provides completeness from incompleteness, fineness from crudeness soul from body, Proton from Electron and is a complete system to provide complete satisfaction to human mind and body. Being in direct contact with Biology we can easily assess its power. It moves to look beyond homogenous and heterogeneous substances, harmful and beneficial bacteria and viruses to provide a substance which gives complete happiness by combining for-against-middle.

On one side there are cold sweet-salty delicious, while on the other there is coffee-tea and hot sizzling dishes right out of the oven. Both these are accepted readily by man's body. But this hot and cold cause a kind of conflict



in man's body and consequently it suffers. Now a concrete method becomes the need of the hour to release man from this suffering. By way of nutrition science, food & nutrition, pasteurization etc many world class researches were made to provide safety to man from sufferings caused by this heat and cold and to fulfill this deficiency. "Heat Balance was presented with the union of cold, hot and middle which is natural and which provides complete happiness to all".

### ALLEGATIONS ON NATURE

Holism made clear allegations on nature as to children should not have been given birth if there was no arrangement to give them happiness. The answer was there is happiness in every particle, take as much as you can.

### PRINCIPLES OF TEMPERATURE BALANCE

1. **Summers** : After fulfilling need of cold, fulfill need of hot and then again fulfill need for cold.
2. **Winters** : After fulfilling need of hot, fulfill need of cold and then again fulfill need for hot.
3. **Moderate Climate** : Here cold-hot, cold-hot simultaneously.

In other words, it can be said regarding the above that after fulfilling need for cold we should not become satisfied with it and should follow it with hot and then cold again. Similarly, when there is demand for heat/hot we should take and then follow with cold and then hot again. This is the principle of temperature balance when we use it and get benefit we experience the creation of nature. This is the simple path of temperature balance. A simple method of temperature balance is as follows :-

We would differentiate method of Temperature Balance in two parts -

1. Internal method
2. External method.

In the internal method of heat balance, action of taking ice and drinking hot water is performed while in external method both with cold and mildly hot water is taken, rubber therapy, fermentation is done. To perform these, different methods are employed in different seasons.

There are different methods for the three seasons that is (a) Summers (b) Winters (c) Temperate - moderate climate.

**(A) Summers (including rainy season)**

**Note :**For chilled/cold water, crush ice and add 20% water of normal temperature. The water will become chilled. If ice is not available, we can take water of normal temperature.

**In summers** - when temperature is from 30° Celsius to 47°C, the chart of Heat Balance is as follows :-

S. No.	Age	First Dose Quantity of chilled water	Second Dose Taking hot water or tea by sipping quantity	Third Dose chilled water quantity	Total quantity (Approximately)
1	From time of birth till 3 month	1 gm	+1 gm	+1 gm	3 gms
2	From 4 months to 4 years	10 gms	+10 gm	+10 gm	30 gms
3	From 5 years to 10 years	40 gms	+40 gm	+ 40 gm	120 gms
4	11 years to 18 years	100 gms	+100 gm	+100 gm	300 gms
5	From 19 years to 100 years & more	200 gms	+200 gm	+200 gm	600 gms

Take ice cold water as per the above chart. Thereafter, drink very hot water by sipping like tea. Drink chilled water again. This has to be done for eight days an empty stomach. Thereafter, the body itself demands this three pronged, supply just like food and water.

**(B) Winters :** Here the temperature varies from minus 0°C to 14°C. The chart for such climate is as such.

S. No.	Age	First dose sharp hot water or tea by sipping (Qty.)	Second dose chilled water (quantity)	Third dose sharper Hot water or tea	Total quantity
1	From time of birth till 3 month	1 gm+	1 gm+	1 gm	3 gm
2	From 4 months to 4 years	10 gm+	10 gm+	10 gm	30 gm
3	Five years to 10 years	40 gm+	40 gm+	40 gm	120 gm
4	From 11 years to 18 years	100 gm+	100 gm+	100 gm	300 gm
5	19 years to 100 years and more	200 gm+	200 gm+	200 gm	600 gm

According to the above chart, drink hot water as per your age in winters and then immediately take chilled water and then again drink hot water. Take this once a day for eight days. Thereafter, you can increase days as per your desire.

**(c) Moderate Climate :** In normal temperature, that is between 15°C to 29°C, for those who spend their time in colder regions or in Air conditions (i) According to summer chart, there will be cold hot & cold for one day, (ii) Second day, according to winter. Chart, hot, cold and hold should be taken with this, moderate climate would not be boring and body would feel light, happy and agile.

Individuals having 1½ times or double the weight then what is average should take 1½ or double the dose given in dose chart. Individuals who have weight less then average should take dosage as per the chart. Individuals having very less appetite than what is normal should be given dosage in less quantity.

**Note:** In this regard it is compulsory to get the curiosities solved by being present in Shanti Arogyadham once in 15 days or by sending a self addressed and stamped envelope with your questions. Before giving hot water to child, first check it by testing itself and then give to the child.

**External Method - Fomentation :**

The heat or cold received by the body is used or absorbed as per need in the body while it strives to throw the rest out. As per its ability, the body expels the heat or cold which is not useful for it. So as to assist the body in doing so, we should take cold or hot fomentation. For this the following method is to be adopted for persons 19 years and above.

**(i) External method in summers :**

In summers, fomentation is to be done in the following manner :

- (a) Take eight cubes of about gms of ice in a rubber bag or two bottles chilled water and rub for 5-7 minutes on the navel, heels of feet, between the forehead, on both eyes, underarms, spine, neck palms, onus, thereafter.
- (b) Take pleasantly warm in eight rubber bags of 50-50 gms each (like milk packs), two bottles or heat bends of cloth and apply on the body parts given in part a thereafter,
- (c) Take eight pieces of ice, chilled water and rub on all the body parts for 5-6 minutes. Similarly, in summer, do fomentation with ice, hot water and ice.

**(ii) External method in winters :**

- (a) Do fomentation for 8-10 minutes of all the parts with 50-50 gms of rubber bags filled with warm water, plastic bags, water bottles or cloth bends. Thereafter,
- (b) Take eight pieces of ice of about 25 gms chilled water or bottle and do fomentation for about 8-10 minutes, and again
- (c) Do fomentation for 3-5 minutes with clothes immersed in hot water.

**(iii) External method for moderate climate :**

In moderate climate do fomentation and ice as per summers method for one day and as per winters the other day.

**Note:**

- (i) With internal method, a benefit of 60% is obtained while with external method 30% benefit is obtained. Thus the methods must be compulsorily adopted.
- (ii) For children's the external method should be for 10 seconds upto 3 months, one minute upto 5 years & 3-4 minutes upto 18 years. For this, the three prong fomentation method for persons 19 years and above, will have to be followed. It can be done at different times.

**Doubts :** Taking cold & hot together would harm gums.

**Solution :** There is benefit of ice water & hot water on gums.

**Reason :** There is unnecessary heat deposited in gums and teeth which longs to come out. When this heat receives coldness of ice, it starts to come out speedily. The pain that we experience is actually heat coming out, with which we are not familiar and hence we get upset. Keep the ice cold water in the

mouth for a few moments and keep on drinking for 5-7 minutes. When there is no more pain due to ice, it signifies that the heat of roots of teeth and gums has gone out. Thereafter, drink like warm water by keeping it in the mouth for a few minutes and this would make unnecessary cold go out. This also sometimes causes pain. But after 3-4 minutes this pain would stop. Thus, this pain would go away in 12-15 minutes and we would then believe on the above statement. If possible drink cold water by adding salt and hot water by adding sugar. This should be taken quickly. Put chilled water in a cup and put your legs/feet in it for 10 minutes we will feel very relaxed.

**Note:** Precaution : Don't start without training. Training is compulsory for everyone.

### **WHAT IS PAIN**

With many researches Holism has found that the heat and the cold which has completed its task wants to come out and when there is obstruction, we feel pain. Head balance removes this obstruction which in turn removes pain and we start recognizing pain.

**Note:** Pain in teeth does not mean that teeth or gums are weak. It signifies that heat and cold have created disbalance in the entire body. This fear would go away automatically when we experiment for a few times. Especially, if this heat is not removed it will initially take the form of pain and gradually turns into pus (weak and teeth with cavity better be extracted).

#### **View of other two pathies :**

1. Opinions of Allopathic Doctors.
2. According to water therapist Father Qwanipe.

## **1. Opinion of Allopathic Doctors :**

I questioned many doctors/physicians of advanced Allopathy as to in what proportion hot and cold food or chilled drinks or ice cream should be taken or should be taken in which order or how should they be taken so that they don't have adverse effect on the body. The views of all the physicians was similar. They opined that these hot, cold food or drinks can be consumed as per one's wishes. They reason that hypothalamus in brain regulates temperature in the body. When the temperature of the body decreases then this information is sent to the brain and hypothalamus starts action to increase the temperature so as to make it normal. In response to this action, the hair on the body rise to oppose this cold and stop it from attacking the body. Similarly, one perspires when he/she feeds hot and this sweat tries to reduce the temperature of the body. Therefore, in the protection of hypothalamus, one can consume hot cold food as per his/her wishes.

## **2. According to water therapist father Qwanipe :**

Book 'Water Therapy' written by well known Father Sebastian Quanipe, Germany was translated in Hindi 'Jal Chikitsa' by Shri Vitthaldas Modi in 1969. According to it, two actions are initiated by heat and cold :

(a) Hardening action by cold

(b) Softening action by heat

### **(a) Hardening Action :**

Cold water makes organs and parts strong. The pores are closed by this action which thereby gives protection. It also does the work of contraction. Like, Ghee & butter are solidified by cold.

**(b) Softening Action :**

Hot water assists in softening of pores and expanding the action of swelling or expanding is also an extremely important fact and it also cleanses the pores by expelling dirt and foreign substances present there.

The views of pioneer of medicine, father Quenipe are as follows. The movement of expansion and contraction is present in our heart & lungs. We feel beats in every part of the body. All this is expansion and contraction. With this hardening and softening this process is assisted so as to run smoothly and systematically. The article of Shri Ranvir Singh Sethi 'Sheet Samadhi' has given the principle of Taap Santulan word recognition. Father Qwanipe has paved the way for improvement of health in a big way with his two aspects of hardening and softening with Water Therepy in the area of medicine. In the above medicine/therapy, two aspects, i.e. heat and cold are described, where as in nature, nature has created cold - hot - middle, three aspects, Santulanvaad is shouldering the responsibility to explain this third aspect.

**Santulanvaadi medicines and rules to be followed :**

Every medicine is made from many herbs, valuable ayurvedic bhasms like Heerak, Swarna, Chandi, Mukta, Jesta, Tamba, Loha, Abhrak (diamond, gold, silver, pearl, zinc, copper and iron). One dose starts giving relief. In rules, one has to follow taap santulan, food santulan and air santulan as a result of which even if man desires to be unhealthy/ill, stressful, he/she would not be able to.

**Benefits from Temperature Balance:-**

1. Character problems are removed.
2. Water gets digested and gets used.
3. Body ailments are removed by way of sweat & urine.
4. Natural sleep is obtained and benefits start with first dose itself.



5. Digestive process gets improved.
6. Cold-heat, sun stroke cured in about 30 minutes.
7. With this method heat & cold needs are fulfilled which gives complete happiness and satisfaction.
8. We move ahead of the conflicts of adverse favourable, for-against, love-hatred etc. to experience completeness/wholeness of nature.
9. Assists in improving memory.
10. Nature begins to get complete/wholistic, it also assists in belief in religion, ability to work, beliefs in service etc.
11. Assists in rising above stress to one who is completely disheartened/disappointed.
12. Doing away with fear, ghosts, ill practices (black magic) etc.
13. Freedom from Rahu-Ketu, Shani, Good evil with electro-magnetic powers.
14. Learn to serve oneself and thereafter become capable of helping our colleagues.
15. The food that reaches the stomach become free from foul odour as a result of which homogenous and heterogenous substances become controlled automatically.
16. Complete health for animals along with trees and plants.
17. Nutrition balance, gaseous transport, blood circulation, excretion control, Hormones, nervous system, biological processes, reproduction get complete and easy.

**Harms/Disadvantages :**

1. Read and understood carefully the method of Temperature Balance, taste santulan (balance) and air santulan. Clear your doubts and then only you would apply for training.

## **SUMMARY :**

By looking at man's life, it becomes known by the statement of bio-chemists that life is a single system. In a complex life, group of cells make tissues and these tissues, in turn make/create organs and systems. All these cells, tissues, organs and complete life are mutually related to each other and influence each other. All biological processes of cells, tissues, organs and entire life are based on metabolism which is made of three mutually related actions, metabolism of nutrients, breaking down of carbon di-oxide keep on happening continuously. With this process the foul odour of the food which reaches the abdomen signifies formation of foreign substances. This process is also called fermentation. The breaking down of this yeast/fermentation gives rise to fungus which eventually causes diseases. So as to prevent these fungus related diseases, Temperature Balance and air (Vaayu) Santulan method has been discovered to bring about purity of living and food in life. This balance or santulan assists completely in providing a complete & permanent cure/treatment. So as to remove the conflict of heat & cold, the principle of santulan having three pronged arrangement is found to be completely successful.

**Note :** Temperature Balance method for vegetables, plants and trees-birds and a method for producing homogenous yeast which is free from bad odour in relation to flour, maida, cereals and besan (gram flour) etc. is under publication. The formation of yeast prepared by yeast specialists of Moscow, particularly Dr Lucinic, is very complex and is not very clear as of now. The complete solution of this problem has now been obtained which is under publication.

**Precaution:** Don't start without training. Four hours training is compulsory every one.

## **HOW TO TAKE SWEET SALTY, HOT COLD?**

### **Natural method 99% obtained with 50 years of Researches**

When and How to eat and how much to eat sweet - salty - sweet and sour and extremely cold and hot and the method for consuming them?

Ninety-nine percent answer to this question must be known to medical and food & nutrient experts. When we ask them they answer that the same sweet provides benefit and the same sweet gives harm. There is no definite natural principle to know when a certain item gives benefit and when it turns to be poison. The 99% answer to this is not possible and nature has created gaps/incompleteness. The entire world is afraid of this incompleteness. The entire world is afraid of this incompleteness, sugar, salt, cold-hot. So as to find the solution to this enormous problem I made researches for 50 years and after spending millions of Rupees I found that nature has provided the following three quality wholeness every where.

1. Sweet 33% + Salty 33% + Sweet and Sour Mixed 33% = 99% completeness/ wholeness.
2. Cold 99% + Hot 33% + neutral 33% = 99% holeness.

Nature has provided three quality holeness every where. Training is available.

This research was presented in the seminar of Biology at Rani Durgawati University, Jabalpur from 3-5 December, 1993. Since then I have been providing free consultation every Sunday. After making experiments on my own body and after getting benefit I gave classified advertisements in news papers for many years to provide free of cost benefit and invited persons of B.Sc., M.A., Ph.D. level for interviews and gave them systematic training. Teams were formed which are now showing maturity. I have given successful demonstrations in Medical College and health camps held at Jabalpur and Ujjain. We have plan to make experiments on rats so as to obtain results. Further, benefit is to be provided to all including children, youth, old, pacifists, terrorists. Make your self healthy by natural method and then share it with your friends. From the following method electricity/energy is made from electron, proton and neutral.

## **Temperature Balancing - Water Therapy**

### **Ingredients:**

Three glasses or cups, two bowls, one tray, one container, two spoons, ice, roller, cloth, salt, sugar, tea, water.

### **Method:**

Crush 200 gms. of ice with the roller in a cloth and mix 200 gms water, one spoon-full salt.

Drink ice-cold water with salt; then immediately drink hot sweet water or tea and then immediately drink ice-cold water with salt and sugar. Drink all the three glasses immediately one after another. Body has three face electricity. Cold - Salty with its contraction process draws air out (negative). The sweet - hot with expansion process draws air inside (positive). Cold mixed taste is neutral electricity.

### **Precautions:**

1. Those who have sensitive teeth for chilled water. If salt is mixed it would not effect and every one should drink chilled water mixed with salt.
2. Lukewarm water softens the fat and weakens the body and mind which sets as poison. Hot water should be taken with sugar.

### **Morning Drink:**

Those consuming water empty stomach should change their habit. It has been proved that this practice weakens the body. Only people with a good digestion can digest water empty stomach. Adopt the new theory of morning-drink as per the temperature balance and gain strength.

### **Procedure No. 2 : Taste - Balance:**

Do not add salt or sugar while cooking but just before serving.

- (a) Add sugar in good quantity. Sweet dishes should be eaten steaming hot. Sweetened food should not be eaten cold or else salty dishes could not be consumed immediately after.

- (b) Only add salt and ice. Salty food should be eaten cold, never hot, as this converts the acid into poison.
- (c) Sweet + Salty + Spicy should be mixed and eaten hot. Veg and non-veg should both be consumed in the manner discussed above.

**Procedure No. 3 : Method of Fermentation:**

Fermentation should be done to get pain-relief. Eat before fermentation.

**Ingredients:**

Ice (bag/bottle), Heating pad, cloth, dipped in hot water or hot water bottle.

- (a) Place ice on the tender area, i.e., naval soles, palms, eyes, neck, back, armpits, temples or on the head for about 10 minutes.
- (b) Then place hot water bag/bottle/bandage over the painful area for five ailments.
- (c) Again put ice at the place of pain.

**Special & Easy Fermentation Procedures**

Sitting on a chair, dip your feet in a bucket of cold water for 10 minutes. Remove and put your feet into hot water for 4 minutes and again into cold water for 5 minutes.

**Procedure No. 4:** Take a cold water bath followed by a hot bath, again to be followed by a cold water bath.

**Procedure No. 5 : Exercise:** This balances the Air-factor.

- (a) No strenuous exercises in the mornings, as it keeps you tense all day.
- (b) Take the arms up and bring them down, 20 to 100 times after dinner. This helps lungs to absorb more oxygen and one feels much lighter and relaxed in the mornings. It is a simple and totally harmless exercise.
- (c) Exercise 20 times after lunch.

**Procedure No.6 : Breathing Exercise:**

Take a deep breath through the nose, hold for a while and exhale through the mouth. Perform this 25 times in the afternoon and night. This is a

new theory - the Principle of Balance. It relieves of physical and mental imbalance, as lot of carbon dioxide is thrown out of the body.

**Procedure No. 7 : Medicine:**

The prescribed medicines are dispensed in three phases as per the disease. This is equally effective for the neonatal too and absolutely harmless.

**Procedure No. 8 : Treating Intoxicants**

Intoxication can be effectively cured through the methods suggested by the Principles of Balance. Addiction of tobacco, Gutkha, Ganja, Bhaang, drugs & afeen etc. can easily be treated today. The patient is given liberty after 2 weeks of treatment. An intense dislike is developed within this period helping the patient out of intoxication.

**Procedure No. 9 : Conversion of illness into strength**

The increase in heat in the body causes temperature to rise. The methods prescribed by the principles of balance convert the illness into strength. Strong medicines are harmful and cause weakness.

**Procedure No. 10 : Pulse Examination**

The latest methods of principles of balance provide a complete insight into determining the requirement of medicines, within 10 minutes. This is not possible with modern equipments. This can be learnt easily.

**HEART ATTACK IS NEVER SUDDEN**

The pulse rate is measured by the digital BP monitor. The normal rate is 70. A pulse-rate of 75 is an indication of good health and a person is declared fit. But the most accurate rate can be measured by this principle of Balance only. In most cases the possibility of a heart attack has been detected a month or two in advance. Thus we can say that Heart Attacks do not occur suddenly.\

**Question :** What are the temperature standards as per the seasons?

Answer: Summer - 31<sup>0</sup>C to 47<sup>0</sup>C  
Winter - 0<sup>0</sup>C to 15<sup>0</sup>C  
Temperate - 16<sup>0</sup>C to 30<sup>0</sup>C

Note: Please enquire about the Air-Condition and Temperature Balance.

**HOLISTIC NATUROPATHY (SINCE 1993)**

**Contact: Between 5 PM to 7 PM**

AYURVEDACHARYA MANMOHAN AGRAWAL

SHANTI MASALA

SHAHI NAKA, GARHA,

JABALPUR - 482 003 (M.P.)

Tele: 0761-2421665 / 4010243

Website : [www.shantirath.org](http://www.shantirath.org)

E-mail : [mmagrawal.jbp@gmail.com](mailto:mmagrawal.jbp@gmail.com)

**Note :** The other family members are expected to follow the above stated procedures along with the patients

**Our publication available in Hindi and English.**

**Hindi:**

1. Santoolanvaad (Copy right)
2. Supreme Being Sampoorntavaad (copy right)
3. How to obtain permanent peace & happiness?
4. What am I?
5. Discovery of Complete truth.
6. Discovery of scientific basis of true happiness.
7. Discovery of Supreme Being complete.
8. Completeness in conflict.
9. Heat/Temperature Balance (Taap Santulan) (Copy Right)
10. This world is a three-way heaven.

**English:**

1. Search for Supreme Being successfully over.
2. Now 400 years age is possible.
3. Temperature Balancism.

**Literature under publication contemplation area -**

1. Family Balancism.
2. Completeness in logic.
3. Completeness from Upanishad, Brahmsutras and Gita.
4. Completeness in Psychology.
5. Completeness in pacifism, terrorism and general masses.
6. Complete concentration.
7. Education Balancism 100%.
8. Completeness in devotion.
9. Completeness in relative, absolute and neutral.
10. Completeness in Politics.
11. Completeness in ethics.
12. Completeness in administration.
13. Social completeness.



## **Health Sector**

1. Psycho Therapy
2. Principle of Rejuvenation.
3. Principle of three way Heat/Temperature Balancism.
4. Pavim Sampoorntavadi therapy.
5. Liberation from AIDS.
6. Sexual completeness.
7. Yoga completeness.
8. Honest Sex.
9. Completeness in beauty/aesthetics.
10. Completeness in Medical Sciences.
11. Completeness in Biology.
12. Holistic Naturo-pathy.

## **Wealth Sector**

1. Principle of Poverty Eradication.
2. Treatment related to wealth.
3. Completeness in Economics.
4. Completeness in employment.
5. Completeness in fulfillment.
6. Cultural completeness.
7. Completeness in War-Peace-Neutrality.
8. Environment completeness.

---

### **Investigator-Researcher:**

Manmohan Agrawal, Ayurvedacharya

1256, Shahi Naka, Garha, Jabalpur - 482 003 (M.P.) India.

Serial No.....

REGISTRATION FORM

**H O L I S T I C N A T U R O P A T H Y**

**Ayurvedacharya - Manmohandas Agrawal, BAMS  
& Founder of This Pathy**

1256, Shahinaka Garha, Jabalpur (M.P.) INDIA Pin : 482 002  
Mob. 09685310559

Date.....

Name.....Age.....Education.....  
 Address.....Mob.....  
 Married/Unmarried, Weight.....Height.....Blood  
 Group.....  
 Pulse  
 Rate.....Hunger.....Thirst.....  
 Sleep.....Urine.....Sex.....  
 Monthly  
 Course.....  
 Intoxication.....Veg/Non  
 Veg.....  
 Disease.....Period attacked with  
 disease.....  
 Blood Pressure - Low / High  
 Present Treatment .....  
 (Any special habit)  
 History.....  
 .....  
 .....  
 .....

**Daily routine**

- |   |                                     |
|---|-------------------------------------|
| 1 Wake-up time.....                               | 9 Tea Breakfast.....                |
| 2 Morning Water.....                              | Afternoon.....                      |
| 3 Latrine .....<br>(How many time per day)        | 10 Dinner Time & .....<br>Item..... |
| 4 Morning walking .....<br>& Exercise period..... | 11 Medicine Night Time.....         |
| 5 Break Fast time.....                            | 12 Milk Sugar Night Time.....       |
| 6 Medicine Morning Time.....                      | 13 Sleeping Time.....               |
| 7 Fruit squash.....                               | 14 Sleep Dark/Light.....            |
| 8 Lunch.....                                      | 15 Intoxication and its kind.....   |

Name.....Registration Serial No.....  
 Date.....

**Clinical Use**

- |                              |                           |
|------------------------------|---------------------------|
| 1 Pulse Left.....            | 9 Tongue.....             |
| 2 Pulse Right.....           | Organ of speech & taste   |
| 3 Temperature of Skin.....°F | 10 Eye.....               |
| 4 Nail Position.....         | 11 Heat                   |
| 5 Stomach.....               | Position.....             |
| 6 Back.....                  | 12 Leg's Temperature..... |
| 7 Head.....                  | 13 Nail.....              |
| 8 Lung.....                  | 14 Blood                  |
|                              | Speed.....                |
|                              | 15 Down                   |
|                              | Section.....              |

**Treatment :**

- A.....
- B.....
- C.....
- D.....
- E.....

1. Order (How much day)
2. Rate Rs.....
3. Advance Rs.....
4. Balance Rs.....
5. Delivery Date & Time.....

**Remarks & Instructions :**

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# **PART - 5**

**23rd World Congress Philosophy Paper  
submitted on Dated Oct. 20, 2012  
at 2.46 P.M.**

**Registered Protocol No. 490/491**

**Section (23) Metaphysics**

## Section – (23) Metaphysics

### SEARCH FOR SUPREME BEING SUCCESSFULLY OVER

#### (Abstract)

**Manmohandas Agrawal, India**  
Email: mmagrawal.jbp@gmail.com

Scientists and philosophers have tried to understand the supreme element. A short account of their researches, along with that of the author of the paper, is presented here.

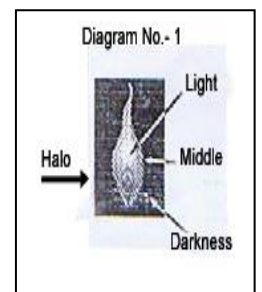
Whereas the system of nature is animate, logic tries to prove it to be animate and again as inanimate.

In the wake of the conflict of these two aspects we feel perplexed and incomplete. In order to get rid of the conflicts we make adjustments. The adjustments are painful and are made under compulsion.

A span of about fifty years of researches by the author of the paper has shown that there is a halo in our mind. At the time of meditation three clear and distinct aspects are obtained from the halo, namely, light, darkness and middle. These three aspects are indubitable path to the supreme element. To understand this, the following equation and diagram are indicative:

1. Light – inanimated	-	33.333%
2. Darkness – animated	-	33.333%
3. Middle Line – Neutral	-	33.333%
These three elements take birth simultaneously from zero	-	99.999%
Halo – Supreme Element/Being	-	00.001%
Solution	-	100.00% achieved

The object of metaphysics thus becomes fulfilled with this solution.



## **section – (23) metaphysics**

### **SEARCH FOR SUPREME BEING SUCCESSFULLY OVER**

**Manmohandas Agrawal, India**  
Email: mmagrwal.jbp@gmail.com

Aristotle developed the study of metaphysics to be studied after physics. While physics studies the laws of the external form of existence, metaphysics thinks over the real essence of things. Its main problems are: What is the nature of existence? What is reality? What is truth? What are its different forms? Is the world one or many? What is space? What is time? What is substance? What is causality? What is fact? What is the purpose or aim of life? What is change? What is novelty? What is similarity? Who am I? Is there a purpose in creation? Is the world determined or free? Is there a God? Has the world progressed? etc. Thus the subject-matter of metaphysics includes the self, the world, and the God.

#### **Is metaphysics Possible?**

Contemporary philosophers, known as Logical Positivists, declared the above-mentioned type of metaphysics to be impossible. According to them the basis of knowledge can be only that which is subject to experience or which can be verified in experience. On the other hand, the traditional metaphysics is in search of things which are beyond experience and can not be verified and therefore, meaningless. Besides Logical Positivists, many other philosophers have expressed doubt in the possibility of metaphysics. As the Indian philosophers have significantly pointed out, the principles of metaphysics can be verified indirectly through their influence in our lives and therefore can not be rejected.

## Undisputed Supreme Element now Invented

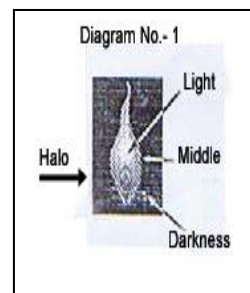
What type and form is the Supreme Element? Physical, i.e. rooted, animated or both else Neutral.

Which among inanimate, animate and neutral can be accepted as the Supreme Element? A universally accepted answer of this was not found even by Physics or Philosophy because the experts of inanimate, animate and neutral term claimed their element as Supreme, due to which the dispute went on endlessly. There was disappointment in the entire world because there was not any solution to this dispute. The following three experiments were done by this author to make discovery regarding the birth place of inanimate, animate and neutral:

### 01. First - The meditation state of mind

In meditation, a halo is obtained from the depth of mind. As per the given diagram No.1, three aspects are obtained from that; (i) Light (ii) Darkness, (iii) Middle. The explanation of these three is as follows:-

- (i) Light is universally accepted as an inanimate object,
- (ii) Darkness - The adversity of light is darkness, which is known to be animate,
- (iii) Middle - The line between light and darkness is obtained as witness.



On the basis of this, inanimate, animate and Neutral all these three are obtained in our mind which could be exhibited by the following equation.

Inanimate + Animate + Neutral

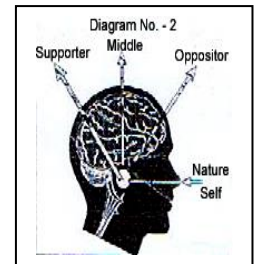
All three are obtained simultaneously in our mind from halo.

**02. Second - The supportive -Antagonistic – Middle:**

According to the diagram No. 2 the thoughts emerging in our mind have three kinds of simultaneous feelings.

**Example** - The thought that one has to go to garden:-

- (i) Supportive aspect - which supports one's going to the garden.
  - (ii) Antagonistic aspect - exhibits opposition. Not to go to the garden, have to do some other necessary task.
  - (iii) Neutral aspect - Indicates that it is a witness.
- From the above explanation following equation is obtained -  
Supportive + antagonistic + Neutral = All three are obtained, simultaneously, in the mind from zero.



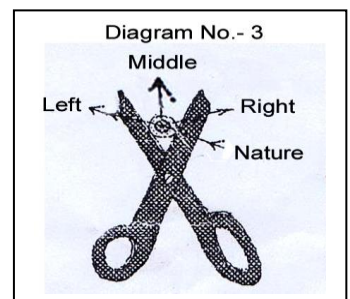
**03. Third - The Left, Right, Middle- these three in one point in open air -**

We will take a point in/out and according to the diagram No. 3 calculate left, right, middle. We will cut that point with scissor and will find that left, right and middle are formed as many time we cut that point. These three are in constant fight with each other and there will be the owner of zero.

Thus, from the point zero, the formation of left, right and middle is simultaneously available. We can show this by the following equation:-

Left + Right + Middle= All three aspects exist simultaneously in zero.

With the above explanations we obtained the birth place of inanimate, animate and neutral elements from zero. They are not Independent Hence these three elements can not be positioned as Supreme Element. This claim of becomes null and void and zero declared as Supreme Element.





Presently being taught in BA	New Discovery Mine
What type & form is the Supreme Element? Physical i.e. rooted, animated or both, else Neutral (Book " <i>Darshan Ki Mool Dharaen</i> " Pages 45-168, 4th edition, Published: 1997.	Rooted, animated and neutral - neither qualify for the Supreme Element as all three are created through a void (Book: " <i>Darshan Matri-Vigyan</i> ").

We are thankful and fortunate in having Dr. S.P. Dubey, President of All India Philosophy Association who has supported to declare Supreme Element as void. Now it is possible a correct path for today's aimless, valueless, frustrated world which is on a path for its destruction.

Now we can announce to the world that metaphysics is possible, which was not in dream. For this I am presenting here two examples.

### Example - 1

#### Search for Truth Successfully Over

Whereas on one side, according to our worldly life, truth and falsity are separate parts, on the other hand the upholders of idealism declare that truth and falsity are qualities of judgments. I invented that - It has always been the desire of nature to provide its children with Supreme truth. To fulfill its desire, nature gave -

01.	Materialism (Electron)	33.333 %	-	For
02.	Idealism (Proton)	33.333 %	-	Cons
03.	Neutralism (Neutron)	33.333 %	-	Neutral
	These three Elements take birth from zero	99.333%		
04.	Nature itself (zero endless)	00.001 %	-	Nature
		<b>100.000 %</b>	-	<b>Complete Truth</b>

Nature had established complete power with the association of these four aspects, the discovery of which has now been accomplished.

Nature has created truth in a manner wherein Truth + Falsehood + middle + nature are found organized, useful and simple. Nature gives rise to Electron, Proton & Neutron herself and accompanied them to take care of them every moment with affection.

To understand this the following three important statements -

(a) Truth (b) Falsehood (c) Neutral

**(A) Truth:** A common man and realists believe that they have absolute knowledge and the information of physical object/inanimate objects such as chair, table, book, utensils in our daily life, are true from practical point of view. Prevalent and practical are not truth.

**(B) Falsehood:** According to modern physics, chair is not a name of one substance and is a mixture of many substances. Therefore, scientifically, chair can not be termed as one substance, that is, a chair constitutes falsehood from point of view of science.

**(C) Neutrality:** Bertrand Russell (1872-1970) said that truth and falsity have their origin in neutrality. All the elements of chair have their origin in neutrality. But Russell and his associates could not prove how truth and falsehood have their origin in neutrality. As a result, neutrality could not take the place of truth.

The pioneer of Principle of Relativity, Albert Einstein, explained before (for), after (cons) and middle in the manner that events have three kinds of relationship – (i) Absoluteness Before, (ii) Absoluteness After and (iii) neither before nor after. Finally, it is the relationship of *before* and *after* which depends

on measurement system, from where projection is being done.<sup>1</sup> Now it has been proved that Truth + Falsehood + Neutral + Nature of a foursome. Thus complete truth has been obtained.

## **Example - 2**

### **God Particle**

#### **A World-Class Gift from Jabalpur (India)**

#### **God Particle - Discovery of Supreme Element**

Physics can find up to 33% only, philosophy has found 100%

We want the answer from science to relate nature's law.

Science answered: Experiment can be conducted on inanimate in laboratory but not on animate and neutral. This comes under philosophy's area. Philosophy remains silent. To break this silence, more than ten thousand scientists of 113 countries worked for four years in CERN Laboratory situated on the border of Switzerland and France and claimed to have discovered 'God Particle' on 04.07.2012. The scientists believe that the study would continue for years.

#### **Necessity is the Mother of Invention**

The above principle is able to solve this question. In the last fifty years, *i.e.*, 1960-2010 a 100% solution has been achieved to this problem with the patronage of philosophy. Time has come to celebrate. It has been published in book entitled '*Darshan Matri-Vigyan*' which has been accorded national recognition by All India Philosophy Association in the 55th Conference held in Bihar University, Muzaffarpur in December (17-19), 2010. An announcement regarding undisputed achievement of the Supreme Element was made in Press Conference also. I am submitting this in 23rd World Congress of Philosophy for recognition. With the help of this discovery, incurable diseases are being cured since 1993.

**Question -** How could Agrawal (author of this paper) solve all that which was not possible hundred per cent with the researches of modern scientists?

**Answer -** Agrawal focused on inanimate + animate + neutral and discovered how the three elements came into being. A research of 40 years showed that -

Electron	33.333 %
Proton	33.333 %
Neutron	33.333 %
These three elements take birth from God-Particle	99.999%
Nature itself God-Particle (super zero endless)	00.001 %

**100.000 % solution & success**

The super zero gives rise to inanimate, animate and the neutral. This super zero (God particle) has been assessed as 0.001%. Thus 100% Supreme Element has been achieved. All the scientists are striving to find Supreme Element while experimenting within inanimate element and are not bothered about the animate and the neutral. As such, the Supreme Element thus obtained would only be 33.333 % pertaining to inanimate area. It shall not be acceptable or recognized for animate and the neutral area.

Philosophy has been successful in finding the cent per cent solution for the Supreme Element along with other unsolvable conflicts and over mentioned philosophical questions.

### References

1. See, *What is Relativity Principle?* Meer Publication, Moscow (Page-62).

**B.A. STUDENT**  
**SOCIETY AND PUBLIC ARE MISGUIDED**

Please stop teaching disputable Supreme Element in B.A. Course. Undisputed discovery of Supreme Element has been obtained it should be taken up in the course in Public & Society.

<b>Presently being taught in BA</b>	<b>New Discovery Mine</b>
What type & form is the Supreme Element? Physical i.e. rooted, animated or both, else Neutral (Boo "Darshan Ki Mool Dharaen" Pages 45-168, 4th edition, Published: 1997.	Rooted, animated and neutral - neither qualify for the Supreme Element as all three are created through a void (Book: Holism).